

VERMONT OLDER ADULTS & PERSONS WITH DISABILITIES PROGRAM FACT SHEET

Vermont Agency of Transportation

Vermont's Older Adults and Persons with Disabilities (O&D) Transportation Program is a transportation service for older adults aged 60 and above and individuals with disabilities. Six of Vermont's seven public transit providers serve as regional transportation brokers and work with human service agency partners to coordinate O&D trips.

VTrans designates a single public transit provider per region as the administrative entity to submit an annual grant application for funds for O&D Transportation. This allows maximum coordination and efficiency among all stakeholders within each geographic region of Vermont. The designated regional administrative entity may subcontract with other organizations to purchase some or all O&D Transportation services, rather than provide services directly. The decision of how to provide services is based on coordinated regional planning among stakeholders and varies by region. This program is funded through the transfer of FHWA funds (STBG and/or CMAQ) to the Transit Program and must adhere to all federal rules, outlined in the annual grant agreements with the transit providers.

O&D TRANSPORTATION SERVICES

O&D Transportation is an integral part of transportation for the public. To preserve resources and benefit as many people as possible, passengers are encouraged to use the least costly transportation mode that meets their needs. The budget designated for O&D Transportation is specified, within the overall §5311 general AOT rural public transportation program budget. Demand response services may choose to require forty-eight-hour advance notice for all reservations but are encouraged to require at least twenty-four hours advance notice. The advance notice reservation time will be clearly published on the Transit Agencies website and on all printed O&D materials.

Eligible trips are specified in federal program guidance ([FTA C 9070.1H](#)); types include:

- Critical Care Non-Medicaid – Transportation to kidney dialysis and cancer treatment appointments.
- Non-Medicaid Medical needs – All trips to non-emergency medical appointments, except Critical Care Non-Medicaid as defined above.
- Senior Meals Programs – Trips to local congregate meal programs or group settings for seniors at a meal site approved by the local Agencies on Aging as outlined by the Older Americans Act.
- Adult Day Services – Services include professional nursing services, respite, personal care, therapeutic activities, nutritious meals, and support and education

to families and caregivers in a community-based, non-residential day center not covered under the Medicaid program.

- Wellness – Trips to providers of wellness programs such as nutrition, smoking cessation, pre-diabetes, chronic pain management, or exercise programs at a qualifying center
- Shopping – Trips to local grocery store, pharmacy, food shelves, thrift shops, clothing and/or hardware stores.
- Vocational – Trips to paid employment, interviews or training programs
- Social/Personal – For socialization and/or personal trips. Trips could include religious services, personal trips (such as visiting a family member).

Regional O&D Advisory Committees

O&D Partners and relevant stakeholders are organized into Regional O&D Advisory Committees. Each public transit region must designate its own Committee. Regional Planning Commissions (RPCs) organize and facilitate Committees. Annually, VTrans provides guidelines for Regional O&D Advisory Committees within the Transportation Planning Initiative (TPI) Work Program Guidance issued to RPCs and the Metropolitan Planning Organization (MPO).

Generally, the guidelines cover the following:

- Committees shall meet regularly, or at least quarterly, to receive subcommittee reports and discuss the status of the integrated program.
- Meetings shall include reviews of current service levels, service quality concerns, budget balances, funding issues, and matters that will improve services to consumers.
- Reviews of current service levels shall include verifying services are the most cost-effective and appropriate to meet consumer needs and use only authorized and appropriate modes.

O&D VTRANS PROGRAM COST

As of 1/8/2026 VTrans has awarded the following funds to the six transit agencies (and the Vermont Association of the Blind and Visually Impaired (VABVI).

FY 2026 Program Grant Awards

	FY'26 Budget	Requested	FY '26 award	% of Request
Total Awards				
O&D	\$4,500,000	\$6,153,100	\$5,971,146	97%

Each provider received a portion of the statewide award. The awards are based on the available funding and previous grant activities/costs. VTrans was able to utilize unspent O&D funding from previous fiscal years (and FHWA flex funds) to help cover the increased requests above SFY26 budgeted amount. The table below outlines the

amount awarded to each provider and the % of the total FY26 award.

Provider	O&D Funding	% of Budget
Green Mountain Transit (GMT)	\$1,315,000.00*	22%
Tri Valley Transit (TVT)	\$1,331,146.43	22%
Marble Valley Regional Transit District (MVRTD)	\$605,000.00	10%
Rural Community Transportation (RCT)	\$1,140,000.00	19%
Southeast Vermont Transit (SEVT)	\$1,100,000.00	18%
Green Mountain Community Network (GMCN)	\$330,000.00	6%
Vermont Association of Blind and Visually Impaired (VABVI)	\$150,000.00	3%

*GMT operates two O&D programs, one in Chittenden County and the other in Washington, Franklin, and Grand Isle Counties. The share of the total GMT budget by program is as follows.

GMT Chittenden County \$670,200

GMT Washington, Franklin, Grant Isle Counties \$644,800

O&D TRANSPORTATION COST IN CHITTENDEN COUNTY

Green Mount Transit, as the regional administrator, reports the following costs and percentages spent by partner for the period of July 1, 2025 - November 30, 2025. This data shows original awards for each O&D parter, with 80% being covered by the transit agency with federal funds and the 20% matched by the partner agency with non-federal funds.

YEAR TO DATE - SUMMARY						
	100%		80%		20%	
CATHEDRAL SQUARE	\$ 415.87	48%	\$ 332.70	48%	83.17	48%
AGE WELL -CHAMPLAIN AGENCY AGING (CVAA)	\$ -	0%	\$ -	0%	-	0%
AGE WELL - COUNTY WIDE (CVAA)	\$ 139,353.02	87%	\$ 113,006.78	88%	26,333.55	82%
CHAMPLAIN SENIOR & COMMUNITY CENTER	\$ 11,897.19	49%	\$ 9,517.75	49%	2,379.44	49%
CITY OF WINOOSKI	\$ 4,663.10	124%	\$ 3,783.75	126%	879.35	117%
TOWN OF MILTON	\$ 59,165.18	77%	\$ 47,615.99	78%	11,549.19	75%
TOWN OF COLCHESTER	\$ 125,668.95	78%	\$ 101,559.02	79%	24,109.93	75%
TOWN OF RICHMOND	\$ 14,155.93	107%	\$ 11,425.84	108%	2,730.09	103%
TOWN OF WILLISTON	\$ 65,001.31	67%	\$ 52,854.68	68%	12,133.94	62%
UVM-HOME HEALTH & HOSPICE	\$ 2,074.09	30%	\$ 1,659.27	30%	414.82	30%
	\$ 422,394.64	78%	\$ 341,755.78	79%	\$ 80,613.48	74%

Final table below shows Chittenden County O&D funds spent for each trip type (Jul. – Nov. 2025):

Partner/Trip Type Spending	Adult Day	Critical Care & Medical	Social/ Personal	Shopping	Work	Total Spent
Colchester	\$0	\$42,151	\$39,497	\$7,272	\$37,445	\$126,364
Age Well	\$3,458	\$104,769	\$22,282	\$4,715	\$5,860	\$141,084
Milton	\$78	\$43,006	\$11,983	\$4,219	\$84	\$59,293
Williston	\$7,841	\$32,082	\$24,180	\$1,910	\$35	\$66,047
Richmond	\$0	\$6,754	\$2,374	\$1,261	\$3,873	\$14,261