



**UNITED WAY**  
Northwest Vermont

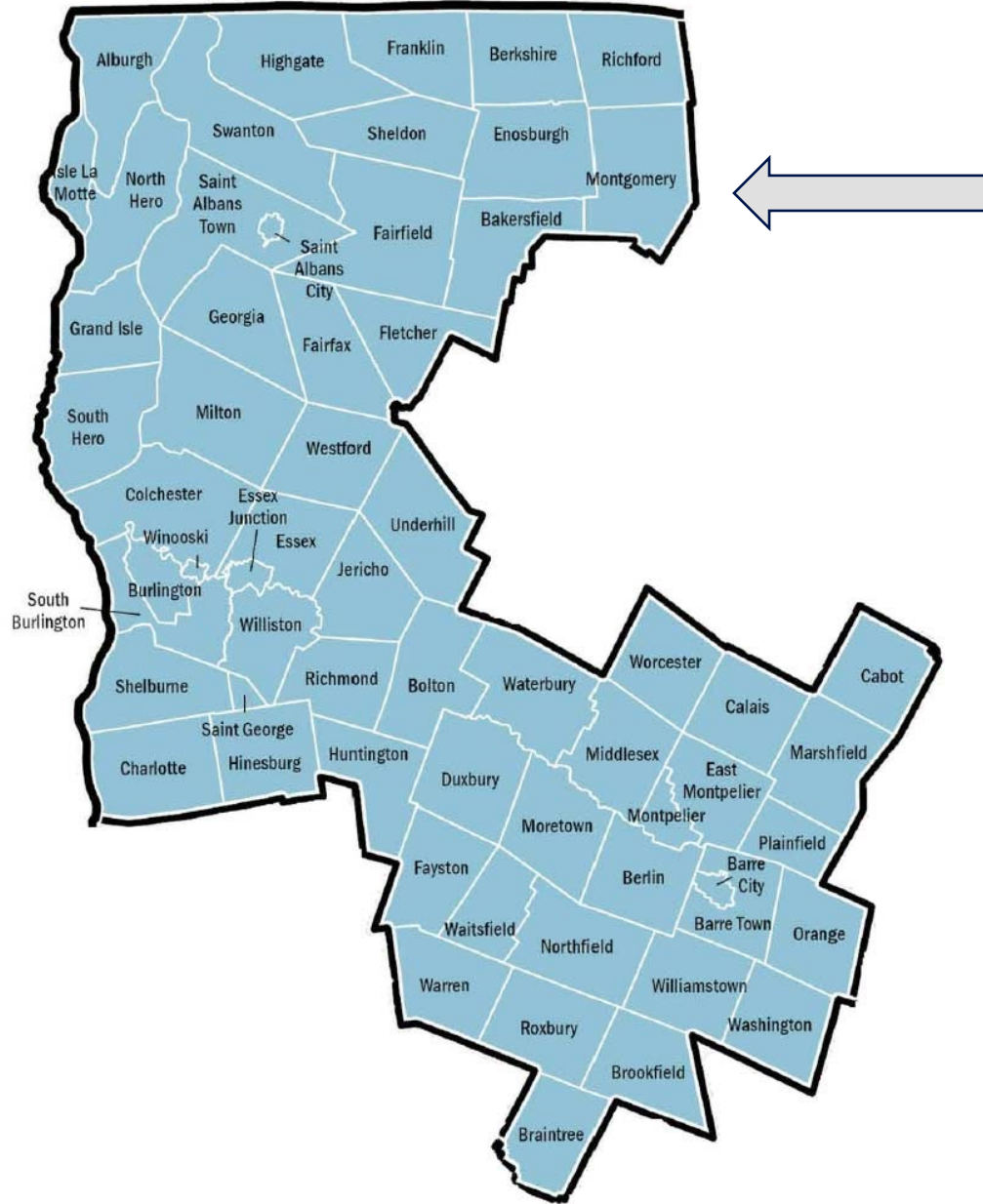
# Region 1 Prevention Lead Organization

**Amy Carmola, Chief Impact Officer**  
**Mahat Abdullahi, Prevention Network Manager**

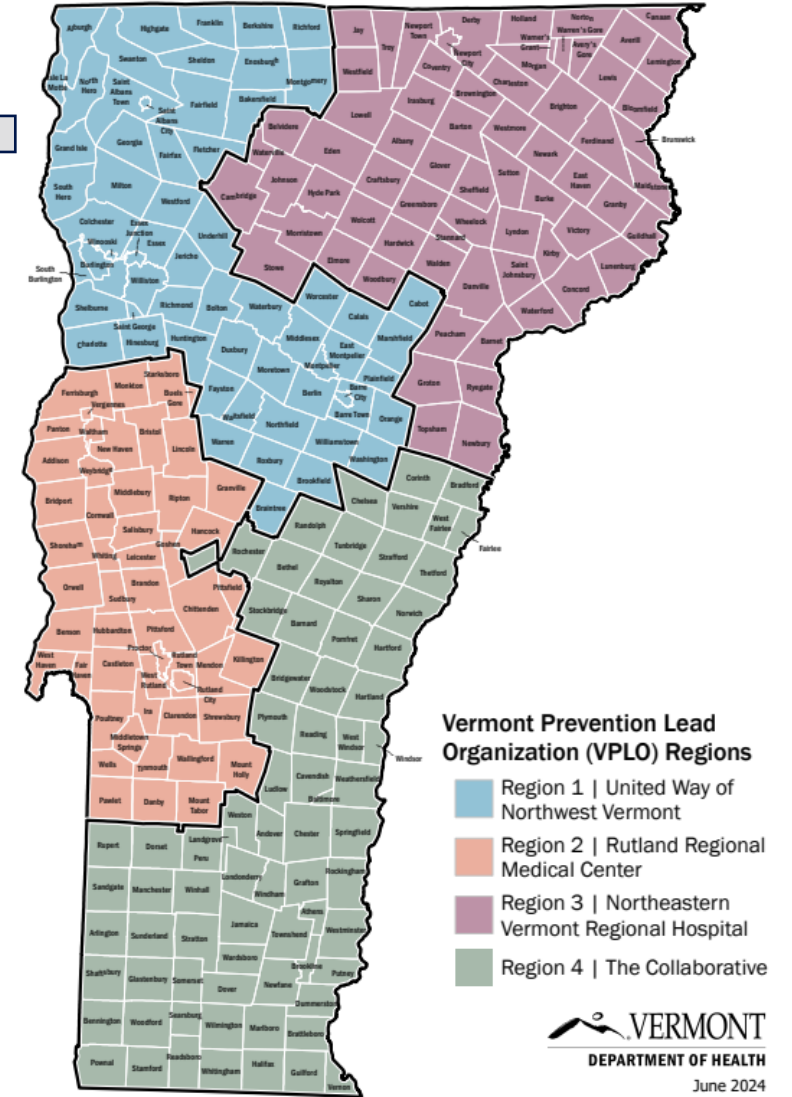
**Presentation to Vermont Senate Health & Wellness Committee**  
**March 20, 2026**



# Region 1 Northwest & Central VT



## Vermont Prevention Lead Organizations



# SIGNIFICANCE OF VERMONT'S INVESTMENT IN PREVENTION

QUALITY  
CONSISTENCY  
ACCESS

REGIONAL DATA, FIT, COORDINATION

“BEYOND THE CHECK”

*Training, TA, tools, data, resources, information  
Network, connections, collaboration  
Coordination & backbone support  
Leveraging resources*

# Multi-Year Funding for Prevention Programs

## Priorities for Region 1

*Reduce disparities in access to prevention resources*

*Support a holistic model that builds community*

*Address risk & protective factors for priority populations*

## Priority Populations for Region 1

*People who identify as LGBTQ+*

*People who identify as Black, Indigenous, Person of Color*

*People from households with limited financial means*

# Multi-Year Funding for Prevention Programs

17 organizations

Serving All Towns in Region 1

*9 serving Barre Health District*

*12 serving Burlington Health District*

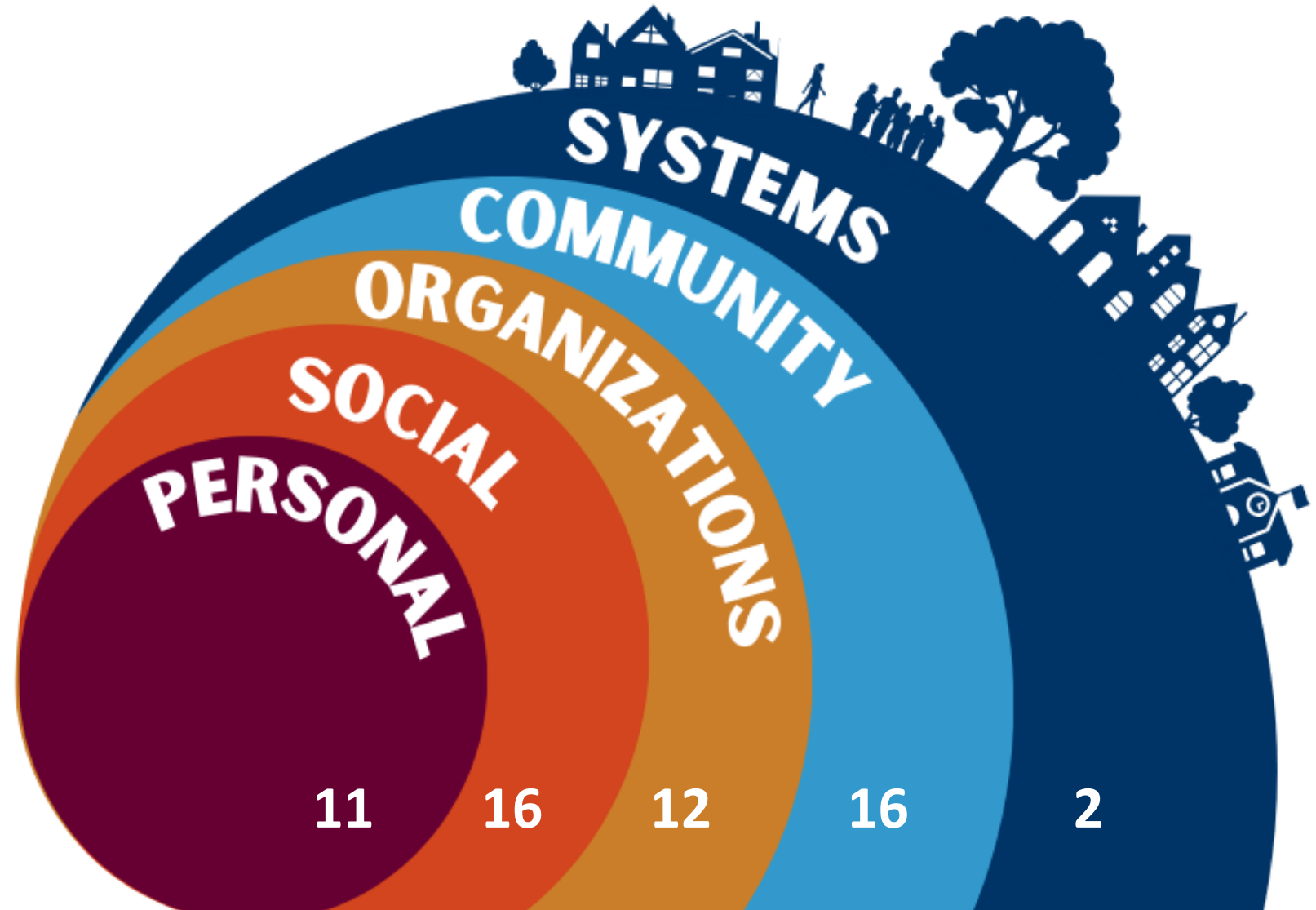
*8 serving St. Albans Health District*

Serving All Ages

*5,000+ people directly reached*

*48,000+ people reached*

Region 1  
Funding for  
Prevention  
Programs  
addresses  
all levels



**VERMONT PREVENTION MODEL**

# Engagement & Partnership

## Regional Engagement

*53 Organizations*  
*102 People*

*Community Organizations*  
*State Agencies*  
*Schools/School Districts*  
*Higher Education*  
*Health Care*  
*Public Health*  
*Municipalities*

## Additional Direct Partners

*VT Department of Health*  
*VT National Guard*  
*AmeriCorps VISTA*  
*VerVermont*  
*Designated Agencies*  
*Regional Planning Commissions*  
*Medical Centers*  
*Larner College of Medicine*

# ① The Café in Enosburg





# AN EMPLOYER GUIDE TO SUBSTANCE MISUSE

Created by United Way of Northwest Vermont in collaboration with  
United Way's Working Bridges Program and Prevention Works!VT.



## ② Employer Toolkit

This Toolkit was adapted from the [WorkLife Partnership Toolkit](#) and  
[United Way of Northwest Vermont's Mental Health Toolkit](#).

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# Information for Older Adults & Translated Prevention Content

## TRANSLATED PREVENTION CONTENT

The Prevention Network partnered with the **Vermont Language Justice Project** to create translated prevention content using funds from United Way's LPO Grant distributed by the Vermont Department of Health's Division of Substance Use Programs. Each video is **available in 18 languages**. Check them out below:



українська (Ukrainian)  
Viktorija Lutsenko  
The Legal and Health Consequences of Using Drugs and Alcohol

Правові наслідки та наслідки для здоров'я від вживання наркотиків і алкоголю

The Legal and Health Consequences of Using Drugs and Alcohol

by Vermont Language Justice Project

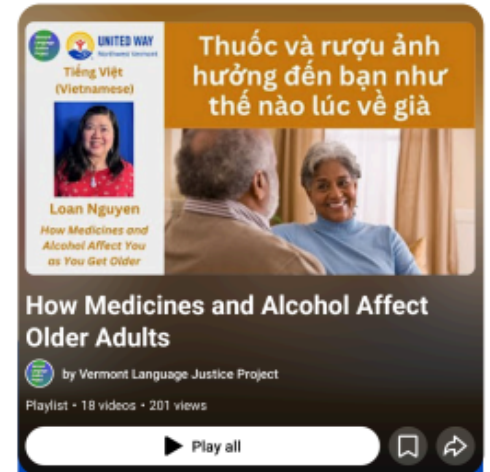
Playlist • 18 videos • 119 views

Play all

[The Legal and Health Consequences of Using Drugs and Alcohol](#). This resource covers some of the physical, emotional, and legal consequences of substance use, including information about how federal and state regulations affect non-citizens.



Scan to watch



Tiếng Việt (Vietnamese)  
Loan Nguyen  
How Medicines and Alcohol Affect You as You Get Older

Thuốc và rượu ảnh hưởng đến bạn như thế nào lúc về già

How Medicines and Alcohol Affect You as You Get Older

by Vermont Language Justice Project

Playlist • 18 videos • 201 views

Play all

[How Medicines and Alcohol Affect You as You Get Older](#). This resource covers important information about how drugs and alcohol mix and interact with each other, including medications that are prescribed by a doctor, and how seniors are affected differently by drugs and alcohol as we get older.



Scan to watch

# LOOKING AHEAD

## SUSTAIN

*investment in what works & what's needed*

## EXPAND

*collaboration with schools & and other sectors*

## ALIGN

*with other areas of prevention*

## STRATEGIC PREVENTION FRAMEWORK

*data-driven planning, implementation, evaluation*



# THANK YOU

