

The Economic Value of Physical Therapy: High Returns on Patient Health

The American Physical Therapy Association (APTA) analyzed eight common medical conditions to quantify the financial impact of physical therapy (PT). **The study concludes that PT is a cost-effective, high-value intervention that consistently delivers a net economic benefit by improving patient outcomes while reducing the need for more expensive alternative treatments.**



\$39,533
Net Benefit for Carpal Tunnel

Carpal Tunnel Syndrome

PT delivers the highest economic return for patients suffering from carpal tunnel syndrome.

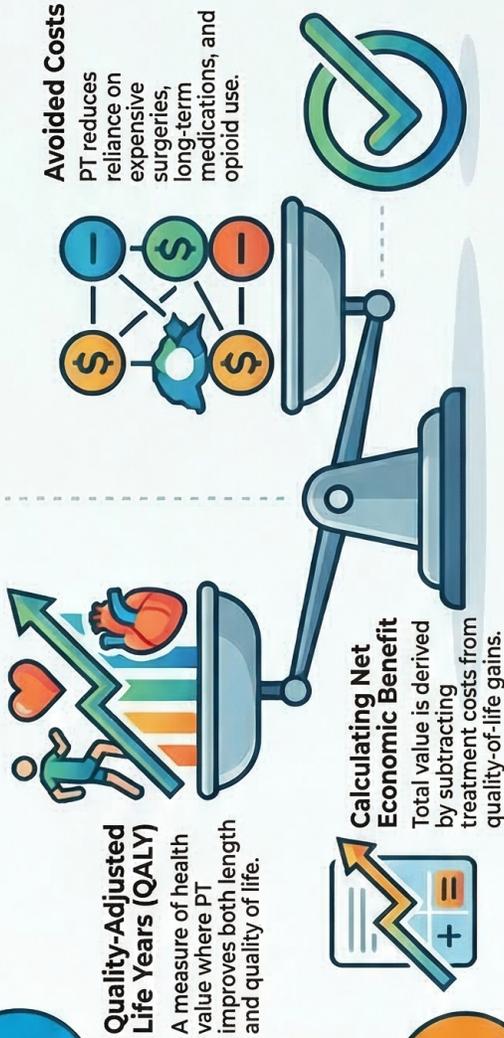


\$13,981
Net Benefit for Knee Osteoarthritis

Knee Osteoarthritis

\$373 Net Benefit for Knee Osteoarthritis
Choosing physical therapy over surgical alternatives provides significant savings per episode of care.

Value Equation



Stress Urinary Incontinence

\$10,129 Net Benefit for Stress Urinary Incontinence
Evidence-based PT interventions offer substantial economic value for this prevalent condition.



Low Back Pain

\$4,160
Average Net Benefit (Per Episode)



Lateral Epicondylitis (Tennis Elbow)

\$10,739
Average Net Benefit (Per Episode)



Vascular Claudication

\$24,125
Average Net Benefit (Per Episode)