

Help is One Call Away

24/7 Support

Substance Use Support

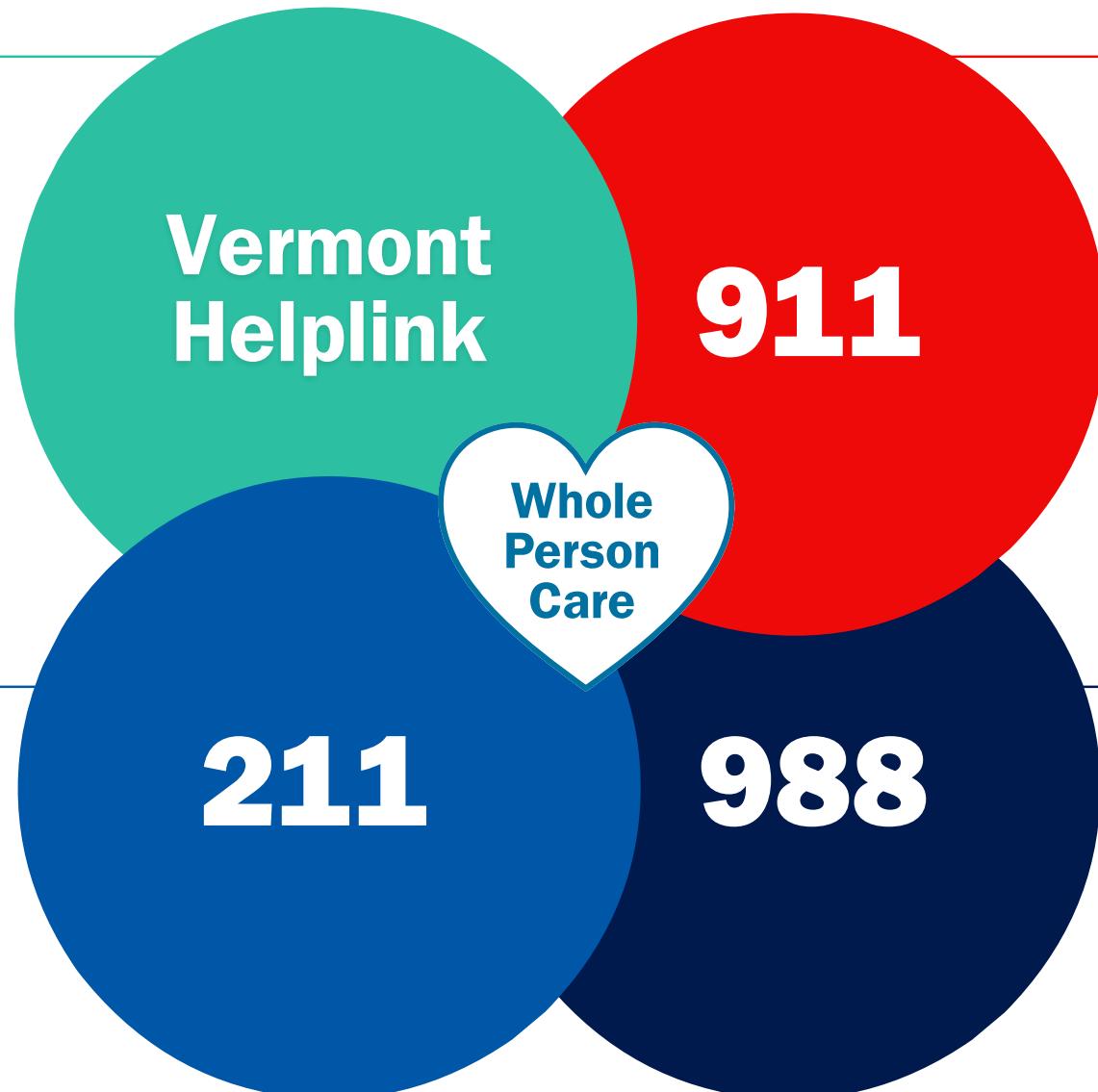
- Prevention
- Naloxone
- Syringe Services
- Drug Disposal
- Treatment Programs
- Recovery Support

VTHelplink.org
802-565-5465

Community Resources

- Food
- Housing & Shelter
- Financial Help
- Legal Help
- Counseling
- Support Groups

Vermont211.org
211



Emergency Services

- Medical Emergency
- Fire
- Crime Reporting
- Disaster Response

911

Crisis Support

- Thoughts of Suicide
- Mental Health Crisis
- Substance Use Crisis
- Emotional Distress

988Lifeline.org
988

Find more resources at
HealthVermont.gov/Get-Help-Now