# Designated and Specialized Service Agencies

Providing an indispensable community-based system supporting mental health, substance use, and intellectual and developmental disability needs across Vermont



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#### There are 16 agencies in the Vermont Care Partner Network:

AGENCY	ТҮРЕ	SERVICES	
Champlain Community Services (CCS)	Specialized Service Agency	Developmental Services	
Clara Martin Center (CMC)	Designated Agency	Mental Health, Substance Use Provider	
Counseling Service of Addison County (CSAC)	Designated Agency	Mental Health, Developmental Services, Substance Use Provider	
Families First in Southern Vermont (FFSV)	Specialized Service Agency	Developmental Services	
Green Mountain Support Services (GMSS)	Specialized Service Agency	Developmental Services	
Health Care and Rehabilitation Services (HCRS)	Designated Agency	Mental Health, Developmental Services, Substance Use Provider	
Howard Center (HC)	Designated Agency	Mental Health, Developmental Services, Substance Use Provider	
Lamoille County Mental Health Services (LCMHS)	Designated Agency	Mental Health, Developmental Services	
Lincoln Street, Inc. (LSI)	Specialized Service Agency	Developmental Services	
NFI Vermont, Inc. (NFI)	Specialized Service Agency	Children, Youth, and Family Mental Health Services	
Northeast Kingdom Human Services (NKHS)	Designated Agency	Mental Health, Developmental Services, Substance Use Provider	
Northwestern Counseling and Support Services (NCSS)	Designated Agency	Mental Health, Developmental Services, Substance Use Provider (Children/Youth)	
Rutland Mental Health Services / Community Care Network (RMHS)	Designated Agency	Mental Health, Developmental Services, Substance Use Provider	
United Counseling Service (UCS)	Designated Agency	Mental Health, Developmental Services, Substance Use Provider	
Upper Valley Services (UVS)	Designated Agency	Developmental Services	
Washington County Mental Health Services (WCMHS)	Designated Agency	Mental Health, Developmental Services, Substance Use Provider	





# An Indispensable Public Community-Based System

<b>②</b>	Created by statute (18 V.S.A. § 8907)				
	Designated Agencies are responsible for ensuring needed services are available through program/service delivery, local planning, service coordination, and outcome monitoring in each geographic region of the state (11 DAs all in the VCP network)				
	Specialized Service Agencies can operate in more than one geographic area of the state and provide a distinctive approach to service delivery and coordination (7 SSAs/5 in the VCP network)				
<b>Ø</b>	Grounded in the philosophy that everyone benefits when people receive community-based rather than institutional care				
<b>S</b>	A hallmark of our model is coordinated care in the community and integrated at the system, program, individual and family level				



# **AGENCY SERVICES**



#### Children's Mental Health

Children's mental health programs provide therapeutic services to children and their families. These services include individual, group and family counseling in addition to a variety of supports that promote children's stability in the communities, schools, and homes. The vast majority of these services occur in the homes, communities, public school, and independent school environments.



#### **Adult Mental Health**

Our Adult Outpatient Mental Health Programs offer a range of prevention and intervention services, to help individuals, families and groups cope during times of stress and crisis, as well as to address emotional and behavioral difficulties. For adults with serious mental illness, our CRT /CSP programs provide an array of therapeutic, day, and residential services. Our services promote community, independence and recovery to minimize the need for inpatient and custodial care. CRT Intake Contacts



#### **Emergency Services**

We are available 24 hours a day, seven days a week in every community in Vermont. Services are intensive and time-limited, focused on resolving or stabilizing adults, families and children who are in acute mental health crisis.



#### Intellectual and Developmental Disability

Community-based supports are provided for children and adults with intellectual and developmental disabilities, which occur before age 18. We provide residential, and vocational services as well as services that support stability in the community, respite and flexible family supports.



#### Substance Use Disorder

A variety of substance use disorder services are provided by eight of the network agencies. These services include prevention and education programs in the schools, outpatient counseling, intensive outpatient programs, family and group counseling services, and services that support stability in the community.



#### Community Outreach and Education

We provide communities with a variety of public awareness and training opportunities to increase their understanding of issues that are core to the network's mission, to reduce stigma and to improve care delivery



### THREE KEY AREAS OF OUR WORK:

Upstream
Supports for
Prevention and
Stabilization

Holistic Supports:
Effective
Intervention

Community Crisis Response

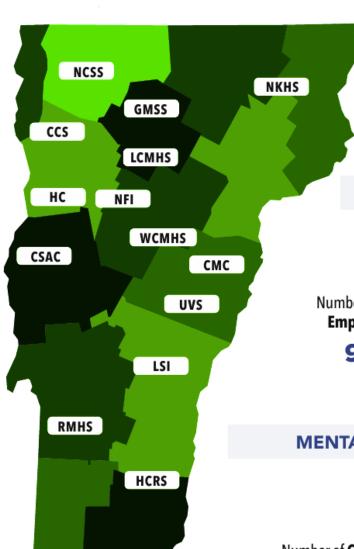
Network agencies provide services in people's homes and communities:

36% in office

64% in home & community

The majority of services that are provided to people are in home and community settings. Network agencies provide services in the community, at homes, schools, emergency rooms, inpatient hospitals, nursing facilities, etc.





In FY24, network agencies provided

3,315,476

unique services.

#### **DEVELOPMENTAL SERVICES**

Total Number of **People Helped**:

3,856

Number of People Receiving **Employment Services**:

940 PEOPLE

Number of People **Living Independently**:

**1,767** PEOPLE

**1,527** HOME SUPPORTS SETTINGS

#### **MENTAL HEALTH/SUBSTANCE USE SERVICES**

Total Number of **People Helped**:

35,093

Number of **Crisis Responses**:

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**12,253** PEOPLE

**164,764** SERVICES

Number of School-Based Services:

**3,728** PEOPLE

**266,474** SERVICES

1/16/2025

UCS

FFSV

## **CLIENT SATISFACTION OUTCOMES**



reported
"I/we receive the
services that we
needed."



reported
"The services I/we
received made a
difference."



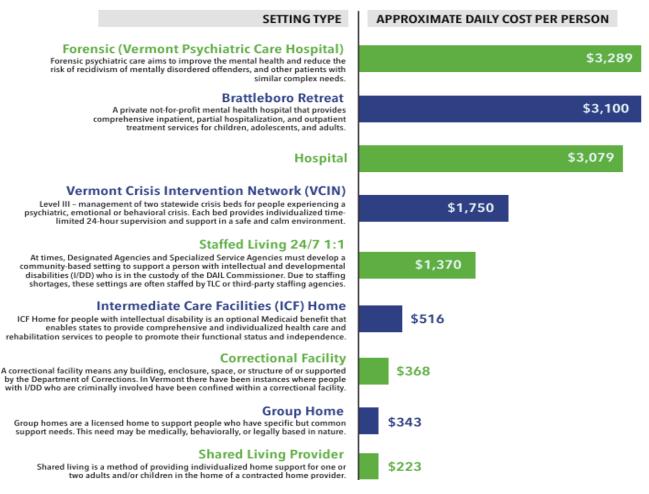
reported
"Staff treated me/us
with respect."





# Investing in Community-Based Solutions: Reducing Costs and Maximizing ROI for Affordable, Effective Care

Vermont's residential services for people with developmental disabilities mainly rely on the community-based Shared Living Provider model, where people live with community members who receive a stipend. While effective for many, a variety of residential options is needed, including higher-level care like Intermediate Care Facilities (ICF). Vermont Care Partners invests in community-based, less-restrictive options, giving people greater choice and stability. This approach reduces reliance on costly institutional care, delivering strong Return on Investment (ROI) through cost savings and better outcomes, while supporting sustainable care provided by high-quality direct service professionals.







#### THE ENVIRONMENT: SYSTEMS REFORM AND TRANSFORMATION

**ACT 167: WYMAN REPORT** 

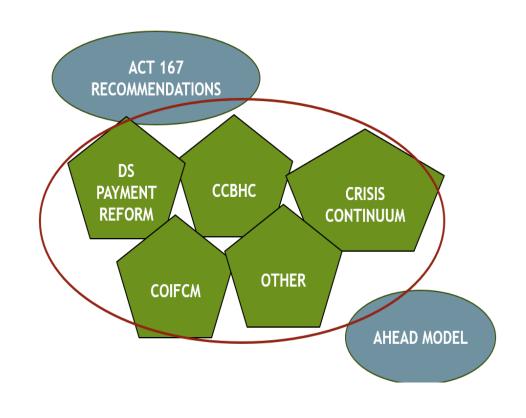
AHEAD MODEL

CONFLICT OF INTEREST FREE CASE MANAGEMENT

DS PAYMENT REFORM

**CCBHC** 

CRISIS CONTINUUM: ENHANCED MOBILE CRISIS, URGENT CARE, 988





#### New England Consumer Price Index vs AHS DA/SSA Inflationary Increases

	CPI Calendar year	Inflationary Appropriation, DMH/DAIL	Variance bet/ DMH,DAIL and CPI	Inflationary Appropriation, DSU	Variance bet/ DSU and CPI
FY08	5.00%	4.00%	-1.00%	0.00%	-5.0%
FY09	-1.17%	-1.25%	-0.08%	0.00%	1.2%
FY10	1.70%	0.00%	-1.70%	0.00%	-1.7%
FY11	3.36%	-2.00%	-5.36%	0.00%	-3.4%
FY12	1.45%	-2.50%	-3.95%	0.00%	-1.5%
FY13	1.55%	0.00%	-1.55%	0.00%	-1.5%
FY14	1.90%	3.00%	1.10%	1.50%	-0.4%
FY 15	0.00%	0.22%	0.22%	0.20%	0.2%
FY 16	0.80%	0.48%	-0.32%	0.00%	-0.8%
FY 17	1.50%	2.00%	0.50%	0.20%	-1.3%
FY 18	2.60%	2.10%	-0.50%	0.00%	-2.6%
FY 19	1.60%	3.80%	2.20%	0.00%	-1.6%
FY 20	1.60%	2.29%	0.69%	0.00%	-1.6%
FY 21	3.92%	0.00%	-3.92%	0.00%	-3.9%
FY 22	6.97%	3.00%	-3.97%	3.00%	-4.0%
FY 23	3.18%	8.00%	4.82%	5.00%	1.8%
FY 24	3.33%	3.00%	-0.33%	4.25%	0.9%
FY 25	3.33%	3.00%	-0.33%	3.00%	-0.3%
Cummulative	42.62%	29.14%	-13.48%	17.15%	-25.47%



#### DA/SSA Services and Support in Vermont - Where we are now **High End Supports News Stories Emergency Department Visits** Law Enforcement Crises Interactions 24/7 On-Call Crisis Staff **Care Coordination Critical Preventive Work Building of Protective Factors** Advocacy Case Management **Home Visits Basic Needs Support Housing & Supports** Training & Education **Peer Support Clinical Support Community Access** Social Connection **Relationship Building** Mindfulness Programming **Direct Supports Medical Appointments Community Resilience** Family & Guardian Support



# Investment in ALL Parts of the System is Essential...





# Challenges Agencies are Facing

- Complexity and acuity of client presentations and layering of psychosocial needs
- Eligibility criteria changes
- Aging population with complex medical needs
- Need for long-term, stable supported **housing options** for individuals with mental health, medical, and behavioral support needs
- **Increase in referrals** from families with commercial insurance for in-home family work often not reimbursable under their insurance programs
- Chronic homelessness and economic challenges; difficult to be well with focus on meeting basic needs
- School systems are struggling to meet the **needs of our students** with the most intense challenges
- Limited childcare and afterschool programming for children with challenging behaviors
- Need for predictable, flexible, and sustainable funding
- Reimbursement rates that do not match cost to provide services
- Workforce and recruitment challenges across program—some programs more challenging to recruit 24/7 residential; crisis; interventionists
- Clinical staff leaving for private practice due to compensation and administrative burden
- Administrative burden of **paperwork**: demographics, outcomes, documentation; extremely difficult when client in crisis
- Lack of available **housing** for both clients and new staff

# VCP 2025 LEGISLATIVE PRIORITIES

**Increase Medicaid Rates** for DA/SSA Providers to Support for the DA/SSA **Supporting Older** Vermonters through a **Network During System Ensure Adequate Compensation and** Comprehensive Reform **Improve Healthcare Continuum of Care Outcomes Working Collaboratively to Support Kids and Families** Investment in the crisis Housing in Community Based continuum **Settings** 

