

Legislative Testimony Outline

1/29/2025

10th Annual Mental Health Advocacy Day

Social Tinkering: A Human Connection Project

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Topic:

Increasing Connection by coordinating to reduce the barriers that are perpetuating isolation and loneliness; all to help people, families, and communities to thrive.

1. Introduction to Social Tinkering
 - a. Mission
 - b. Vision
 - c. How we got here
 - d. Population serving

2. An overview of the Loneliness Epidemic
 - a. Lack of Connection - underlying cause
 - b. Barriers to Connection
 - c. Impact on people, families, communities
 - d. Connection as the answer

3. What we are doing about all of this:
 - a. Tri-fold approach
 - b. Impact so far

4. How we can work together to help each other and our communities to thrive. Call to action.
 - a. We need to invest in removing barriers to connection and reducing isolation and loneliness.