

MARYLAND ALL PAYER SYSTEM:

HISTORY AND PERFORMANCE

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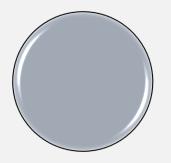
Vermont Senate Health and Welfare Committee February 21, 2025

OUTLINE

- History
- Structure
- Performance
- Tools
- S.W.O.T.Analysis
- Discussion

Background/Disclaimer

HISTORY OF PAYMENT REFORM IN MARYLAND



The Maryland Experiment





IN MARYLAND...THINGS ARE DIFFERENT



All-Payer hospital rate setting system since 1977

- Maryland has set hospital rates since the mid-1970s
 - <u>H</u>ealth <u>Services</u> <u>Cost</u> <u>R</u>eview <u>Commission</u>
 - Independent 7- member Commission
 - Public utility model
 - Serves as watchdog and regulator
- Maryland hospitals are <u>waived</u> from Federal Medicare payment methods
 - Hence The Medicare waiver)
- All payers participate
- Unique in the country

VALUE OF THE ALL-PAYER SYSTEM

- Cost containment for the public
- Equitable funding of uncompensated care
- Stable and predictable payment system for hospitals
- All payers fund GME
- Transparency
- Leader in linking quality and payment
- Local access to regulators
- Avoids cost shifting across payers

WHY START WITH HOSPITALS?

| 100% | | _ | | |
|------|---|-----------------------|-------------------------|----------------|
| | | | All Other Costs, | |
| 90% | End Stage Renal Disease Costs, 2.5% Imaging Costs, 2.7% Laboratory and Other Test Costs, 2.9% | | | |
| 80% | Home Health Costs, 3.0% Part B Drug Costs, 3.8% | ~ | xpenditures are | |
| | Procedure Costs, 6.7% | ti | ed to a hospitalizatio | on . |
| 70% | Skilled Nursing Facility Costs, 7.1% | | Hospitals ~56% | |
| 60% | Evaluation and Management | | Post-acute ~12% | |
| | Costs, 10.2% | | Facility related physic | lian fees ~10% |
| 50% | Outpatient Department | | | |
| | Costs, 17.7% | In | nportance of Medica | ire waiver |
| 40% | | | | |
| 30% | | | | |
| | Inpatient | | | |
| 20% | | | | |
| | Costs, 36.9% | | | |
| 10% | | 2015 | | |
| 0.01 | | 2015 | Maryland Medicare | Dollar % |
| 0% | | | | |

TIMELINE



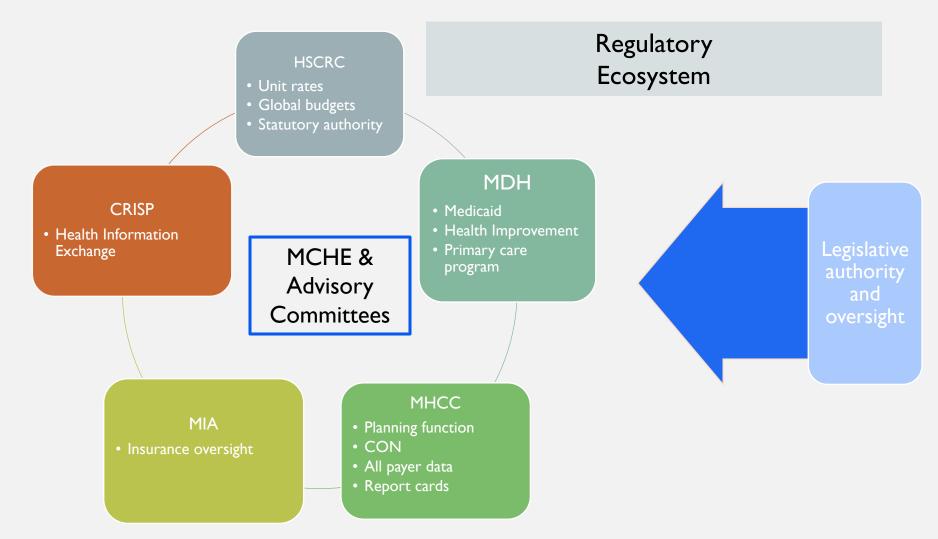
- Enabling Statute
- Broad authority
- Medicare Waiver
- Per case payment
- Early geographic payment
- Global budget model
- Total Cost of Care (TCOC) Model
 MDPCP

Episode

payments

•

 Ahead Contract signed



Legend

- HSCRC Health Services Cost Review Commission
- MDH Maryland Department of Health
- MHCC Maryland Health Care Commission
- MIA Maryland Insurance Administration
- CRISP Chesapeake Regional Information System for our Patients
- MCHE Maryland Commission on Health Equity

HSCRC TOOLS

- Rate setting
- Annual Update
 - Inflation
 - Quality Performance
 - Compliance to Global Budget/MPA
 - Volume
 - Demographic
 - Market shift
 - Other
 - Integrated Efficiency
 - Revenue for Reform

PERFORMANCE

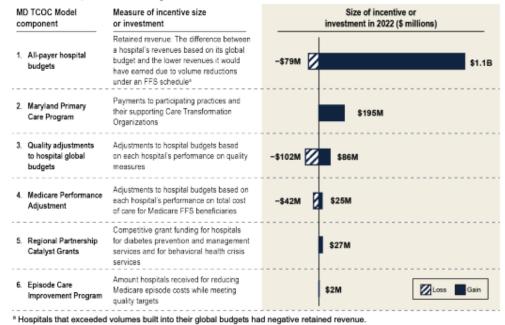
Exhibit ES.3. The model reduced Medicare spending and service use during the MD TCOC period (2019 to 2022), with effects that were generally larger than those at the end of the MDAPM period

| | | Average annual percentage impact of the Maryland Model* | | | |
|---|--|--|--|------------------------|--|
| Outcome | Favorable direction of effect ^b | During the last two years of the MDAPM period (2017 to 2018) | During the MD TCOC period (2019 to 2022) | Difference | |
| Medicare FFS spending | | | | | |
| Total Medicare FFS spending (Part A and B) | ŧ | -1.1%* | -2.1%* | -1.0pp** | |
| Total Medicare FFS spending + non- claims payments ^c | ŧ | -1.3%** | -2.2%** | -0.9pp** | |
| Hospital spending (inpatient and outpatient) | ŧ | -4.7%** | -6.1%** | -1.4pp** | |
| Non-hospital spending | ↓ or ↑ • | 3.6%** | 3.1%** | -0.5pp | |
| Service use and quality of care | | | | | |
| All-cause acute care hospital admissions | Ŧ | -10.6%** | -16.2%** | -5.6pp** | |
| Outpatient ED visits and observation stays | ŧ | -2.8%** | -5.9%** | -3.1pp** | |
| Intensity of hospital care (measured by standardized hospital spending) ^d | Ŧ | -4.6%** | -8.0%** | -3.4pp** | |
| Potentially preventable admissions | Ŧ | -9.9%** | -16.8%** | -6.9pp** | |
| 30-day post-discharge unplanned readmission | Ŧ | -7.9%** | -8.9%** | -1.0pp* | |
| Timely follow-up after acute exacerbation of chronic conditions | t | 2.2%** | 2.6%** | 0.4pp | |
| Patient experience | | | | | |
| Patients' rating of their personal doctor | 1 | 0.10% | 0.30% | 0.2pp | |
| Patients' rating of their hospital* | t | 1.50% | 0.70% | -0.8pp | |
| Medicare Diabetes Prevention Program | ۱ <u> </u> | | | | |
| Use of Diabetes Prevention Program services ¹ | + | Not shown ⁹ | Not shown ^a | Not shown ⁹ | |

Mathematica, Inc., <u>Evaluation of the</u> <u>Maryland Total Cost</u> <u>of Care Model</u>: <u>Progress Report.</u> <u>April 2024</u>

PERFORMANCE

Exhibit ES.1. All-payer hospital global budgets, the Maryland Primary Care Program, and quality adjustments to hospital budgets were the largest potential drivers of change in the MD TCOC Model in 2022, as measured by the statewide size of the incentive or investment



B = billion; FFS = fee-for-service; M = million.

Mathematica, Inc., Evaluation of the Maryland Total Cost of Care Model: Progress Report. April 2024

FUNDAMENTAL CHALLENGE

Create results of a well-organized pre-payment model without capitated payment

S.W.O.T ANALYSIS



STRENGTHS

- Longevity
- Infrastructure
- All Payer
- CRISP
- Results in TCOC/Readmissions
- Political support
- Covid-19

WEAKNESSES

- Complex system/Difficult to replicate
- Volume policies
- Retained revenue
- Slow to respond
- Lack of Planning Capacity imbalance
- Physician alignment
- ED wait times

OPPORTUNITIES

- Improved alignment across payers/providers
- Medicaid MDPCP
- More delivery system reform
- Improved Incentives
- Use savings to innovate

THREATS

- Uncertainty in Washington
- Political changes

DISCUSSION

