

# SUBSTANCE USE PROGRAMS SYSTEM OF CARE

## Residential Treatment 135 total beds

High intensity residential treatment  
ASAM Level 3.5/3.7  
3 Facilities | 125 Beds

Low intensity residential treatment  
ASAM Level 3.1  
2 Facilities | 28 Beds

## Medications for Opioid Use Disorder Est 11,000 clients/year

Hubs  
8 Facilities | 3,100 clients

Spokes  
>241 Prescribers | 8,200 clients  
Led by the Blueprint for Health

Emergency Departments  
Rapid Access | 13 ERs

## Outpatient/Intensive Outpatient

Youth OP/IOP  
3 Locations | 245 Clients

Adult OP/IOP  
18 Towns | 2700 Clients

LADC, MSW, LMHC,  
Psychologist  
3609 Licensed Professionals

## Intervention & Harm Reduction

Withdrawal management  
4 Facilities

Public Inebriate  
5 Providers | 8 Beds

Syringe Services Programs  
6 Fixed Sites | Statewide Mobile  
Coverage | 4,100 Served

IDRP  
9 Locations | 1200 People

Drug Court  
4 Counties

## Recovery Supports

Recovery Coaches in the ED  
14 Hospitals

Transitional & Recovery Housing  
12 Facilities | 104 Beds

Recovery Centers  
12 Centers | >5,000 People SFY24

## Prevention & Early Intervention

Prevention Messaging  
Campaigns  
630,000 People

Education/training  
2000 People Trained

Prevention Consultants  
12 Regions

Regional and  
Community-Based  
Prevention Coalitions  
and Partners

School-Based Health  
19 SU | 9000 Students

VT Helpline  
24/7/365  
Call | Chat | Text  
> 30,000 Contacts/year



Peer-run Services



Community Organization



Preferred Providers



Private Providers



Communications



11 awareness and social marketing (behavior change) campaigns for various audiences to prevent alcohol, cannabis, stimulant and opioid use, misuse, and addiction and promote access to treatment, harm reduction, and recovery services

Programs as of 1/1/2025

# Intensive Recovery Housing Pilot

- Provide 15 beds of intensive recovery housing for individuals with substance use disorders (SUD), individuals with co-occurring mental health and substance use conditions, and justice-involved individuals seeking structured support during recovery.
- Services provided at intensive recovery housing shall include:
  - High quality, certified recovery housing that creates a safe, home-like residential environment;
  - Access to medically necessary substance use disorder outpatient and intensive outpatient clinical services
  - Mental health screening, clinical services as appropriate, and referrals;
  - Coordination of medications for:
    - substance use disorder services, including medications for opioid use disorder (MOUD), medications for alcohol use disorder (MAUD), and mental health conditions; and
    - physical health conditions;
  - Employment services, provided in partnership with Vermont's Department of Disabilities, Aging, and Independent Living's Hireability Program;
  - Physical health care screening and referrals;
  - Recovery support services coordinated through local Recovery Centers;
  - Life skills training; and
  - Transportation provision and/or coordination to off-site components of care/recovery plan.

# Aftercare Navigators

- Establish Aftercare Navigator positions at residential substance use treatment facilities to support individuals transitioning from residential treatment
- Currently, individuals discharged from residential substance use treatment leave with a plan for ongoing care, but no support to implement the plan, thereby increasing the risk of relapse and disengagement from necessary services.
- Aftercare Navigators shall provide proactive support to implement aftercare plans and connect individuals to additional services and coordinated care