



BIKE SMART & WALK SMART

Bike Smart is Local Motion's free bike skills education program, which enables educators across the state to access well-maintained bikes and a comprehensive curriculum. This program is facilitated by 20 ft trailers, which include 50 kids' bikes (in a full range of sizes), training materials and helmets.



BIKE SMART: BY THE NUMBERS

- **Since 2012**, programming runs every school year from March to December
- **115,000+** children served
- **500,000+** hours of training delivered
- **200+** schools and camps reached in all **14** Vermont counties and over **150** towns



'24/'25 school year
Bike Smart impact

Walk Smart is a free pedestrian safety program that requires no materials, and empowers kids to get walking and rolling while learning how to move around their communities safely.



WALK SMART: GREAT EXPECTATIONS

Local Motion is working with stakeholders and partners to update and promote the curriculum for the spring of 2026. The program requires little to no equipment to implement, meaning it has the potential for a massive impact on VT youth.

Learn more at localmotion.org/bike_smart



LET'S TEACH VERMONT CHILDREN TO BIKE AND WALK, FOR TRANSPORTATION AND FOR FUN

Nationally, active transportation is declining for 5-14 year olds, while increasing in every other demographic. Walking or biking to school fosters healthy habits that children are more likely to continue as they age.

Locally, fewer children participating in our program have previous bike riding experience. Bike Smart helps to fill this gap. Only 25.4% of Vermont Kids get the daily recommended amount of physical activity.

BIKE SMART'S SCHEDULE

Spring Session March – June

Primary Users: Elementary/Middle Schools

2025 attendance: 3,857 kids



Between sessions, Local Motion's mechanics do a full safety check and tune of all the bikes.

Summer Session July – August

Primary Users: Summer Camps/Town Programs

2025 attendance: 1,235 kids



Between sessions, Local Motion's mechanics do a full safety check and tune of all the bikes. We work with partners at schools across Vermont to schedule the program for the upcoming school year.

Fall Session September – November

Primary Users: Elementary/Middle Schools

2025 attendance: 3,779 kids



Off Season December – February

During this time, Local Motion's mechanics do a deep-tune of all the bikes. We work internally to make any necessary updates to the program, and ensure our delivery vans and trailers are tuned up and ready for another full year of Bike Smart!