

SERVING OLDER VERMONTERS, THEIR FAMILIES AND CAREGIVERS FOR OVER 50 YEARS



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www.agewellvt.org



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www.cvcoa.org



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www.svcoa.org



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www.nekcouncil.org



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www.seniorsolutionsvt.org



The Vermont Aging Network Consortium (VANC) represents and coordinates the work of Vermont's five federally designated Area Agencies on Aging (AAAs) in partnership with the Vermont Agency of Human Services (AHS). VANC is a statewide nonprofit affiliation that strengthens and sustains the delivery of aging services across the state.

VANC provides shared administrative and operational support to the AAAs, helping them operate more efficiently and effectively while preserving local identity. Through this collaboration, VANC supports AAAs as they advance the goal of enabling older Vermonters to live safely, independently, and with dignity in their communities of choice. To learn more about VANC visit www.vtagingnetwork.org

HOW THE AREA AGENCIES ON AGING SERVE VERMONTERS

- Serve as AHS's local infrastructure for Older Americans Act services
- Ensure access to cost-effective, community-based alternatives to institutional care
- Support AHS goals for aging in place, equity, and prevention
- Act as trusted partners to municipalities, healthcare providers, and community organizations

CORE SERVICES DELIVERED THROUGH AAAs STATEWIDE

- **Information & Assistance / Statewide, Toll Free and Confidential Helpline** –Offers front-door access to aging services, screening, and referrals.
- **Individualized Case Management & Options Counseling** – Person-centered, conflict-free care coordination.
- **Nutrition Services** – Supports facilitation of home-delivered meals also known as **Meals on Wheels**, supports and facilitates community meals, and nutrition counseling for older Vermonters.
- **Family Caregiver Support & Education** – Respite, education, counseling, and caregiver supports for unpaid family caregivers across Vermont as well as older Vermonters caring for younger family members.
- **State Health Insurance Assistance Program (SHIP)** – Offers unbiased Medicare counseling and enrollment assistance at no cost to Older Vermonters and their families.
- **Health Promotion & Evidence-Based Wellness Support** – Falls prevention classes, chronic disease management and more all at no cost to Older Vermonters.
- **Community & Social Connection Programs** – Transportation support, technology support and access, lifestyle enrichment opportunities through local community connections to combat social isolation among older Vermonters.
- **Volunteer & Community Engagement** – Leveraging volunteers to expand service reach.