

Shayla Livingston – testimony re: cannabis use in Vermont S.278

Cannabis use survey data:

[Youth Cannabis Use](#) – Youth Risk Behavior Data and Poison Control data from VT
[Cannabis Use and Mental Health](#) – Adult cannabis use and associated mental health indicators

[2024 VT BRFSS Data Summary](#) – Full BRFSS report, Cannabis Use starts on page 63

[2023 YRBS Data Report](#) – Full YRBS report, for Middle School Cannabis use, see page 215, for High School Cannabis use see page 81

Emergency Department data:

[Cannabis Poisonings and Cannabinoid Hyperemesis Syndrome in Vermont](#)

Campaigns about Cannabis:

[Let's Talk Cannabis | Vermont Department of Health](#)

[LTCVT FACTSHEET](#)

Free [Safe Storage Bag with Combination Lock](#) available to Vermonters via VT Helpline. VDH social media posts on 4/20 were super successful ([link to Instagram video](#)) and resulted in an 890% increase in bag orders following promotion.

Research:

[California Study](#)

In a large study (~400,000), adolescents who report past-year cannabis use had higher rates of clinician-diagnosed psychiatric disorders during follow-up.

Compared to adolescents who did not report cannabis use, those who did had twice the risk of developing a psychotic disorder or bipolar disorder, a 34% higher risk of developing depressive disorders, and a 24% higher risk of developing an anxiety disorder. The authors conclude that the findings are consistent with adolescent cannabis use being a factor for psychiatric disorders, and note that the results reinforce the need for early prevention efforts, public health messaging, and policy strategies designed to limit youth exposure as cannabis legalization expands.