



Laughter, fun and social connections combat the mental and physical effects of loneliness and isolation

Healthcare staff, including nurses, LNAs  
Fitness programs and restorative therapy assistance  
Personal care assistance – toileting, bathing, hair, nails, etc.  
Healthy meals and snacks  
Individually-tailored activities  
Assistance with learning or relearning life skills and activities of daily living to build self-confidence and a sense of independence  
Life enrichment/educational opportunities

## 2025 Legislative Policy Priorities

- Increase in Medicaid reimbursement
- GF appropriation to cover unscheduled absenteeism
- Improved public transportation
- Workforce development

For more information: Eric Fritz, President, VAADS  
[efritz@scotlandhousevt.org](mailto:efritz@scotlandhousevt.org)