



# Hospital Budget Overview

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Green Mountain Care Board

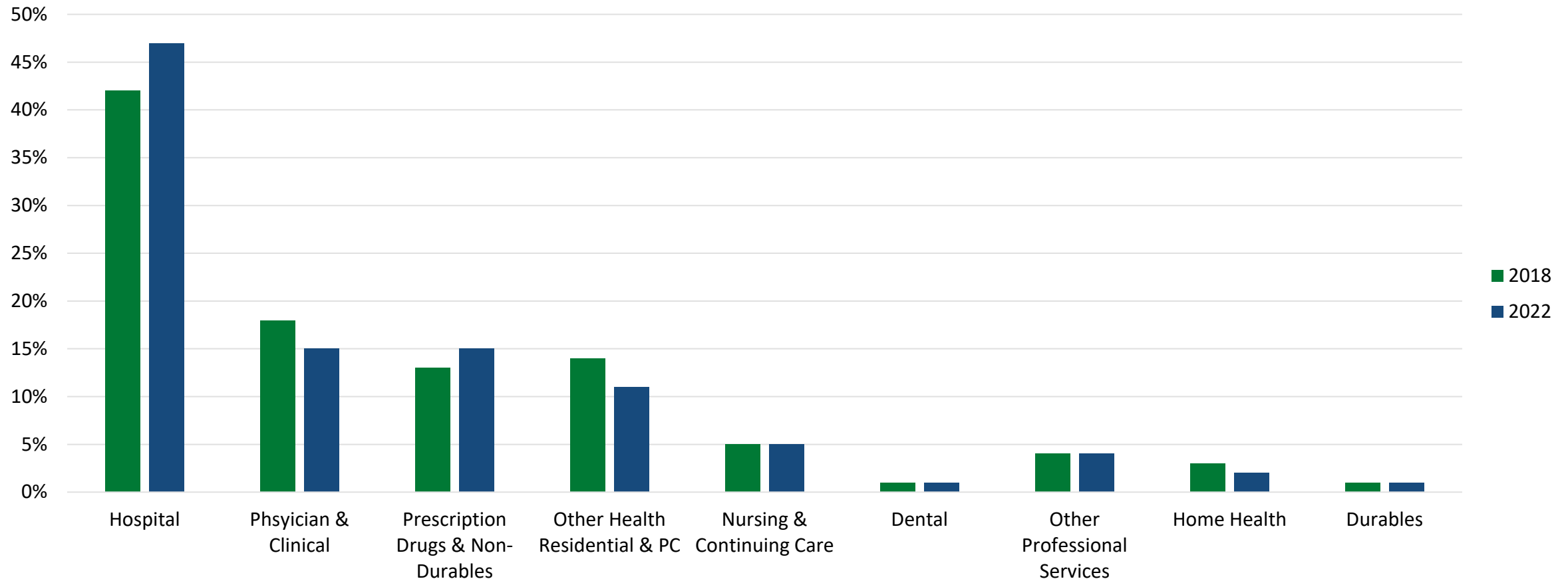
# Agenda

- **Background**
  - A (very) short history of hospital regulation in Vermont
- **Budget review process**
  - Overview
  - Benchmarks
- **Review of last year's decisions**
- **Next steps...**
  - Reference-based pricing

# Why regulate hospital budgets?

## Hospital spending is a major driver of health care spending

Sector Contributions & Trends, 2018-2022  
VHCURES-Based Estimates for Vermont Residents



# Hospital budget regulation in Vermont

**1983**

**Title 18**

Established the hospital budget review process to slow the rising costs of health care and ensure hospital budgets were reasonable and fair.

**2011**

**Act 48**

Gave Vermont new tools to apply to the hospital budget review process designed to manage costs, including the creation of the Green Mountain Care Board.

**2012**

**Act 171**

Assigned the Green Mountain Care Board responsibility for hospital budget oversight.

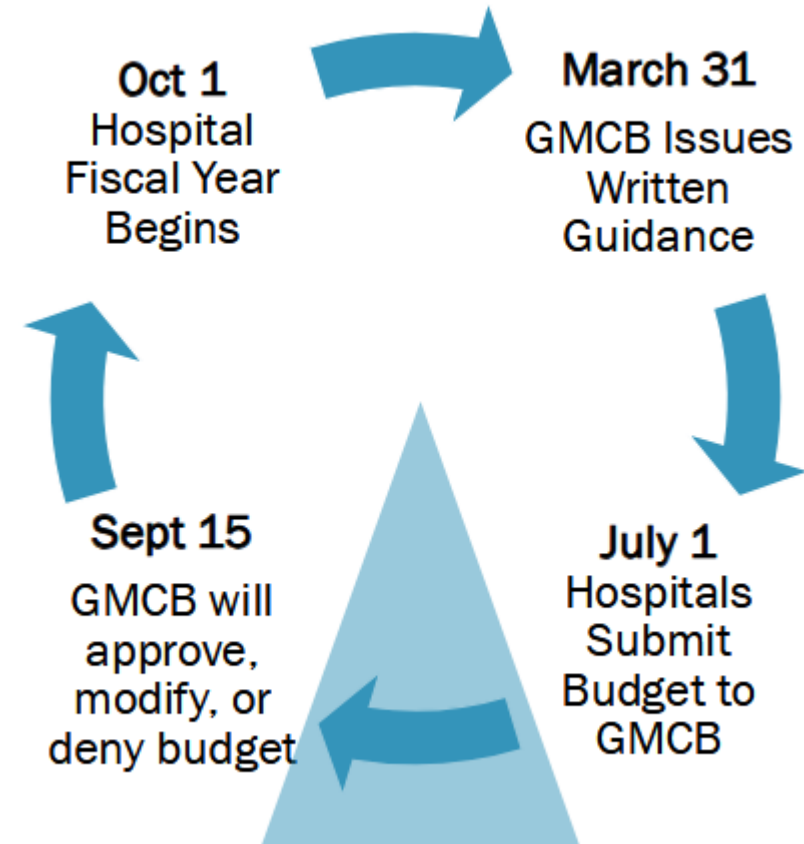
**2025**

**Act 68**

Tasked the Green Mountain Care Board with achieving payment reform through the implementation of reference-based pricing

# Budget review: Overview

- The Board is tasked with establishing hospital budgets that meet the **state's statutory objectives**
- These objectives tie back to **increasing access, improving quality, and containing costs.**
- Each year the Board **establishes benchmarks for hospital use in developing and preparing budgets, and to guide the board in its decision making**
- Each **hospital bears the burden of persuading the Board** that its proposed budget aligns with the state's statutory objectives.
- The **Board also votes on standard budget conditions** that apply to all hospitals. These conditions are incorporated into the budget orders



# Budget review: Benchmarks

Example P&L	Current year approved budget	Submitted budget	% Change
Gross revenue	\$100,000	\$110,000	10.0%
Deductions	-\$50,000	-\$55,000	10.0%
Net patient revenue (NPR)	\$50,000	\$55,000	10.0%
Fixed prospective payments (FPP)	\$20,000	\$18,000	-10.0%
<b>NPR + FPP</b>	<b>\$70,000</b>	<b>\$73,000</b>	<b>4.3%</b>
Other operating revenue	\$40,000	\$41,000	2.5%
Total operating revenue	\$110,000	\$114,000	3.6%
<b>Total operating expenses</b>	<b>\$105,000</b>	<b>\$110,000</b>	<b>4.8%</b>
Operating income	\$5,000	\$4,000	
Operating margin	4.5%	3.5%	

1. Net Patient Revenue growth %
2. Commercial reimbursement rate increase
3. Operating expense growth %

Importantly, hospital budget guidance established the same benchmarks for all hospitals.

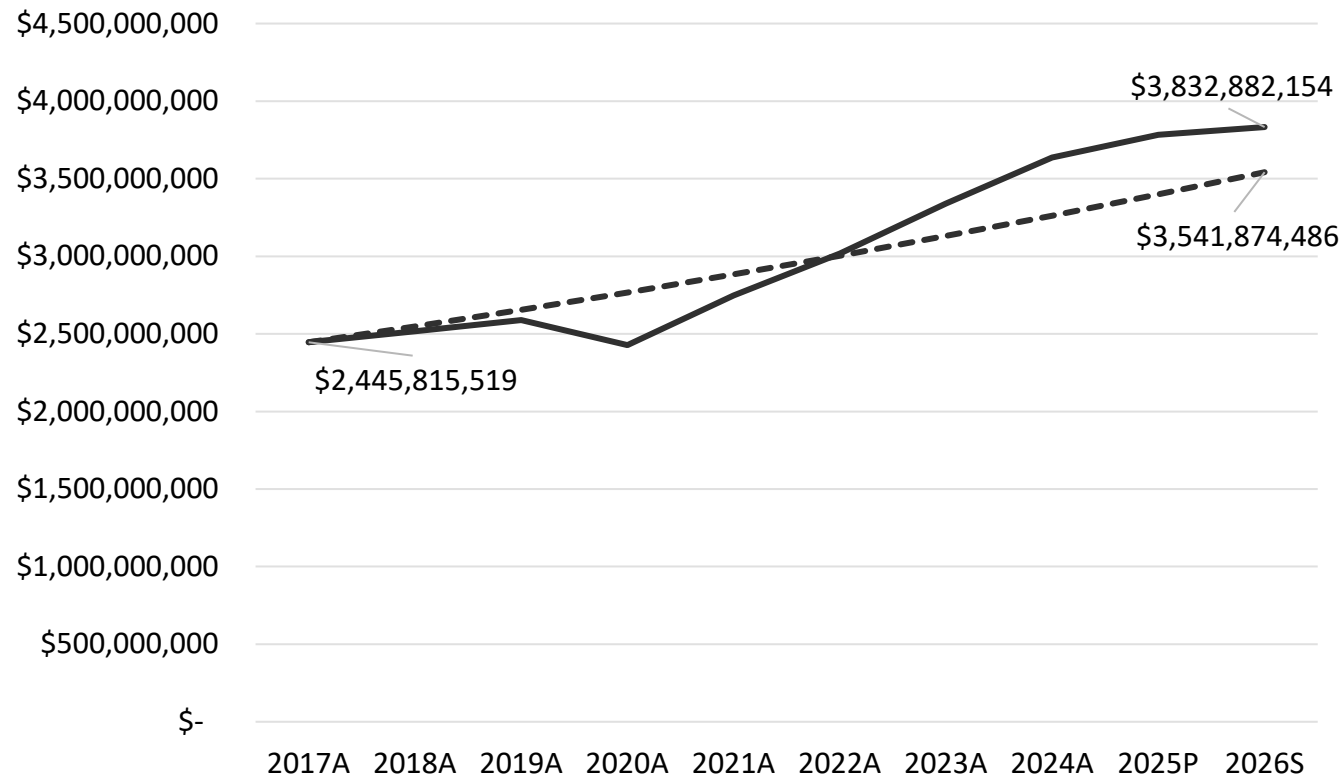
**What have  
we targeted  
through a  
revenue  
benchmark?**

**What is the  
goal?**

Tethering the allowed revenue growth to Vermont's **All-Payer Model targets** would, in theory, produce budgets that met the state objective of containing costs in our system.

But what has happened is...

# Hospital NPR+FPP vs. 4.2% growth target



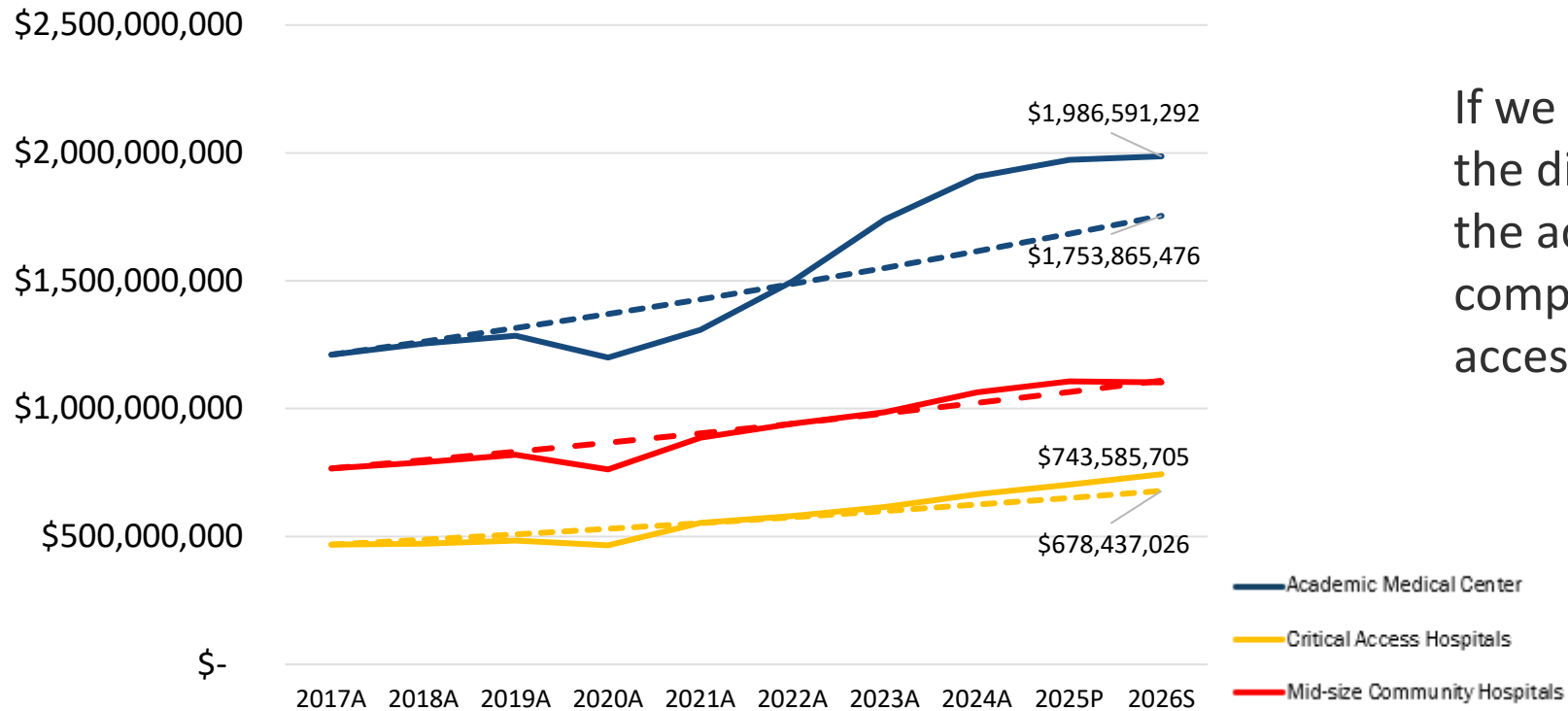
Starting in 2017, if we trend forward NPR+FPP using a 4.2% target from the All-Payer Model, the expected system-wide NPR would be \$3.54B in FY26

Total NPR+FPP in the FY26 budget submissions was \$3.83B, a \$291M difference.

Note: 2025P reflects projections submitted to the GMCB in July 2025; 2026S reflects hospitals *proposed* FY26 budgets



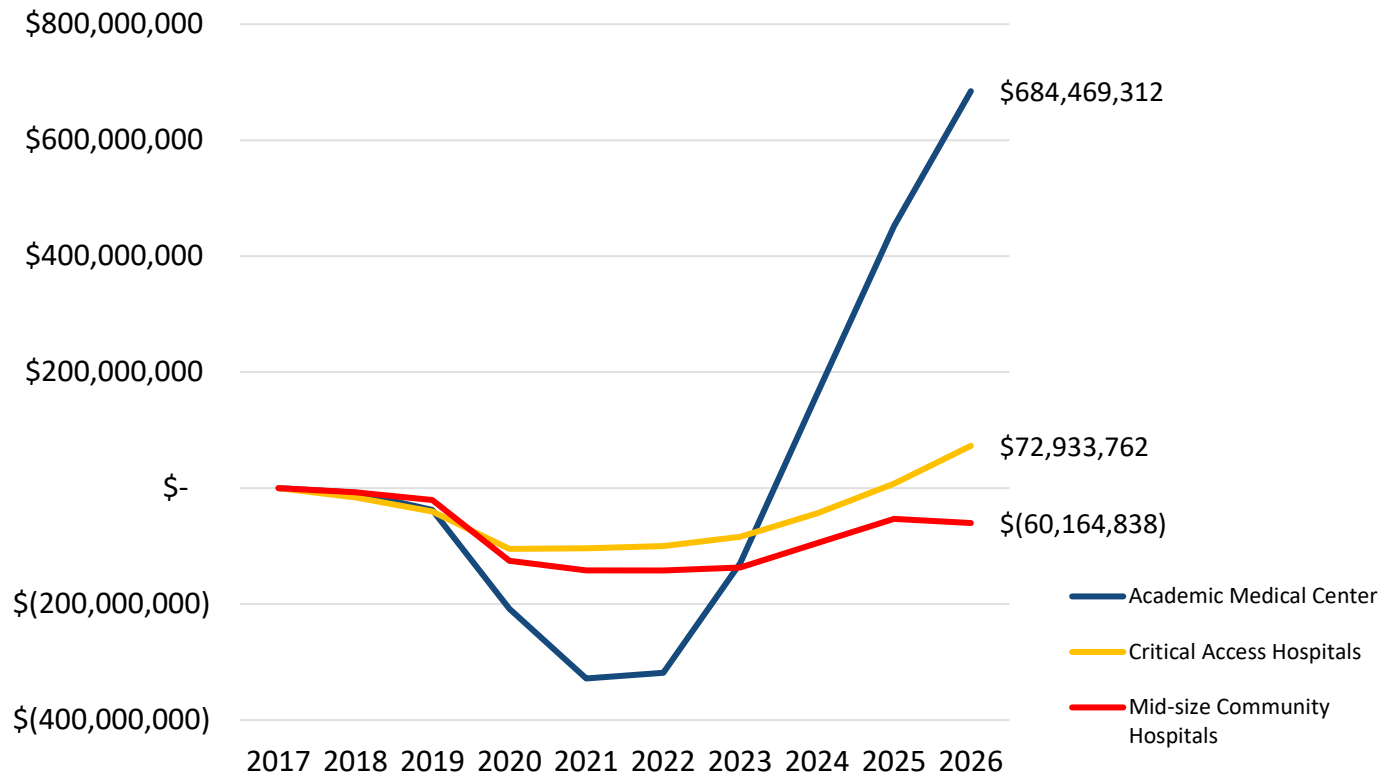
# Hospital NPR+FPP vs. 4.2% growth target



If we split it out by hospital type, the difference is more apparent at the academic medical center compared to mid-size or critical access hospitals.

Note: 2025P reflects projections submitted to the GMCB in July 2025; 2026S reflects hospitals *proposed* FY26 budgets

# Hospital NPR+FPP vs. 4.2% growth target



- Cumulative NPR over/(under) the 4.2% APM target through FY26 proposed budgets
  - **Academic Medical Center:** **\$684M**
  - **Mid-size Community Hospitals:** **(-\$60M)**
  - **Critical Access Hospitals:** **\$72M**

Note: 2025P reflects projections submitted to the GMCB in July 2025; 2026S reflects hospitals *proposed* FY26 budgets

# FY2026 Hospital Budgets

## Commercial Rate Increases

Hospital	Benchmark	Hospital Proposed	Approved	Approved vs. Submitted %
Brattleboro Memorial Hospital	3.0%	3.0%	2.4%	-0.6%
Central Vermont Medical Center	3.0%	3.0%	2.9%	-0.1%
Copley Hospital	3.0%	4.2%	3.0%	-1.2%
Gifford Medical Center	3.0%	3.0%	3.0%	0.0%
Grace Cottage Hospital	3.0%	0.0%	0.0%	0.0%
Mt. Ascutney Hospital & Health Ctr	3.0%	3.0%	3.0%	0.0%
North Country Hospital	3.0%	0.5%	0.5%	0.0%
Northeastern VT Regional Hospital	3.0%	3.0%	3.0%	0.0%
Northwestern Medical Center	3.0%	2.6%	2.6%	0.0%
Porter Medical Center	3.0%	3.0%	2.9%	-0.1%
Rutland Regional Medical Center	3.0%	1.5%	1.5%	0.0%
Southwestern VT Medical Center	3.0%	5.2%	3.0%	-2.2%
Springfield Hospital	3.0%	3.0%	3.0%	0.0%
The University of Vermont Medical Center	3.0%	2.4%	-6.4%	-8.9%
<b>Total VT Community Hospitals</b>	<b>3.0%</b>	<b>2.6%</b>	<b>-2.0%</b>	<b>-4.7%</b>

# How has Vermont slowed hospital revenue growth?

		FY26 Commercial Revenue (\$M)
VT Legislature	Act 55, Outpatient drug cap	-\$104.30
Green Mountain Care Board	Hospital Budget Orders	-\$94.58
	Hospital Budget Enforcement	-\$31.76
		<b>-\$230.65</b>

Legislative and regulatory actions taken in 2025 removed approximately \$231M from the system

# FY2026 Hospital Budgets

FY26 Budgets				
Hospital	DCOH	Operating Income	Operating Margin	Reduced NPR from submitted
BMH*	72	-\$14.5M	-12.5%	-\$1.9M
CVMC	80	751K	0.2%	-\$0.1M
Copley	65	2.8M	2.2%	-\$0.7M
Gifford	90	156M	2.3%	
Grace	81	255K	0.8%	
Mt. Ascutney	187	591K	0.7%	
North Country	189	754K	0.7%	
NVRH	82	1.11M	0.8%	
Northwestern**	203	-5.08M	-3.5%	
Porter	112	10.1M	7.2%	-\$0.03M
Rutland	154	-4.97M	-1.4%	
SVMC	45	-4.33M	-1.9%	-\$3.3M
Springfield	33	25K	0.0%	
UVMHC	127	23.6M	1.0%	-\$88.5M

DCOH	
S&P Global Ratings	
Highly Vulnerable	<80
Vulnerable	80-110
Adequate	110-160
Strong	160-205
Very Strong	205-275
Extremely Strong	>275
Source: FY26 HBR Metric Inventory	

\* BMH figures reflect [resubmission](#) as of 12/1.

\*\* Northwestern figures reflect a [midyear adjustment](#) from 12/17.  
NMC's original budget had ~\$8M operating losses and 199 DCOH.

# Next steps?

The Vermont legislature passed Act 68 (2025) directing the GMCB to **implement hospital reference-based pricing (RBP)** through its provider rate setting authority, **as soon as practicable**, but not later than hospital **FY27**.

Act 68 (2025): An act relating to health care payment and delivery system reform

# Reference-based pricing

## FY2027

- A transition year to rate-setting.
  - No longer having the same benchmarks for all hospitals. The benchmark for price growth/reduction to factor in existing prices.
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## FY2028 and on...

- Implementing RBP through provider rate-setting

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