January 15, 2025

# INTRODUCTION TO HOME HEALTH AND HOSPICE

### Care at Home, Across the Continuum

Health Care	Prevention	Long-Term Care	End-of-Life and Palliative Care
Nursing and Therapy	Health Screenings and Vaccinations	Pediatric and Adult High-tech	Palliative Care
Telemonitoring	Maternal/Child Health	Personal Care	Hospice Care
Wound Care		Homemaker services	Bereavement Services
Care Coordination		Case Management	Respite House

# Critical Role in Health Care System

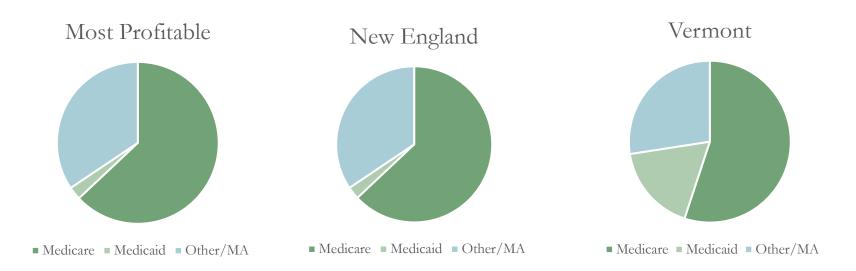
- Accepting hospital discharges 16.1% of discharges compared to 17.4% to skilled nursing facilities
- Reducing pressure on long-term care facilities by providing long-term care at home

Setting	Individuals Served QE 6/30/2024	
Nursing Home	1992	
Agency Personal Care	1005	
Self-Directed Care	952	

#### Pressures

- □ IMPACT: Franklin County agency closed in 2024
- □ Cost of travelers to preserve access
- Travel reimbursement
- □ Workforce shortages
- □ Rising costs of wages, salaries and benefits
- □ Patients are more complex than ever before
- Medicaid reimbursement consistently below costs
  - Home health rates approximately 67% of Medicare
  - Choices for Care rates at least 30% below costs

# Pressures: Payer Mix



### Pressures: Medicare

- Medicare margins no longer available to support losses in other programs
- Migration to Medicare Advantage
- □ 10 percent cuts to base Medicare rate (latest round)
  - January 1, 2023: 3.93%
  - January 1, 2024: 2.89%
  - January 1, 2025: 1.975%
  - Expected January 1, 2026: 1.975%
- Risk of a large clawback of all "overpayments" authorized back to January 1, 2020

## Health Care Reform Trends

- Reliance on home and community-based services,
  with minimal direct investment
  - **Choices for Care**
  - Oliver Wyman Report (Act 167)
  - AHEAD model as proposed by CMMI