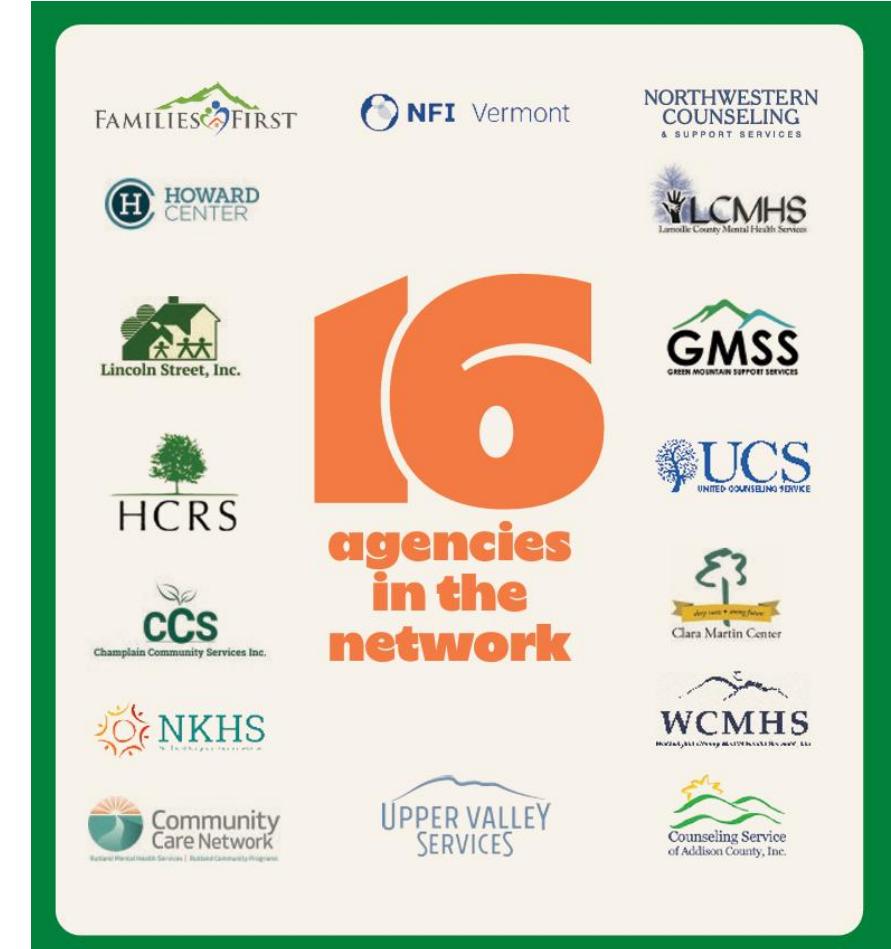


Designated and Specialized Service Agencies

Providing an indispensable community-based system supporting mental health, substance use, and intellectual and developmental disability needs across Vermont



**VERMONT
CARE
PARTNERS**



DA/SSAs are your community-based experts in Mental Health, Substance Use, and Intellectual and Developmental Disabilities

Specialized, long-term support: Agencies provide ongoing, community-based mental health, substance use, developmental disability services (like intensive case management, residential programs, psychiatric services, and peer support) that extend far beyond short-term interventions, ensuring critical support of Vermonters and partners like Primary Care, Hospital, and First Responders.

Safety net for vulnerable populations: They serve as Vermont's essential safety net, ensuring access to mental health, substance use, and developmental disability services regardless of insurance status or ability to pay

Continuity for complex needs: Agencies maintain sustained care coordination across months or years, filling the critical gap between acute hospital treatment and routine medical care.

There are 16 agencies in the Vermont Care Partner Network:

AGENCY	TYPE	SERVICES
Champlain Community Services (CCS)	Specialized Service Agency	Developmental Services
Clara Martin Center (CMC)	Designated Agency	Mental Health, Substance Use Provider
Counseling Service of Addison County (CSAC)	Designated Agency	Mental Health, Developmental Services, Substance Use Provider
Families First in Southern Vermont (FFSV)	Specialized Service Agency	Developmental Services
Green Mountain Support Services (GMSS)	Specialized Service Agency	Developmental Services
Health Care and Rehabilitation Services (HCRS)	Designated Agency	Mental Health, Developmental Services, Substance Use Provider
Howard Center (HC)	Designated Agency	Mental Health, Developmental Services, Substance Use Provider
Lamoille County Mental Health Services (LCMHS)	Designated Agency	Mental Health, Developmental Services
Lincoln Street, Inc. (LSI)	Specialized Service Agency	Developmental Services
NFI Vermont, Inc. (NFI)	Specialized Service Agency	Children, Youth, and Family Mental Health Services
Northeast Kingdom Human Services (NKHS)	Designated Agency	Mental Health, Developmental Services, Substance Use Provider
Northwestern Counseling and Support Services (NCSS)	Designated Agency	Mental Health, Developmental Services, Substance Use Provider (Children/Youth)
Rutland Mental Health Services / Community Care Network (RMHS)	Designated Agency	Mental Health, Developmental Services, Substance Use Provider
United Counseling Service (UCS)	Designated Agency	Mental Health, Developmental Services, Substance Use Provider
Upper Valley Services (UVS)	Designated Agency	Developmental Services
Washington County Mental Health Services (WCMHS)	Designated Agency	Mental Health, Developmental Services, Substance Use Provider



VERMONT'S EVOLVING COMMUNITY BASED SYSTEM

**BUILT OVER GENERATIONS AND SHAPED BY A CLEAR AND STEADY COMMITMENT AWAY FROM
INSTITUTIONAL CARE AND TOWARD SERVICES ROOTED IN COMMUNITIES**

Early Foundations 1800s-1900s

Early mental health institutions opened in Vermont in the 1800s.

Locally governed agencies began forming across Vermont

1963: Federal Community Mental Health Act reinforced community-based care

1969/71: Establishment of Designated Agencies and VT Council

Deinstitutionalization and Further Commitment 1980s-1990s

1992: Success Beyond Six began

1993: Brandon Training School closed

1994: Vermont Care Network formed

1996: VT Developmental Disabilities Act

Agencies expanded role with DS

Federal reforms began including HCBS, Medicaid waivers, and new treatment models

Building a Modern Integrated System 2000s-2010s

1994: Vermont Care Network founded

2001: Peer recovery support began to be formalized

2003: Admin Rule on Agency Designation established

2004: Blueprint for Health launched

2011/12: Closure of State Hospital and Act 79 MH Reform

2013: Hub and Spoke

2019: Mental health payment reform began

Continued Progress and Transformation 2020s and Beyond

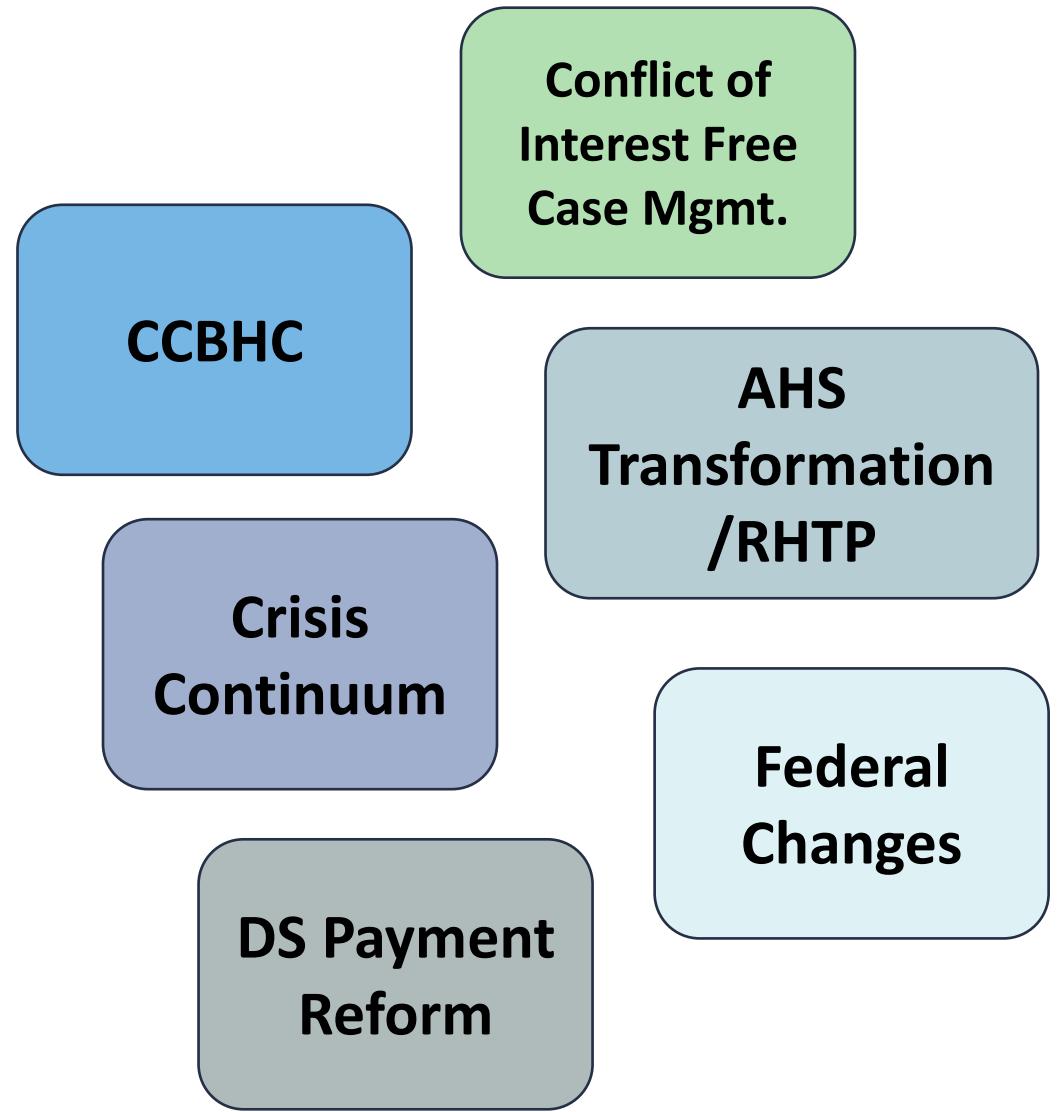
2021: The start of SAMHSA CCBHC Grants furthering integrated care

2024: Enhanced Mobile Crisis statewide and urgent care centers

2025: First Certified CCBHCs; Conflict of Interest Free Case Management and DS Payment Reform

Continued focus on operational and clinical excellence

Systems Reform and Transformation



THREE KEY AREAS OF OUR WORK:

 Upstream
Supports for
Prevention and
Stabilization

 Holistic Supports:
Effective
Intervention

 Community
Crisis Response

VCP agencies deliver **64%** of all services
in people's homes and community settings.

Designated Populations VCP Agencies Serve

Adults with
Serious Mental
Health Challenges

Child, Youth, and
Families

Vermonters in
Crisis

Individuals with
I/DD

Additional Services Provided by the DAs/SSAs Include:

Adult Outpatient Services

Therapeutic Schools

Peer Services

Child Outpatient Services

School Services

Prenatal to 8 Services

Substance Use Services

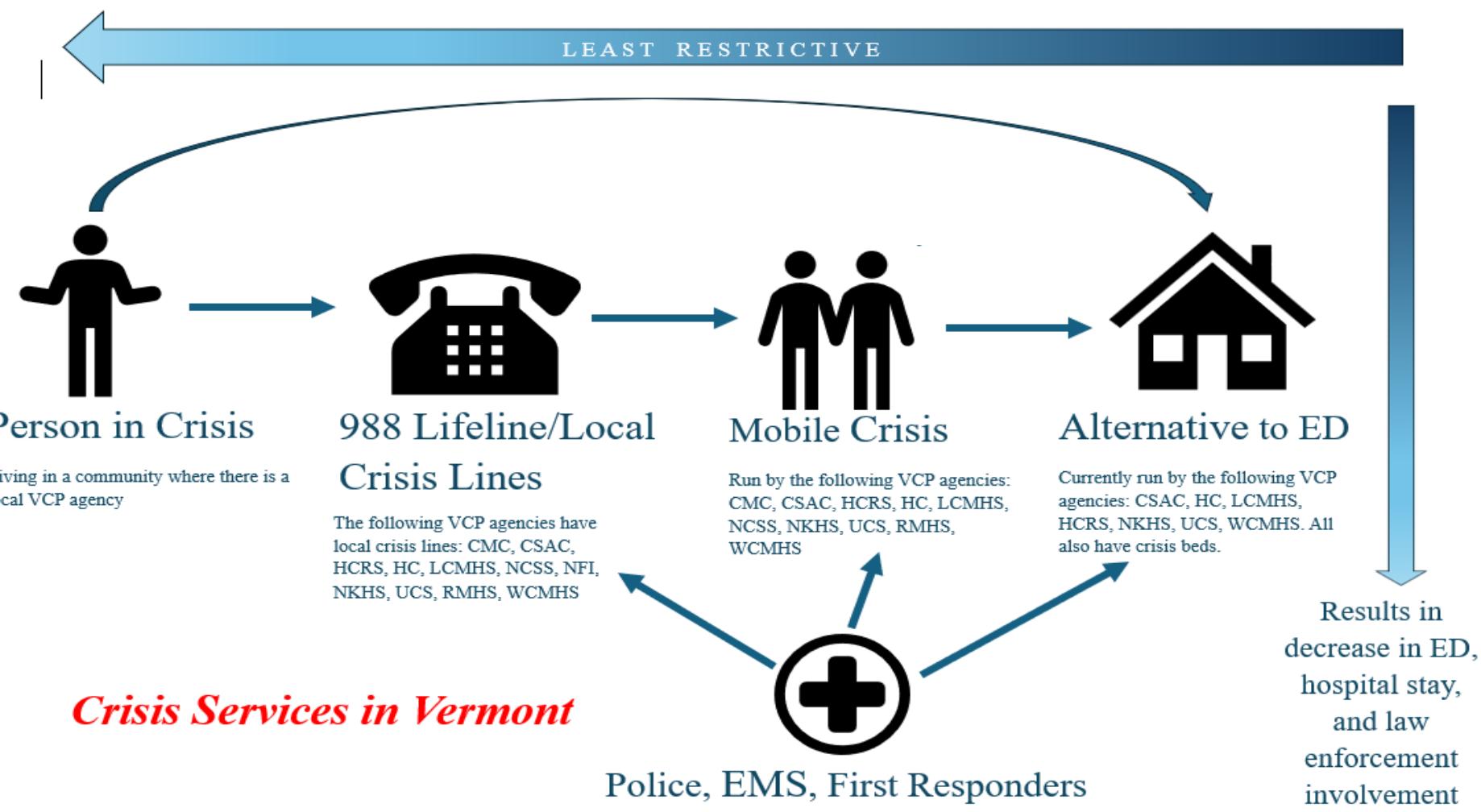
Veteran Services

Criminal Justice Services

Elder Care Services

Residential Services

Outreach to the Unhoused

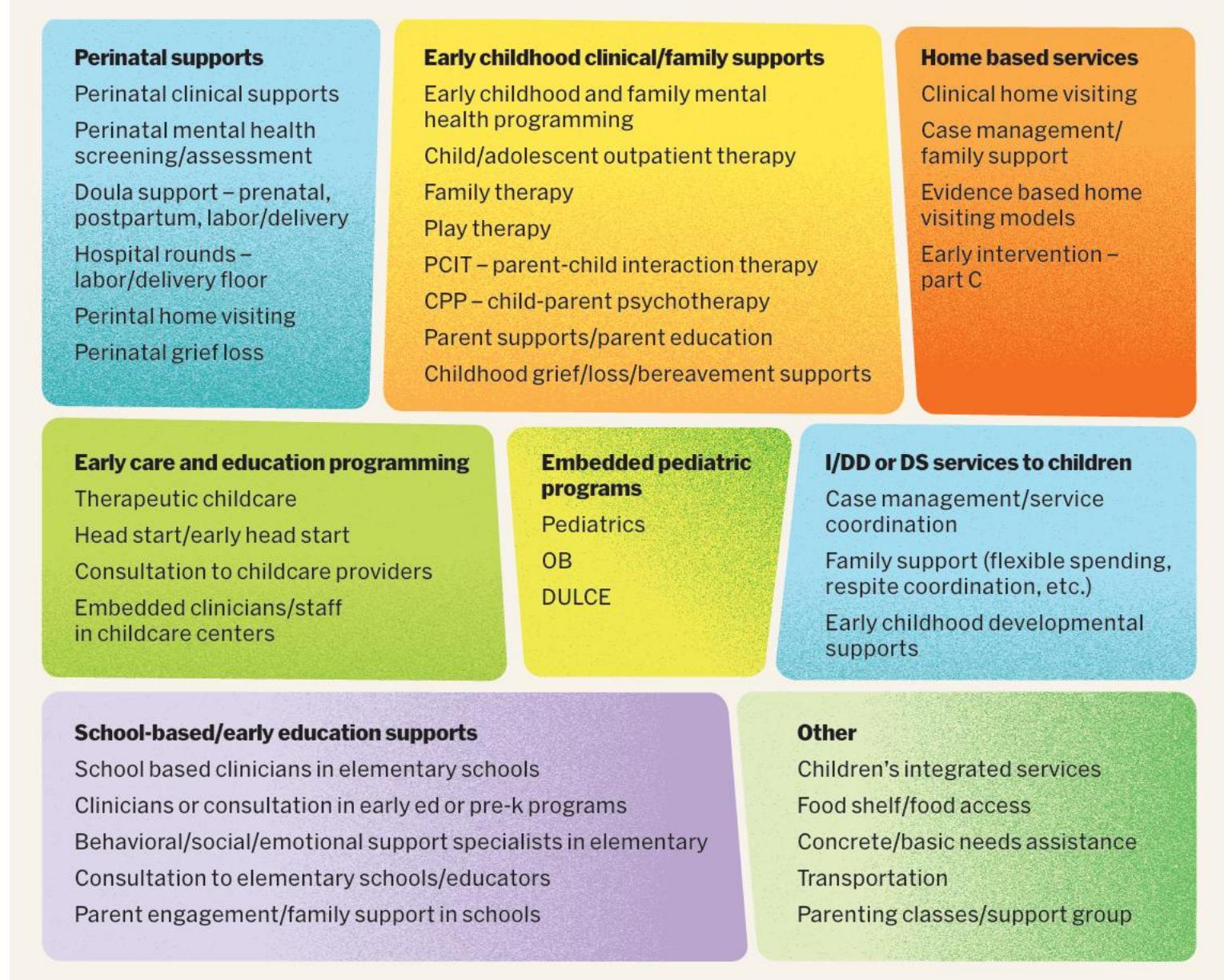


Crisis Services in Vermont

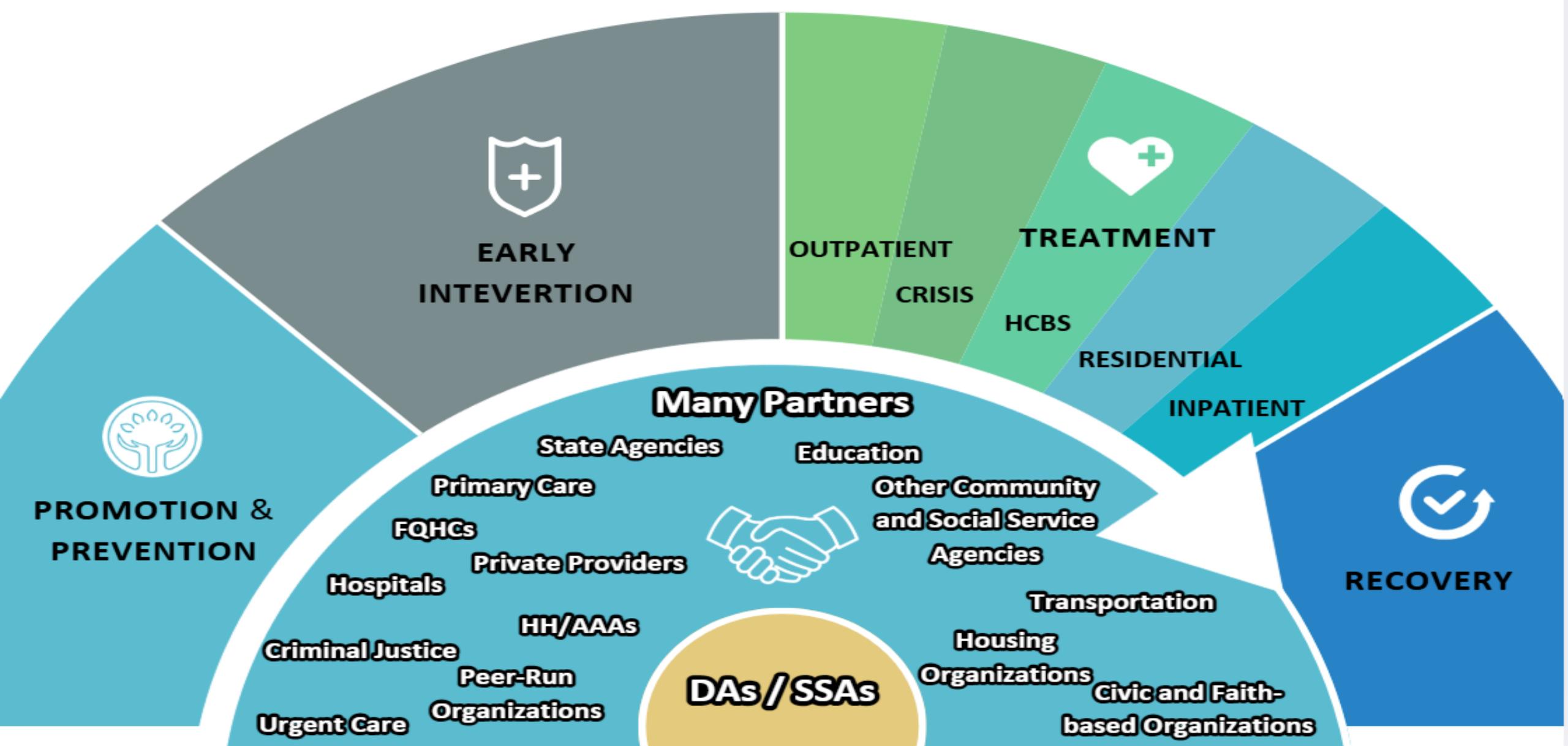
This is the crisis continuum of care within the context of the entire mental health system. In Vermont, someone experiencing a mental health crisis can seek treatment at any point of access.



Prenatal to 8 Services







37,206,602

**services provided
in fiscal year 2025 –
over 14,000 per day!**

TOP REFERRAL SOURCES

Adult services

- 1) Individual/family
- 2) Primary care
- 3) Hospital
- 4) Courts/probation/judges
- 5) Other community partners

Child services

- 1) Family
- 2) Primary care
- 3) School
- 4) Hospital
- 5) DCF

The Mental Health Landscape

DAs/SSAs

- Community-based, co-occurring MH services for people with higher acuity needs throughout the age continuum. Specialty supports/programing. 24/7 crisis.

Private Practice

- Outpatient therapeutic supports – short and long term

DMH

- Vermont Psychiatric Care Hospital & River Valley Therapeutic Residence

Schools

- In-house therapeutic supports

Hospitals

- Acute MH services, crisis stabilization, inpatient psychiatric care

SB6 Schools & Therapeutic Schools

- School based clinicians, behavioral interventionists, and school-based behavioral consultants

Primary Care/Blueprint

- Short-term outpatient therapeutic supports

FQHCs

- MH services as part of a comprehensive model of primary care

VERMONT'S COMMUNITY-BASED SERVICES BY THE NUMBERS - FY25

40,141



PEOPLE SERVED

5,260



PEOPLE SERVED DAILY

3,720,602

SERVICES PROVIDED

≈14,000/DAY

5,002



DA/SSA STAFF

64%



SERVICES PROVIDED IN THE HOME/COMMUNITY

PROGRAM HIGHLIGHTS

SUBSTANCE USE SERVICES

5,316 PEOPLE

465,293 SERVICES

ADULT MH SERVICES

9,868 PEOPLE

221,049 SERVICES

CHILDREN'S MH SERVICES

12,881 PEOPLE

725,409 SERVICES

DEVELOPMENTAL SERVICES

4,674 PEOPLE

1,657,302 SERVICES

CRISIS SERVICES

14,241 PEOPLE

151,576 SERVICES

CRISIS & URGENT SUPPORT

18,744 988 LIFELINE CALLS

3,725 MOBILE CRISIS RESPONSES

12,097 MH URGENT CARE VISITS

SCHOOL & YOUTH IMPACT

3,800 STUDENTS IN SUCCESS BEYOND SIX

50% REDUCTION IN RISK BEHAVIORS

DEVELOPMENTAL SERVICES

853 INDIVIDUALS IN SUPPORTIVE EMPLOYMENT

345 INDIVIDUALS LIVING INDEPENDENTLY

VCP By the Numbers

CLIENT SATISFACTION



92%

FELT TREATED WITH RESPECT



84%

FELT SERVICES MADE A DIFFERENCE



80%

FELT SERVICES IMPROVED THEIR QUALITY OF LIFE

43% of individuals with I/DD have co-occurring MH needs





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