

January 5, 2026

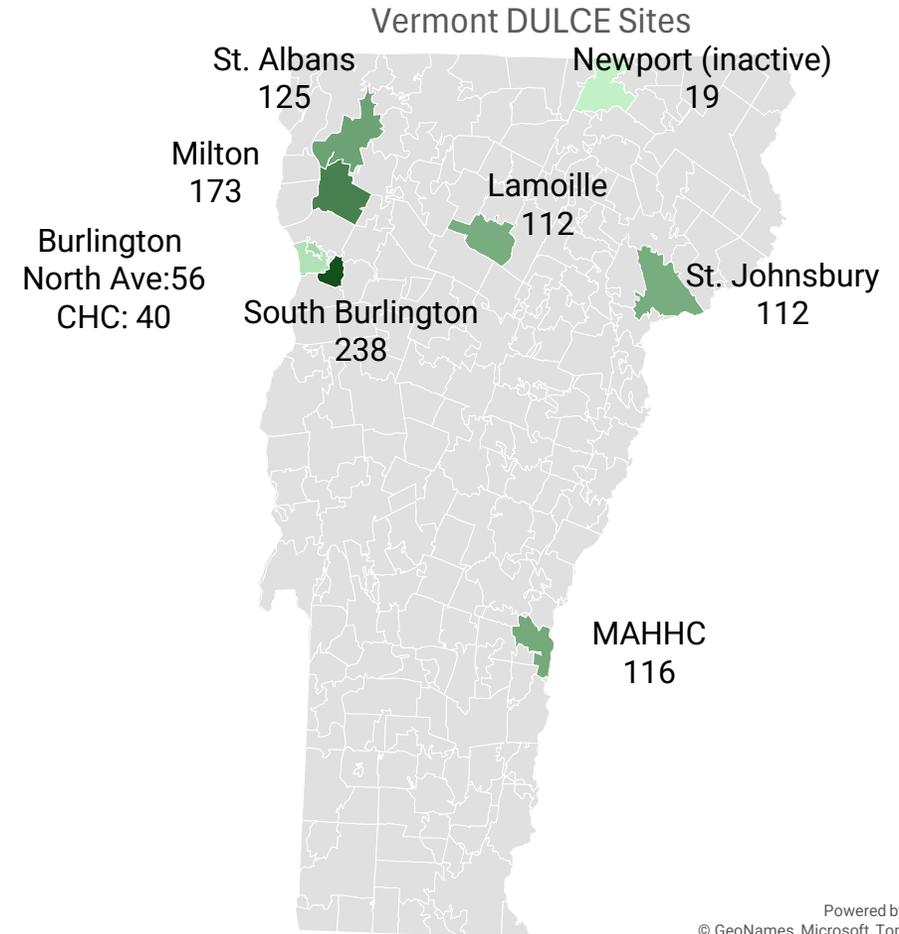
# DULCE Data

October 1, 2024-September 30, 2025



# Families Served

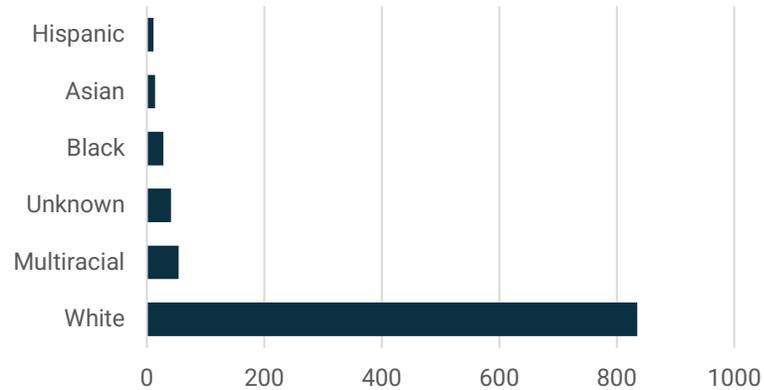
- **94%** acceptance rate
- **991** families served
  - Households
    - 2031 adults
    - 1801 children
  - 19% of families did DULCE with prior child
    - 94% repeat rate



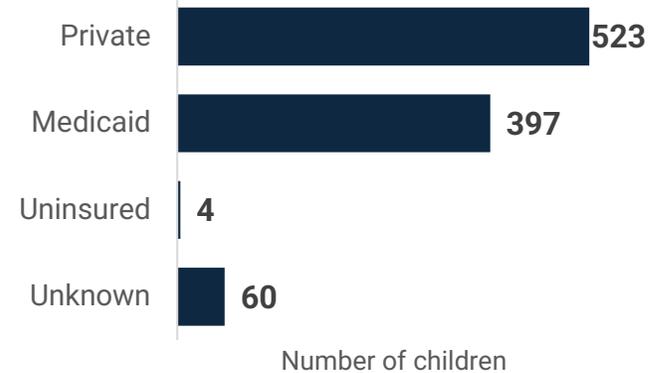
# Family Demographics

- 85% White
- 43% Medicaid
- 43 different languages

Race of Baby



Baby's Insurance



# Health Related Social Needs Screening

- 89% of families screened for all 10 HRSN
- 31% had one or more positive screens
  - 97% of those with positive screen learned about resources
  - 75% of those with positive screen were connected to resources

## **DULCE screens for 10 health related social needs (HRSN)**

- Employment stability
- Financial security
- Food security
- Housing health and safety
- Housing stability
- Intimate partner violence
- Mental health
- Substance use disorder
- Transportation
- Utilities

# Services and Supports

## Routine Health Care Visits

- 93% of babies received all (5) routine health care visits
- 88% of visits occurred on time
- Family specialists attended 82% of visits

## Parental Supports

- 79% of families were connected to one or more parental supports
- 85% of caregivers had a primary caregiver
- 31% without a PCP were connected to one

# Family Advisory Council

- 14 parent leaders engaged
  - 5 newly joined
  - 10 phased out
- Flyer to support new parents
- Leadership opportunities
  - Making the Case for Family Engagement
  - Reach Out and Read and Nurturing Connections Forum
  - Health Equity Summit
  - Nurturing Parent Leadership

## FAVORITE RESOURCES

- Local **libraries** are a great place to connect with other parents, join story times and play groups, and borrow passes to nearby attractions.
- **WIC** provides food resources for the whole family.
- **Parent child centers** have a range of programs to support families, from playgroups to financial supports: <https://vtparentchildcenternetwork.org/>
- **Dad Guild** (<https://www.dadguild.org/>) and **Vermont Fatherhood** (<https://www.vermontfatherhood.org/>) are great ways for fathers to connect.

## WHO WE ARE

We are a group of Vermont parents who received support at our pediatrician's offices and now work to improve care for families as part of the DULCE Family Advisory Council. We created this brochure to support other parents.

For more information or to become a parent member of the council contact: [Rachel.Wallace-Brodeur@med.uvm.edu](mailto:Rachel.Wallace-Brodeur@med.uvm.edu)

The Health Resources and Services Administration, Department of Health and Human Services provided financial support for this publication and the Developmental Understanding and Legal Collaboration for Everyone (DULCE) program. The award provided approximately 70% of overall program costs which total \$1,000,000 per year over four years. The contents are those of the author. They may not reflect the policies of HRSA, HHS, or the U.S. Government.

## FRIENDS AND FAMILY WANT TO HELP

Use this checklist to identify what you would like help with and then text a photo of it to those who offer help.

## HELP LIST

Here are ways you can help:

- Start a Meal Train ([mealtrain.com](http://mealtrain.com))
- Contribute to my Meal Train  
Link: \_\_\_\_\_
- Do laundry
- Clean
- Grocery shop
- Hold my baby while I shower
- Do yardwork
- Walk the dog
- Venmo my diaper fund  
@ \_\_\_\_\_
- Run errands
- \_\_\_\_\_
- \_\_\_\_\_

## PARENTS SUPPORTING PARENTS OF NEW BABIES

FOR ALL CAREGIVERS OF NEWBORNS



“You don't need to be perfect to be a good parent. Be kind to yourself, lead with love, and reach out when you are overwhelmed. We have all been there.”

Parenting is hard. This is what we wish we knew when we had newborns.