

Dear Representatives,

I was an early adopter of mask-wearing. I worked in dusty conditions so I had cases of N95s on hand when the pandemic arrived in VT. I was ridiculed for wearing them when Dr. Fauci first told us not to. When he changed his mind, I continued to wear them, mostly because I enjoyed the anonymity.

But after researching the topic, and with decades of mask-wearing experience, I believe no one should be forced or compelled by law to wear them.

It is unhealthy to breathe the excess carbon dioxide waste inside of the masks. It is even worse for children to wear them during developmental stages when the psycho-social development of mammals requires the development of facial recognition cues. It likely will have lifelong mental health ramifications for children subjected to these unscientific masking measures.

Research has shown that while masks are useful in many applications involving particulate matter or droplets, and might outweigh the health risks, in the case of disease transmission they have no effect and may make matters much worse.

It also concerns me that the widespread mandated use of disposable masks causes great environmental harm. I still see masks from the pandemic washing up on beaches and littering pristine woodland areas. They inherently are not biodegradable and add to our microplastic problems.

Although I choose to continue to use masks when useful, I fully support freedom of choice, informed consent, and bodily autonomy in all medical and health matters. **No individual or governing body should be able to force any human being to be subjected to any medical procedure, device, or treatment for any reason.**

My mother, one of the few survivors of her family captured in Nazi Germany, would be rolling in her grave at the thought of forced medical implements.

None of it is born from science, sanity, health, or the ideals of our nation.

These mandates may have arisen from honorable yet misguided concerns, which are forgivable, but to continue such unscientific mandates is not.

Sincerely, Janet Sing

Janet Sing  
home 802-454-0134  
cell 802-559-2508  
[madcaphorse@protonmail.com](mailto:madcaphorse@protonmail.com)