



PFAS Health Effects

**House Committee on Environment
Vermont Department of Health
Mark A. Levine, MD Commissioner**

2/25/2025

Health Effects of PFAS

- Increases in cholesterol levels
- Immune effects: decreased antibody response to vaccines
- Pregnancy-induced hypertension and preeclampsia
- Developmental effects including decreased birth weight
- Cancer: kidney and testicular
- Effects on liver enzymes
- Other endocrine effects: thyroid, sex hormones

PFAS health effects may be especially harmful to fetal development



A single exposure during a critical period of development can have lifelong effects.

Per- and polyfluoroalkylated substances (PFAS) are a class of widely-used and stable chemicals

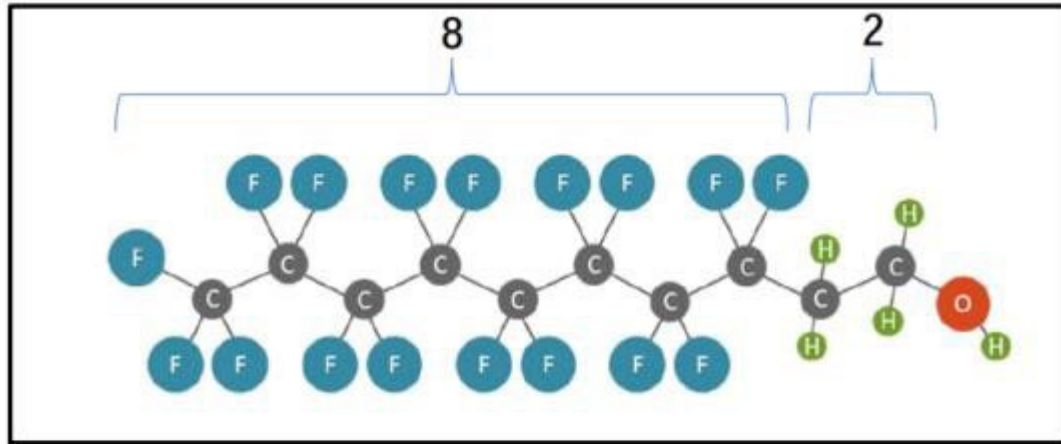


Figure 3. Example of a polyfluoroalkyl substance.

Source: M. Olson, Trihydro. Used with permission. PFAS-1, Figure 2-12.

[NamingConventions_PFAS_Fact Sheet_Sept2023_final \(itrcweb.org\)](#)

Thousands of PFAS chemicals are in commerce.

Little PFAS federal regulation exists; states have varying regulations.