



Robert Blaise

(My path to recovery)

My addiction started very early in life. It began with alcohol. I started drinking at an early age of 11. I drink all through my childhood into my teenage years and all through most of my adult life around the age of 27 I was introduced to opiates opiates, change my life for the worse Opiates took over my body my thinking. I was in and out of trouble in and out of jails do to mainly drinking until around 2015 I started using heroin

This drug made me do things I never thought was possible for me. While I was incarcerated at marble Valley in Rutland, Vermont I decided to attend a drug treatment class that the turning point of Rutland offered smart recovery that's where I met Tanya and Tracy and this is where I was introduced to a recovery coach jhon Howard we would meet once a week. When released for Treatment court I immediately went to the turning point and continued to see all 3 and met with Jhon on a regular basis we would go out for coffee or breakfast he helped mold my mind into thinking a different way. I've been able to stay away from drugs now for over 7 years. While in treatment court I was still struggling with alcohol it caused me to stay in the program longer and even got a DUI during this time. After graduating from the program in 2020 I still was struggling with alcohol addiction and as the years passed I started to get distracted with life and distant from Turning Point and Jhon I was slowly falling back into bad habits and continuing to think alcohol was a issue for me. And then in November of 2024 I had a rude awakening I once again got my self into trouble with the law and was incarcerated for 9 months while incarcerated I started doing some other classes and they helped reshape my thought process and beliefs. And once again I was offered treatment court but this time through the government courts this time I knew I would have to stay focused on the real problem and it's alcohol once again after my release on November 1st I was at the turning point in the first 24 hrs and this is where I met Michael Daily

He is my new recovery coach I just celebrated 1 yr from no alcohol on January 29th 2025. This time I'm more determined than ever to beat this addiction and I know it's not possible without the help and support from Turning Point and a recovery coach. I don't believe I'd be where I'm at now if I never went into that very first group at marble Valley and never met them beautiful people. I can't express just how much they help inspire and influence my life and others

