

State of Vermont House of Representatives



Montpelier, Vermont

Concurrent House Resolution

H.C.R. 165

Offered by Representative Lipsky of Stowe

House concurrent resolution honoring Micheline Lemay of Stowe for her outstanding outdoor recreation and mindfulness leadership

Whereas, as a University of New Hampshire (UNH) student, Michy Lemay majored in outdoor education and walked on to the extremely competitive ski team, and following her graduation from UNH, she earned a master's degree at the former Johnson State College, and

Whereas, her career has included employment as a mindfulness instructor at Mt. Mansfield Academy, and she is the co-owner and operator of Rugged Adventures Summer Camp in Stowe, which offers youngsters exciting athletic and nature-centered outdoor summer activities, and

Whereas, Michy Lemay has faced serious health challenges: first, a series of orthopedic setbacks, including five knee surgeries and 18 shoulder dislocations; and then in 2021, she received a breast cancer diagnosis, and

Whereas, she completed a vigorous cancer care regimen of surgery, chemotherapy, and radiation, and has participated in a hormone-free vaccine trial at Massachusetts General Hospital in Boston, and

Whereas, in response to these life-altering events, Michy Lemay has battled back, embarking on an extraordinary mindfulness journey as an alternative way of healing and finding personal peace, and

Whereas, on New Year's Day 2024, Michy Lemay commenced her most ambitious mindfulness odyssey: namely, a one-year, four-season mission to ascend one million feet up Mount Mansfield (the Mansfield Million) primarily on skis (skinning), but also via nonmotorized bicycling and hiking, a project she completed triumphantly on schedule, surpassing her million-feet goal, and

Whereas, another mindfulness foray was her leadership of the Lamoille Area Cancer Network's breast cancer awareness hike, and she has continued to lead similar fundraising initiatives, and

Whereas, Michy Lemay has not only blazed a dedicated path towards a healthier life regardless of enormous personal obstacles but has also served as an inspiring role model for the Stowe community, *now therefore be it*

Resolved by the Senate and House of Representatives:

That the General Assembly honors Micheline Lemay of Stowe for her outstanding outdoor recreation and mindfulness leadership, *and be it further*

Resolved: That the Secretary of State be directed to send a copy of this resolution to Michy Lemay.