

# State of Vermont

## House of Representatives



Montpelier, Vermont

### Concurrent House Resolution

H.C.R. 165

Offered by Representative Lipsky of Stowe

House concurrent resolution honoring Micheline Lemay of Stowe for her outstanding outdoor recreation and mindfulness leadership

*Whereas*, as a University of New Hampshire (UNH) student, Michy Lemay majored in outdoor education and walked on to the extremely competitive ski team, and following her graduation from UNH, she earned a master's degree at the former Johnson State College, and

*Whereas*, her career has included employment as a mindfulness instructor at Mt. Mansfield Academy, and she is the co-owner and operator of Rugged Adventures Summer Camp in Stowe, which offers youngsters exciting athletic and nature-centered outdoor summer activities, and

*Whereas*, Michy Lemay has faced serious health challenges: first, a series of orthopedic setbacks, including five knee surgeries and 18 shoulder dislocations; and then in 2021, she received a breast cancer diagnosis, and

*Whereas*, she completed a vigorous cancer care regiment of surgery, chemotherapy, and radiation, and has participated in a hormone-free vaccine trial at Massachusetts General Hospital in Boston, and

*Whereas*, in response to these life-altering events, Michy Lemay has battled back, embarking on an extraordinary mindfulness journey as an alternative way of healing and finding personal peace, and

*Whereas*, on New Year's Day 2024, Michy Lemay commenced her most ambitious mindfulness odyssey: namely, a one-year, four-season mission to ascend one million feet up Mount Mansfield (the Mansfield Million) primarily on skis (skinnying), but also via nonmotorized bicycling and hiking, a project she completed triumphantly on schedule, surpassing her million-feet goal, and

*Whereas*, another mindfulness foray was her leadership of the Lamoille Area Cancer Network's breast cancer awareness hike, and she has continued to lead similar fundraising initiatives, and

*Whereas*, Michy Lemay has not only blazed a dedicated path towards a healthier life regardless of enormous personal obstacles but has also served as an inspiring role model for the Stowe community, *now therefore be it*

***Resolved by the Senate and House of Representatives:***

That the General Assembly honors Micheline Lemay of Stowe for her outstanding outdoor recreation and mindfulness leadership, *and be it further*

***Resolved:*** That the Secretary of State be directed to send a copy of this resolution to Michy Lemay.