VTrans efforts to make Vermont safe and accessible for walking and bicycling

> PRESENTATION BEFORE THE SENATE COMMITTEE ON TRANSPORTATION WEDNESDAY, FEBRUARY 8, 2023

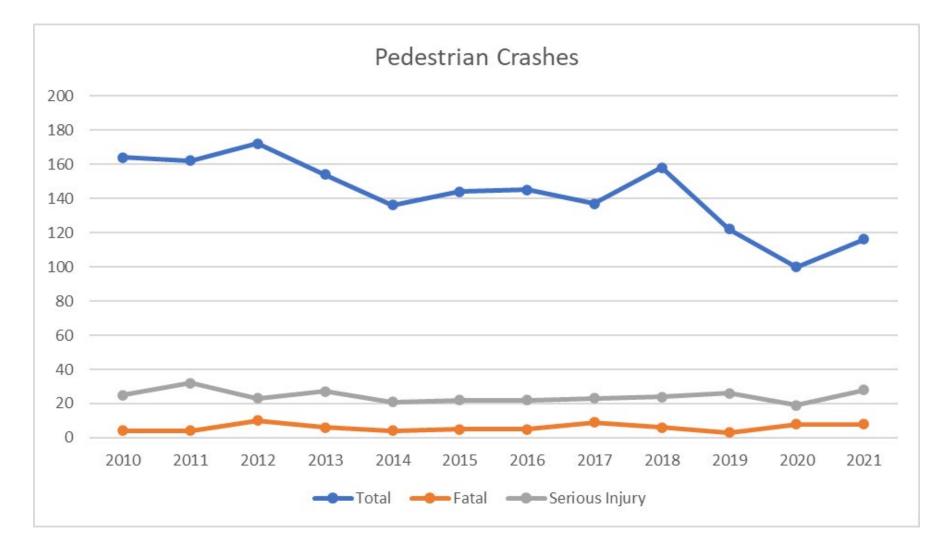
#### Overview

- Part 1 Context and Planning Efforts
- Part 2 Complete Streets, Projects, Expenditures
- Part 3 Safety, VT State Standards and Future state/wrap up

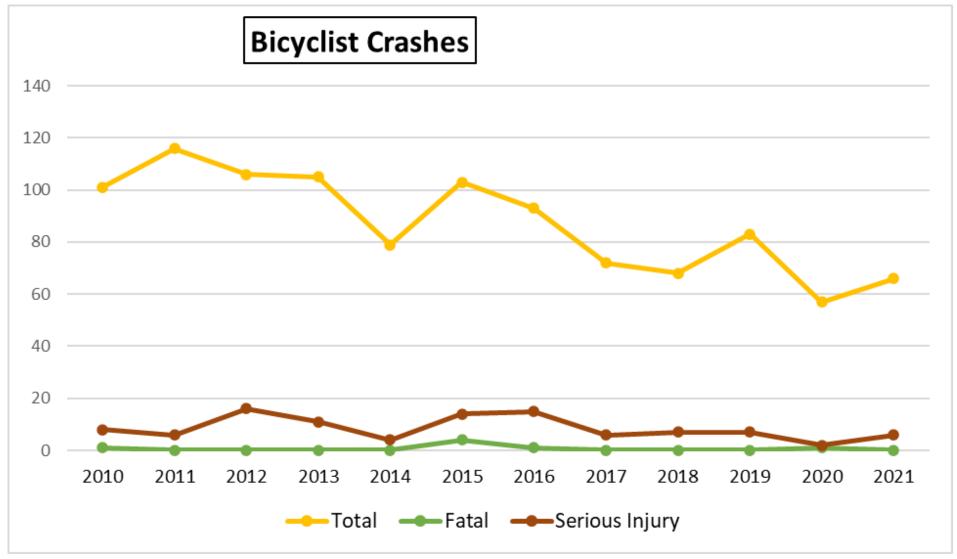
# Part 3 – Safety, Revise the VT State Standards and Future Direction

JON KAPLAN – BICYCLE AND PEDESTRIAN COORDINATOR KEVIN MARSHIA – ASSET MANAGEMENT BUREAU DIRECTOR

#### Safety – Pedestrian Crashes



## Safety Data – Crashes involving people bicycling



# Safety – Laws protecting people walking or bicycling

• Vulnerable User defined:

23 VSA §4(81) "Vulnerable user" means a **pedestrian**; an operator of highway building, repair, or maintenance equipment or of agricultural equipment; a **person operating a wheelchair or other personal mobility device**, whether motorized or not; a **person operating a bicycle** or other nonmotorized means of transportation (such as roller skates, rollerblades, or roller skis); or a person riding, driving, or herding an animal.

# Safety – Laws protecting people walking or bicycling

- Pass VRUs with "due care"
- May not "throw any object" at a VRU
- Motorists must yield to pedestrians in crosswalks
- Bicyclists have same rights and responsibilities as motorists



### Safety – Integration with other initiatives

• Strategic Highway Safety Plan – VRU focus area



Objective to reduce fatalities and serious injuries by the percentages noted.

#### Safety – Integration with other initiatives

- FHWA is requiring all state DOTs to conduct a Vulnerable Road User Safety Assessment
- Assessment of VRU safety and plan to improve safety
- Data driven
- "Prioritize VRU safety in <u>all Federal highway investments</u>"

## **Pedestrian Safety Trends**

#### Nationally, pedestrian safety is being highlighted

During this time, the rates of both driving and walking to work remained the same.



# What Makes Bicycling Safe?

Quality Infrastructure
Slow vehicle speeds
Education of all road users
Enforcement

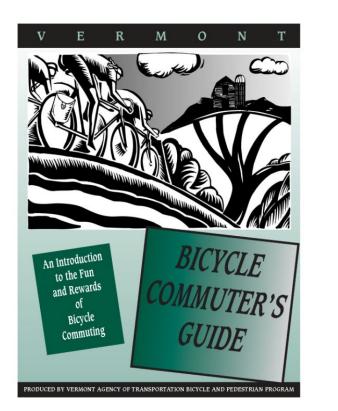


# Education - Safestreets.Vermont.gov

| VERMONT OFFICIAL STATE WEBSITE   | VERMONT  |
|----------------------------------|--|
| STATE OF VERMONT<br>Safe Streets | SEARCH   |
|                                  |  |
| Home                             | Welcome to the Safe Streets Vermont Resource Page  |
| Toolkits                         | This is a FREE resource for police departments, municipalities, school groups and concerned community members who want to improve the safety of people on foot and on bike in their communities.   |
| Resources                        | Our goal is to provide communities with strategies, resources and support to launch their own Safe Streets initiatives. We offer a   |
| Trainings                        | helpline, toolkits, publications, trainings and consultations. We are looking forward to working with you.   |
|                                  | Want to reach our Walk/Bike Community Safety Helpline to get some suggestions for how to support your community's walk/bike safety efforts, or to order resources? Fill out this form: <u>http://bit.ly/Safe_Streets_Order_Form</u> OR call us here: 802-851-ROAD (7623) |
|                                  |  |
|                                  |  |
|                                  | BE BRIGHT  |

AT NIGHT

### **Education - VTrans Safety Publications**





**BIKE DRIVER CHECK LIST** READY Wear Your Helmet "Eyes, Ears, Mouth" SET \*\* \* **Bright clothes** 

Tuck loose laces & pant cuffs ABC Quick Check

GO! **Know Road Rules**  Stop at the end of the driveway • Drive your bike on the right with traffic Stop at all stop signs & red lights. · Look, signal, & look again before turning Use lights if biking at night \* \*

KERMONT VTrans Bike/Ped Program

#### HOW TO HELP YOUR CHILD BECOME A CONFIDENT AND COMPETENT RIDER

A PARENT'S GUIDE TO

**ESSENTIALS** 



SAFE BICYCLING







# Outreach

- Facebook messages
- Twitter
- VT Highway Safety Alliance
- VT Department of Health

# Partnerships – Local Motion

- BikeSmart on-bike training 50+ Schools/organizations
- Safe Routes to School 30+ Schools
- Everyday bike training 20+ events
- Broad outreach/social media



# Local Motion – By the Numbers

- Bike Smart 10,000 students per year
- Safe Routes to School 8,000
   10,000 community members
- Everyday Bicycling 400 people a year



## Watch For Me VT – VDH Project

- Provide a helpline, toolkits, publications, trainings and consultations to support community initiatives
- Series of safety videos
- Assist in the Strategic Highway Safety Plan on Pedestrian and bicycle safety
- Have reached 14,000+ people in past year. In this past grant year, 7,967 people visited the websites by the program at VDH – Safe Streets VT, Smart Streets VT and the Road User Safety Page.



# **Bike and Ped Safety Videos**

 Local Motion/Ski Rack produced -<u>https://www.localmotion.org/tips\_tricks\_videos</u>



BIKE RENTALS - BIKE FERRY RESOURCE

HOME / RESOURCES / VIDEOS

Local Motion Videos

#### **Everyday Biking Basics 101**

These videos are brought to you by Local Motion with support from our partners VTrans and CCRPC.

#### How to fit your bike helmet

A properly fitted bike helmet will keep your head safer during a crash or fall. In this video we talk about the three main helmet areas to adjust to fit your helmet to your head.



How to stop and start safely on a bike

Let's start at the beginning! In this video we talk about tips for getting on your bike, keeping your balance while you start to pedal, and how to safely stop.

# VTrans YouTube Channel

- Use of Green Bike Lanes
- Safety at pedestrian signals



# Ebikes

#### •Class 1 – Pedal Assist, max. assist at 20 MPH

•Class 2 – Throttle option, max. assist at 20 MPH

Class 3 - Pedal Assist, max.
 assist at 28 MPH (≥ 16 to ride)



# **Ebikes and Safety**

- •Developing a hanger provided free to bike shops spring 2023
- Research best practices for safety education
- •Consider the impact of Ebikes on design e.g. wider lanes



#### Grant Opportunities for Municipalities

- •Bicycle and Pedestrian Program
- •Transportation Alternatives
- Downtown Transportation Fund
- Better Connections
- •Town Highway Grants

## Update to the VT State Standards

- What are the VSS and how do they relate to bike/ped
- 2022 T-Bill requires VTrans to report on a plan
- Basis will be M2D2 (outcome of Smart Growth America effort in 2015)
- Will rely heavily on current national guidance (AASHTO Green Book, NACTO, FHWA, etc.)
- Goal is integrating all design guidance into single document

### Conclusion re: Integration across Agency

- How do these different pieces fit together
- What does it look like moving forward?

# **Questions / Comments?**