

**From:** Decriminalize NatureVT <[decriminalizenaturevt@gmail.com](mailto:decriminalizenaturevt@gmail.com)>

**Date:** March 4, 2024 at 6:38:16 PM EST

**To:** [kcarasi-schwartz@leg.state.vt.us](mailto:kcarasi-schwartz@leg.state.vt.us), [mgulick@leg.state.vt.us](mailto:mgulick@leg.state.vt.us), Bobby Farlice-Rubio <[BFarliceRubio@leg.state.vt.us](mailto:BFarliceRubio@leg.state.vt.us)>, [ctroiano@leg.state.vt.us](mailto:ctroiano@leg.state.vt.us)

**Subject:** Fwd: Decriminalization support

Hello,

My name is Shawn Straffin and I am the appointed Vermont state leader for Decriminalize Nature. Please refer to our facebook page Decriminalize Nature VT. Attached below is one of a couple hundred testimonials from Vermonters in favor for the decriminalization of Psilocybin and plant medicines. Please let me know where to send all of these testimonials plus all 700 signatures gathered by the change.org petition for the "decrim" portion of S.114.

Thank you

~Shawn

Plant rights lobbyist and Vermont point person  
DecriminalizeNatureVT

Begin forwarded message:

**From:** Jodi Whalen <[jodi.whalen@gmail.com](mailto:jodi.whalen@gmail.com)>

**Date:** February 12, 2024 at 1:53:13 AM EST

**To:** [decriminalizenaturevt@gmail.com](mailto:decriminalizenaturevt@gmail.com)

**Subject:** Decriminalization support

I'm writing to express my support for the decriminalization of plant and fungi medicine in Vermont.

I'm a 56 year old woman, the former co-owner of August First Bakery in Burlington. I first used plant medicine at an ayahuasca retreat in 2020 to help me overcome PTSD. The results were life changing, and opened me up to using and appreciating plant and fungi medicine.

Since that experience, I have been using psilocybin mushrooms, mostly in microdose form, to help maintain psychological balance and to help manage PTSD and ADHD. Microdosing, for those who have experienced it, is a way of consuming psilocybin in a natural form without any psychoactive experience. You can take it and go to work, care for your kids, drive a car, etc. It's absolutely no different than taking a pharmaceutical anti-depressant.

Why dl've taken both in my life, and the mushrooms provide a more even, natural

Here is a link to an interview I gave about my experience with ayahuasca:

<https://www.sevendaysvt.com/arts-culture/some-vermonters-turn-to-ayahuasca-as-a-last-resort-to-heal-their-bodies-and-minds-32812290>