## **MVP Health Care Government Affairs**

Impact Analysis: H.766 Sections 2(b) and (3)

April 3, 2024

Added Costs for Vermonters—Every \$1.00 that MVP spends on prior authorization saves its members at least \$5.00 dollars in unnecessary, wasteful, and/or avoidable costs. H.766 Sections 2(b) and (3) would erode those member protections and savings, exposing Vermonters to higher premiums and out-of-pocket costs—without providing any corresponding patient/consumer value, such as increased access, affordability, quality or better outcomes.

*Premium Increases*—H.766 Sections 2(b) and (3) would cost MVP's 27,000 Vermont commercial members upwards of \$9 million in 2025. This would add an estimated 3% to premiums on top of any other necessary rate increases.

| ~ 3 Percent (\$375 Per Member Per Year) Premium Increase Due To |         |     |            |                      |                 |             |  |
|---|---------|-----|------------|----------------------|-----------------|-------------|--|
| Higher utilization of costly, inappropriate services            |         |     |            | Implementation Costs |                 |             |  |
| T   |         |     | all        | $\times$             | £               |             |  |
| DME   | Imaging | Lab | Procedures | IT Config            | New<br>Policies | Added Labor |  |

*Out-of-Pocket Costs*—H.766 Sections 2(b) and (3) would also expose MVP's Vermont members to significantly higher out-of-pocket costs.

- Most Vermont commercial enrollees are in deductible plans, and commercial payers pay much higher prices than Medicaid.
- Today, PA ensures that more cost-effective alternatives are considered first, but under H.766 Section 3, MVP's members will incur significantly higher out-of-pocket costs because evidence-based, lower-cost alternatives are no longer prioritized as part care delivery.

|                              |                                     | Medicaid* | Commercial**       |
|------------------------------|-------------------------------------|-----------|--------------------|
| Popofit Docian               | Annual Premium (single only plan)   | \$0       | \$9,039.96         |
| Benefit Design<br>Comparison | Out-of-Pocket (OOP)                 | \$3 copay | \$9,400 deductible |
| Companson                    |                                     |           | 50% coinsurance    |
|                              | Service reimbursement (MRI - 70552) | \$240.59  | \$1,651            |
| Example:                     |                                     |           |                    |
| Head Scan                    | Requires prior authorization?       | No        | Yes                |
| (MRI vs. CT)                 | Cost of evidence-based a            | \$699     |                    |
| (                            | Net Member OOP Cost Increa          | \$952     |                    |
|                              |                                     |           |                    |
|                              | Service reimbursement (CT - 74160)  | \$207.47  | \$1,191            |
| Example:<br>Abdomen Scan     | Requires prior authorization?       | No        | Yes                |
| (CT vs. Ultrasound)          | Cost of evidence-based alternativ   | \$506     |                    |
|                              | Net Member OOP Cost Increa          | \$685     |                    |

References

- Commercial plan design for illustrative purposes: MVP VT Bronze 4 Standardized and Integrated High-Deductible

<sup>-</sup> Vermont Medicaid benefit design from https://dvha.vermont.gov/members/medicaid

<sup>- 2024</sup> QHP Plan Design and Rates from https://info.healthconnect.vermont.gov/sites/vhc/files/documents/2024 PlanDesigns FinalRates.pdf

Added Complexity—MVP believes that H.766 Sections 2(b) and (3) would add, not lessen, administrative complexity for providers. MVP has thousands of New York members that receive care from Vermont providers. MVP will not apply these changes to its New York business, even when seeing a Vermont provider. So, providers will now follow two separate sets of payment and prior authorization policies for MVP's members based on where the member's coverage is issued.

**Market Impacts**—H.766 will not apply to non-state regulated "self-funded" coverage options. So, the bill's costs will worsen a decade-long trend of employers leaving state-regulated health insurance markets in search of more affordable options. As Vermont's regulated markets continue to erode, consumers have less choice, fewer coverage options, and their per-member costs increase because of a shrinking risk pool.



Source: Langwell, Nolan. (2023). Health insurance overview [PowerPoint slides]. Retrieved from <u>Health Care Finance</u> <u>101 (New Member Orientation) (vermont.gov)</u>

**Market Sustainability**—Contrary to oft-cited perspectives about health insurers' profitability, Vermont's stateregulated commercial health insurance markets have experienced sustained and substantial operating losses. Since 2018, the health insurers have lost a collective \$80 million (net operating income) serving these Vermontregulated markets.