



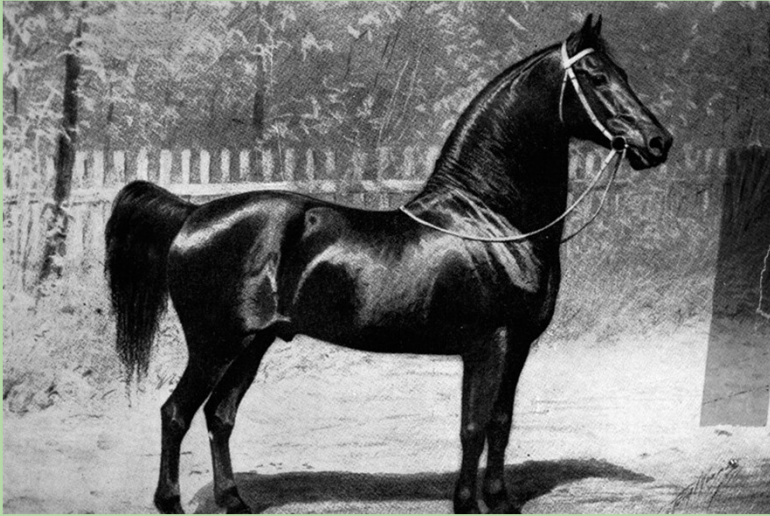
# Vermont needs a State Mushroom: *Bear's Head Tooth is the best choice.*



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**VERMONT STATE SYMBOLS:**

**Represent VT, but sometimes other states too**



# Why is *Hericium americanum* (Hedgehog of the Americas) a good choice to represent Vermont?



- It looks like things found in nature in Vermont and is found in nature in Vermont

- Chosen by students at two Vermont Schools
- It is native to VT and only found in the northeast US



- It grows on trees in VT & has lots of trees
- It has the name America in it! Vermont is in America and so is this mushroom

**Bear's Head Tooth is very distinctive, has no toxic lookalikes.**



**Bear's Head Tooth can be foraged in the woods or cultivated at home**

**It has medicinal qualities. Hericium mushrooms have been used in traditional medicine around the world**

# State Mushrooms

- Five others have them already.
- Five states have proposed states mushrooms being considered.
- *We could be the 6th state to have a State Mushroom!*

Texas 2021



Texas has the **Texas Star Mushroom**.

Bear's Head Tooth is common in the Autumn in Vermont.

It is very rare: it hisses when it releases spores

My school wanted a mushroom that is more common in Vermont & healthy too.

Bear's Head Tooth 2024 ?

Vermont 2024?



**Bear's Head Tooth**

California 2023



**Golden Chanterelle**

Utah 2023



**Bolete/ Porcini**

Oregon 1999



**Pacific Golden Chanterelle**

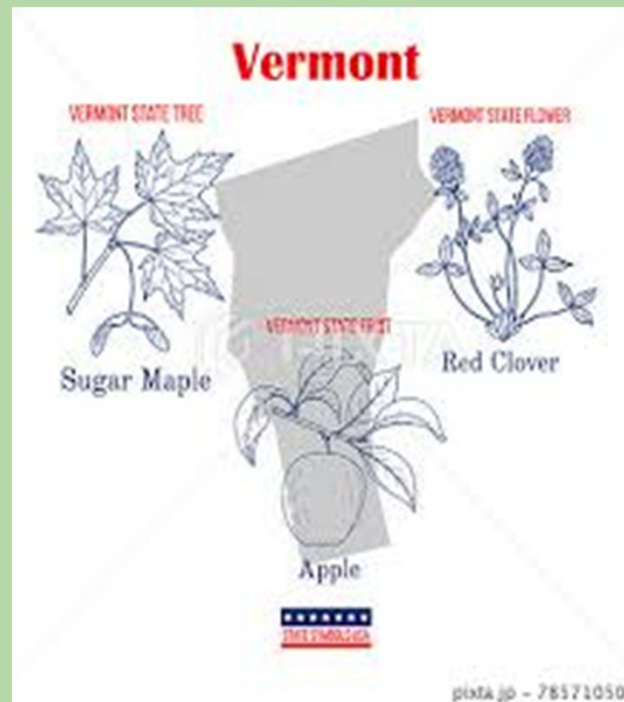
Minnesota 2010



**Morel**

# Bear's Head Tooth, *Hericium americanum*, a new symbol for VT

My family have farmed  
In Vermont since the late  
1700's. We have farm stands  
in Manchester, Newfane and  
Brattleboro. We sometimes  
sell mushrooms. I hope we  
sell Bear's Head Tooth one day.



Any questions ?

I hope you enjoyed this slide show

