

Complete Streets

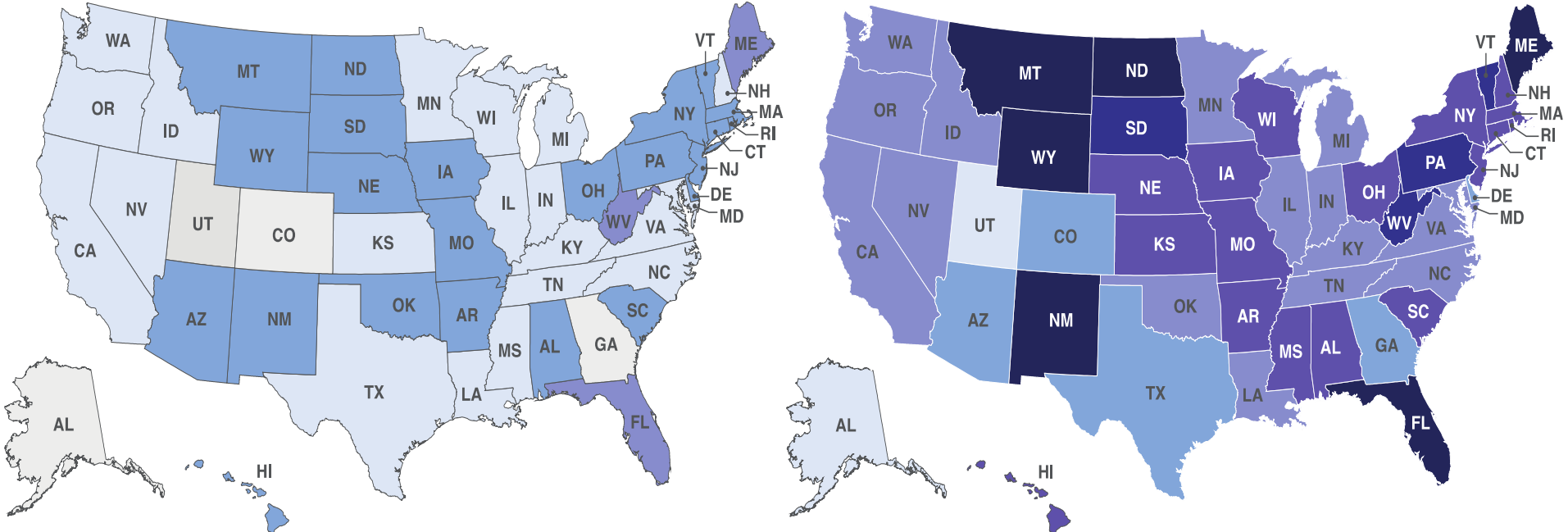
Livable Communities



America is aging

2015

2030



PERCENT OF POPULATION AGE 65+

| | | | | | | | |
|------|---------|---------|---------|---------|---------|---------|-------|
| 0-10 | 10-12.5 | 12.5-15 | 15-17.5 | 17.5-20 | 20-22.5 | 22.5-25 | 25-27 |
|------|---------|---------|---------|---------|---------|---------|-------|

Source: US Census


Are communities ready?



American homes have traditionally been designed and built for able-bodied 35 year olds.



For the past 50 years, communities have developed around motor vehicles as the principal form of transportation.



Survey after survey finds that
today's older adults
want to stay in their
community

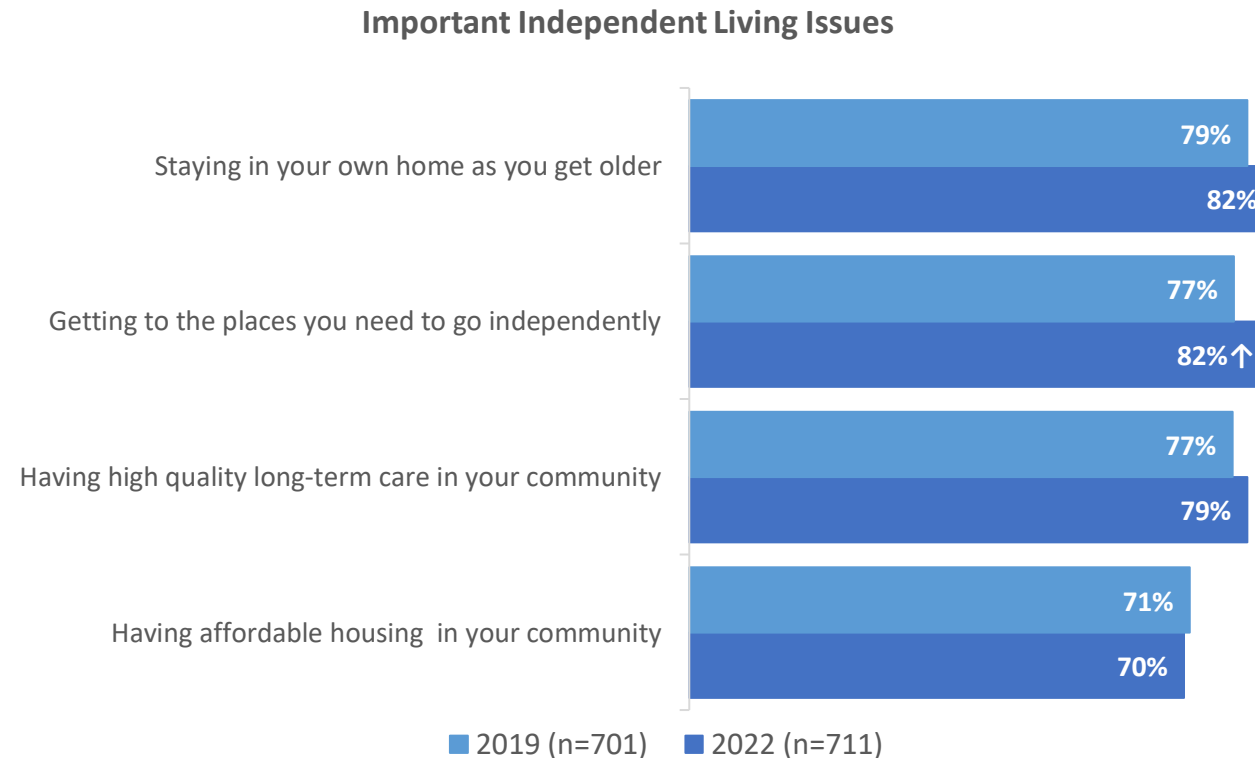
80%

of adults ages 45+
agree or strongly
agree with the
statement: "What I'd
really like to do is stay
in my current
community for as
long as possible."

For the past 50 years, communities have
developed around cars and other motor
vehicles as our **principal form of
transportation**

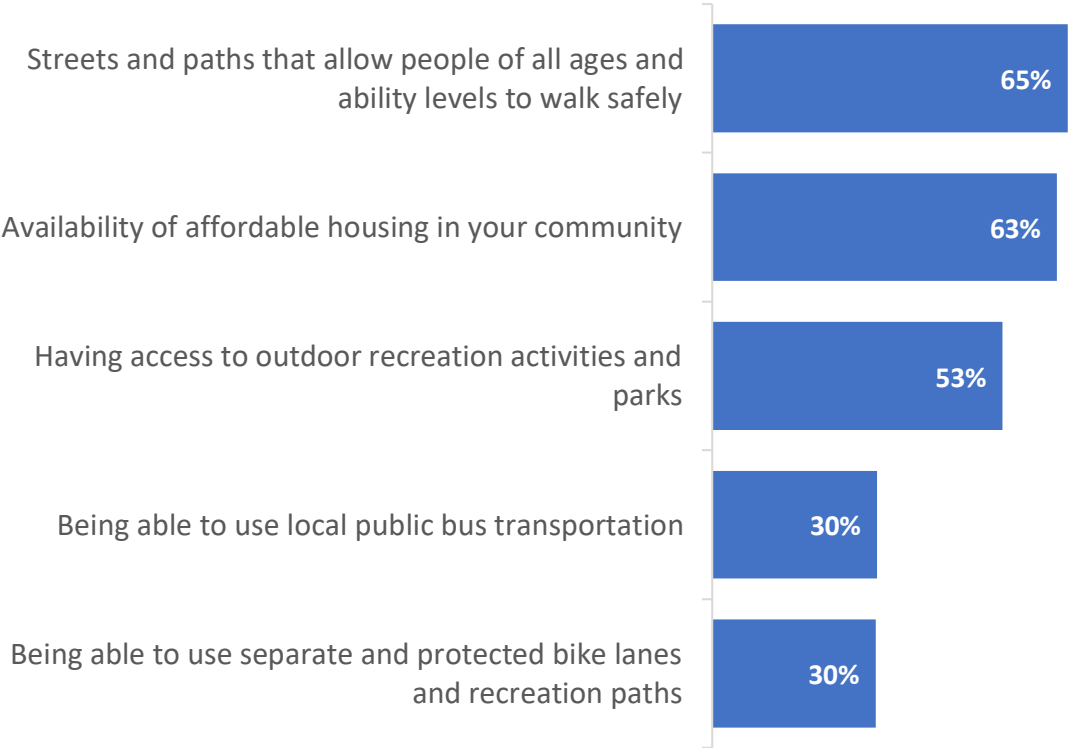
July 2022 AARP Vital Voices Survey – 711 Vermont Residents

While aging in place remains extremely or very important to four in five (82%) Vermont residents age 45+ in 2022, importance of getting to the places they need to go independently increased significantly since 2019 - from 77% to 82%.



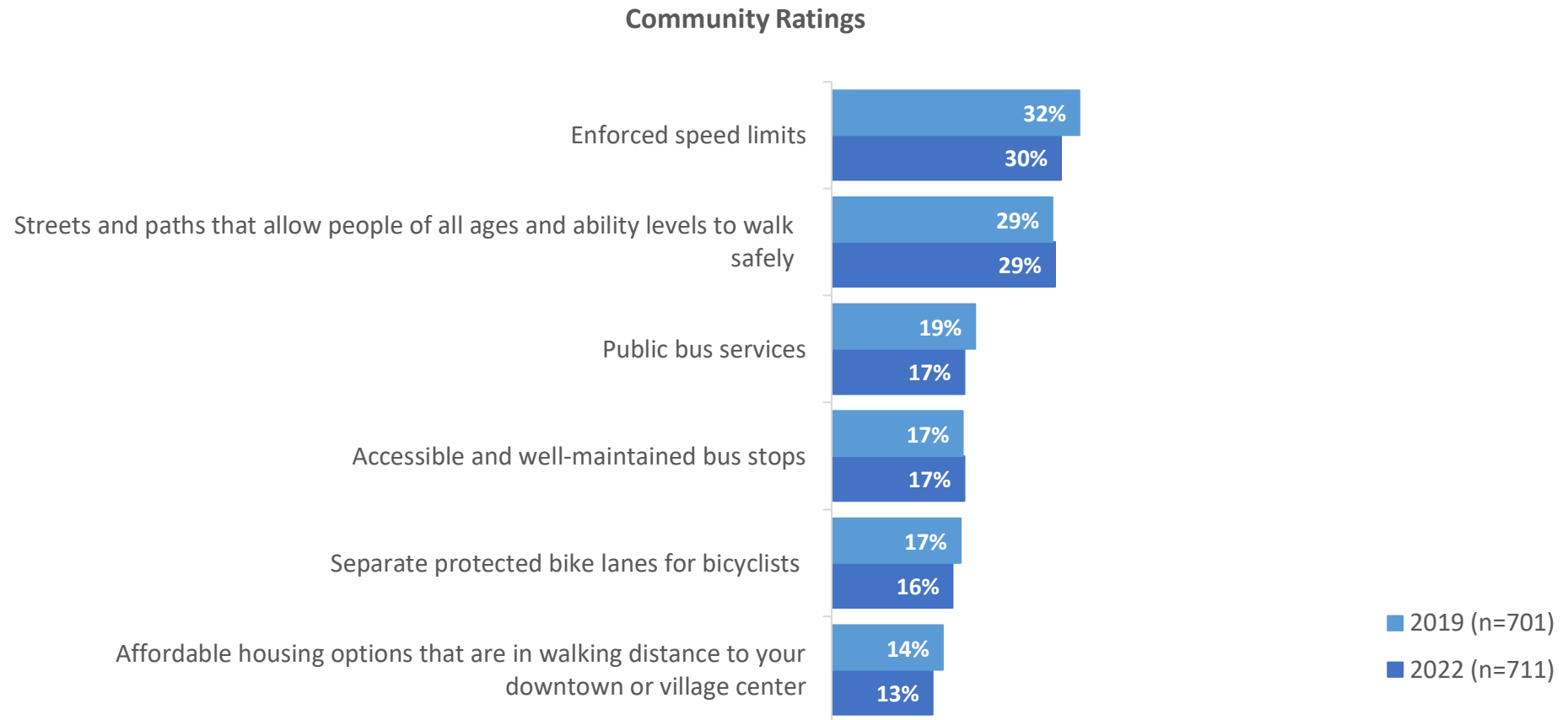
Safe streets and paths are extremely or very important to nearly two-thirds (65%) of Vermont residents age 45+, as well as availability of affordable housing (63%).

Important Livable Community Features



11. For the following list of issues, please indicate how important each is to you personally. (Percent 'extremely important' or 'very important') (n=711)

Vermont residents age 45+ provided mixed ratings for transportation in their community, with no significant changes compared to 2019.



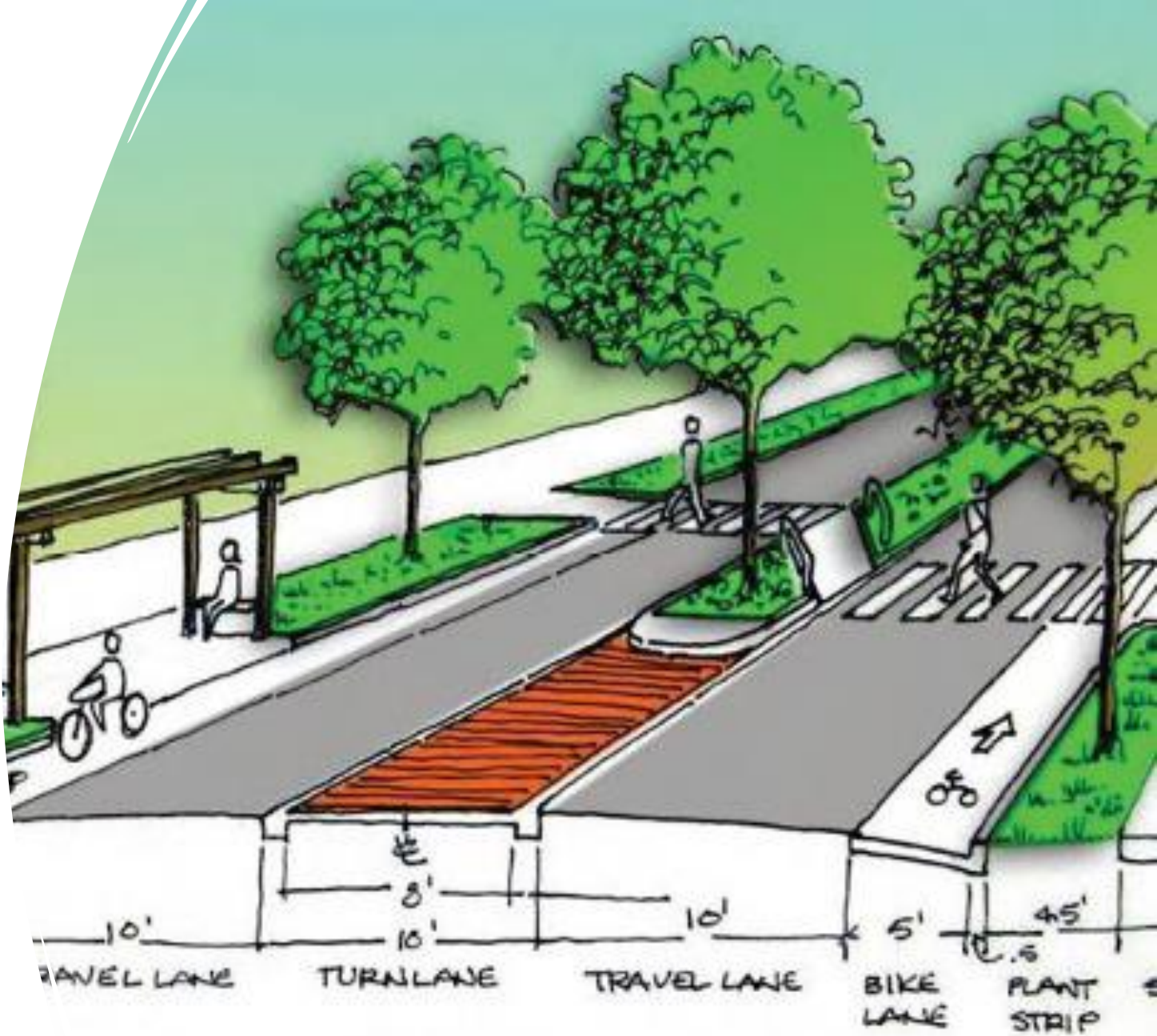
Millennials and **baby boomers**
want walkable, mixed-use neighborhoods.

Age
doesn't
define us



Complete Streets Statute 2011.

Roadways designed to safely accommodate all users of all ages: pedestrians, bicyclists, motorists, and bus riders



Complete Streets in Action



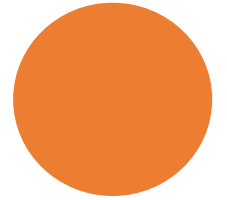
Complete Streets - Benefits



- Non-drivers need ways to safely get around
- Climate change
- Land Use
- Public Health – Healthy Active Living
- Economic vitality

Reducing Speed – Increasing Safety

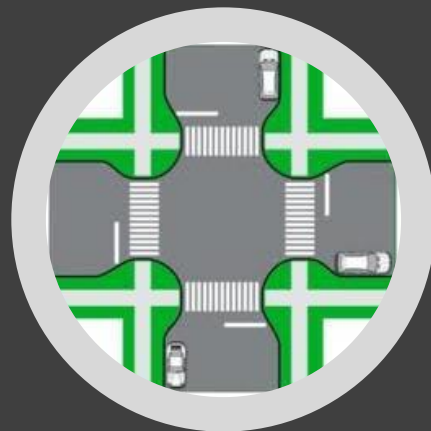
- Narrow travel lanes with fog lines
- Hinesburg has now painted three town roads with 9' travel lanes
- Village or City-wide speed limits
- Winooski has long had a 25mph city-wide speed limit
- Burlington approved a 25mph city-wide speed limit in 2011



Bike Strategies



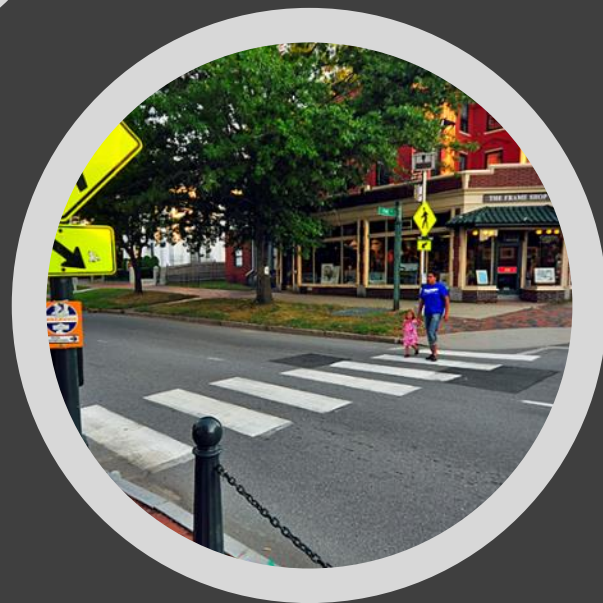
- Separated from traffic
- Can be one-way or two-way
- Gives additional comfort to less advanced cyclists
- Intersections must be well designed



Connectivity: Intersections & Street Crossings

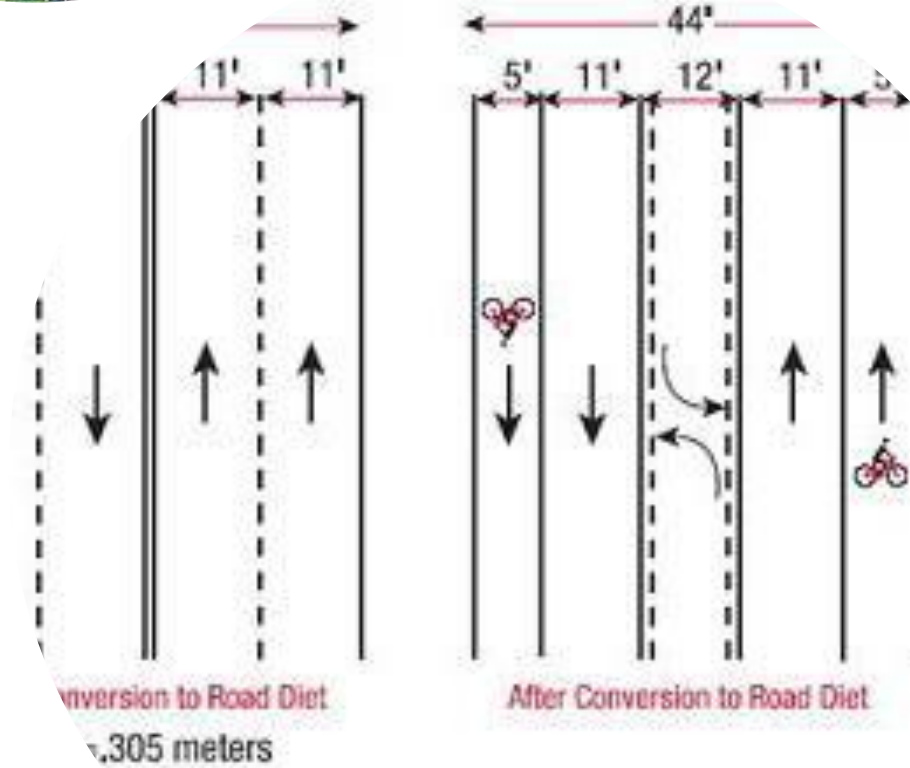
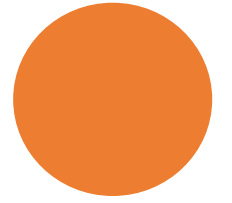
Intersections and Street Crossings

- Bulb Outs / Curb Extensions
- Pedestrian islands
- Count down signals
- Raised mid-block crosswalks



Right-sizing the road / Road diets: 4-to-3 lane conversions

- Delivers benefits for drivers, cyclists and pedestrians
- Relatively low-cost
- Can be done on some roads with up to 20,000 vehicles / day



Public Transit



- Shelters, benches
- Shade trees
- Solar lighting
- Crosswalk placement
- Pull offs / combined with bike lanes
- Bike parking

Northfield, VT

- Low-Cost Demonstration Projects to test out long-term change



Parade

Connections: Take a Walk to Dog River Park

**NORTHFIELD
COMMON
CONNECTIONS**

AARP Real Possibilities in
Vermont



Photo Credit: Lydia Bright

Opportunities to advance Vermont's Complete Streets Policy Recommendations September 2022

Short-term recommendations **Improve Complete Streets Implementation**

- 1 | Adopt an internal VTrans Complete Streets policy
- 2 | Make existing Complete Streets data public
- 3 | Provide training and resources to localities
- 4 | Use Revising the Vermont State Standards (VSS) to inform the plan to update the Vermont State Standards

Long-term recommendations **Improve Complete Streets Legislative Policy**

- 1 | Update state CS statute

An aerial photograph of a town and a large lake at sunset. The sun is low on the horizon, casting a warm glow over the scene. The lake is in the center, surrounded by a town with various buildings and houses. In the foreground, the roof of a large building with two prominent domes is visible. The domes are made of stone and have a cross on top. The sky is a mix of orange, yellow, and blue.

Thank you!

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