Vermont HCBS-COI Updates

House Human Services Committee April 11, 2024



Federal Requirements for Medicaid COI

To protect the rights of participants, organizations can't deliver both HCBS direct services and HCBS case management*

(*with some very rare exceptions)

Functions that must be independent from direct service delivery:

- Eligibility evaluations/determinations
- Needs assessments
- Development of the person-centered plan (including service referrals)
- Oversight of the service delivery

And the people delivering those functions must not have other conflicts:

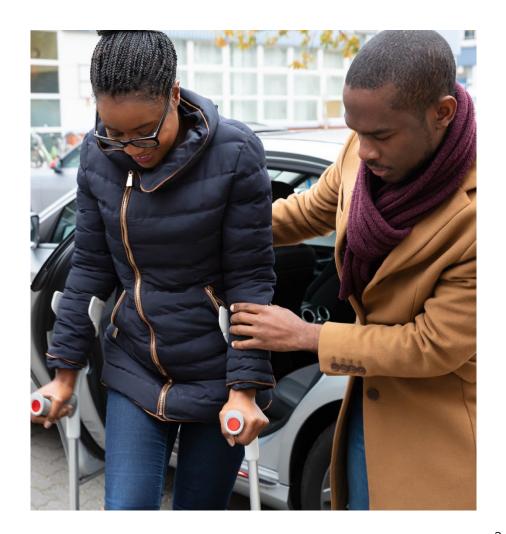
- May not be a family member of the participant or a paid caregiver
- May not have legal power to make financial or health-related decisions
- May not be financially responsible for the participant
- May not have a financial interest in organization(s) paid to provide services

Federal Regulation: 42 CFR § 441.730(b)

CMS Corrective Action Plan

Major milestones

- HCBS-COI Advisory Committee: Feb 2023
- **HCBS System Assessment:** May 2023
- HCBS-COI Structural Options: August 2023
- Draft Recommendations Public Comment:
 December 2023-January 2024
- Reimbursement/financial modeling: 2023-2024
- Implementation Planning: Throughout 2024
- **Implementation:** May 2025-April 2026



Principles of the VT COI Redesign

Vermonters who need home and community-based services will have equal opportunity to:

- Learn about service and support options from a neutral, trusted source.
- Access publicly-funded services through an easy-to-use, unbiased and equitable process.
- Be empowered and supported to make informed choices about a range of available services and supports and who delivers them, such as opportunities to live at home or in the community.
- Participate in person-centered services that respect and encourage self-determination, independence, growth, dignity and individual preferences and goals.
- Feel confident about the quality of services and supports, including the focus on individual health and welfare, integration and coordination of care, and participants' rights.



Recommendations

Developmental Services:

Vermont will pursue statewide competitive contract(s) with one or more organizations to deliver case management for the DS system.

Brain Injury Program:

Vermont will pursue statewide competitive contract(s) to deliver case management for participants in BIP, along with the DS program.

Choices for Care:

The five current Area Agencies on Aging (AAAs) will provide case management for all CFC participants.

Recommendations: Developmental Services

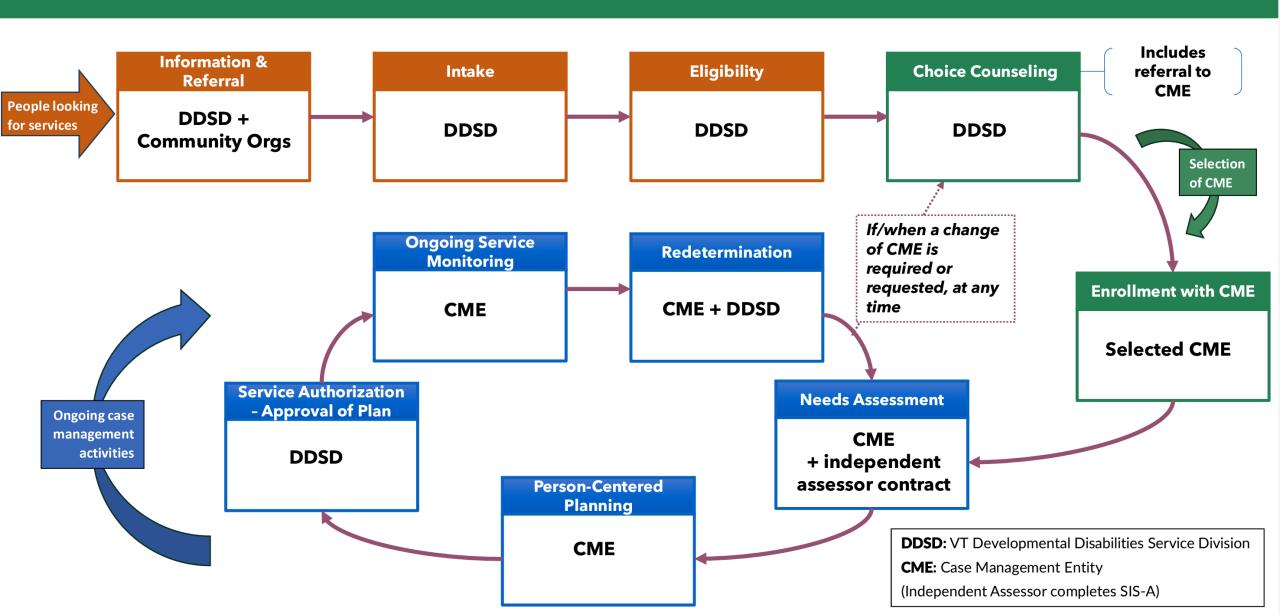
Vermont will pursue statewide competitive contract(s) with one or more organizations to deliver case management for the DS system.



What does this mean?

- The State will release a Request for Proposals for different agencies to apply.
- The State will decide which case management agencies will work best for people who receive Developmental Services and give those organizations contracts.
- Depending on who applies, there could be more than one agency for people to choose from.
- Current providers of DS will continue to deliver home and community-based services (HCBS), except for service coordination (case management).
- The changes will start during May 2025 and will be complete by May 2026.

DS: Proposed CM Functions/Roles



Developmental Services: Why this solution?

- Meets federal requirements and creates clear boundaries to eliminate conflict of interest.
- Aligns with the goals and principles for Vermont's HCBS-COI effort.



- Easy solution for individuals and families to understand and navigate.
- Statewide contracts offer more consistency and equity across different parts of the State.
- If more than one contract is awarded, offers individuals choice of case management entities.
- Allows the state to oversee quality and performance.

Recommendations: Brain Injury Program (BIP)

Vermont will pursue statewide competitive contract(s) to deliver case management for participants in BIP, along with the Developmental Services (DS) program.

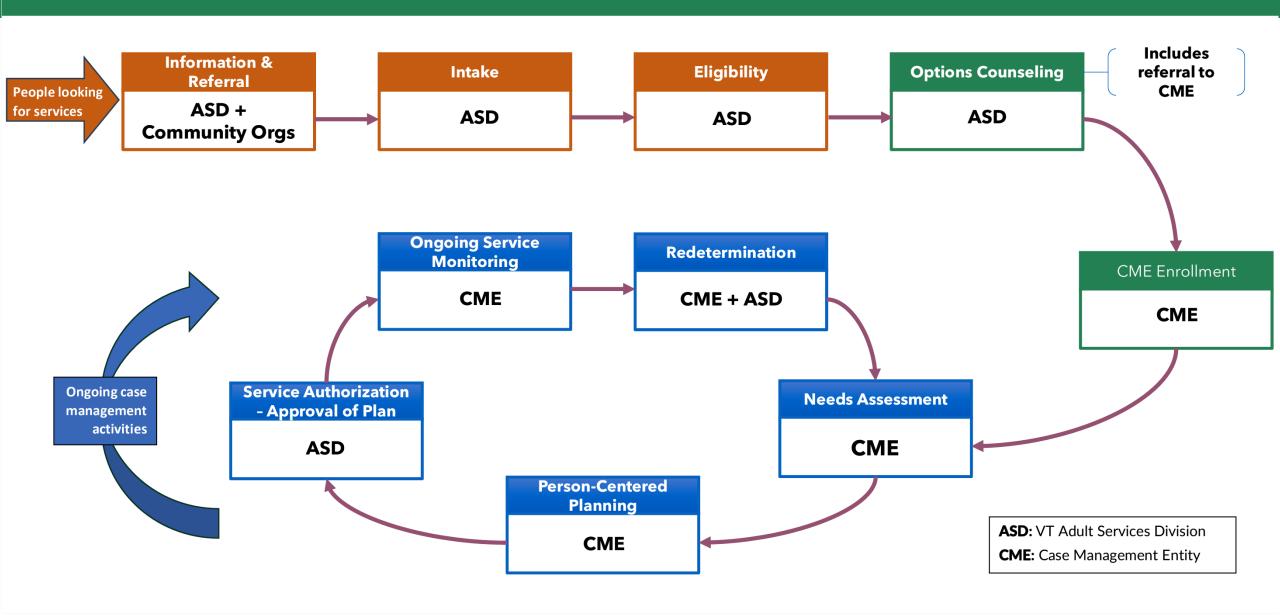


What does this mean?

- The State will hold a contest between different agencies to apply.
- The State will decide which case management agencies will work best for people who
 receive Brain Injury Program Services and Developmental Services, and give those
 organizations contracts.
- Current providers of BIP services will continue to deliver home and community-based services (HCBS), except for service coordination (case management).
- The changes will start during May 2025 and will be complete by May 2026.

Vermont HCBS-COI Recommendations

BIP: Proposed CM Functions/Roles



Brain Injury Program: Why this solution?

- Meets federal requirements and creates clear boundaries to eliminate conflict of interest.
- Aligns with the goals and principles for Vermont's HCBS-COI effort.



- Easy solution for individuals and families to understand and navigate.
- Statewide contracts offer more consistency and equity across different parts of the State.
- Allows the state to oversee quality and performance.

Recommendations: Choices for Care (CFC)

The five current Area Agencies on Aging (AAAs) will provide case management for all CFC participants.

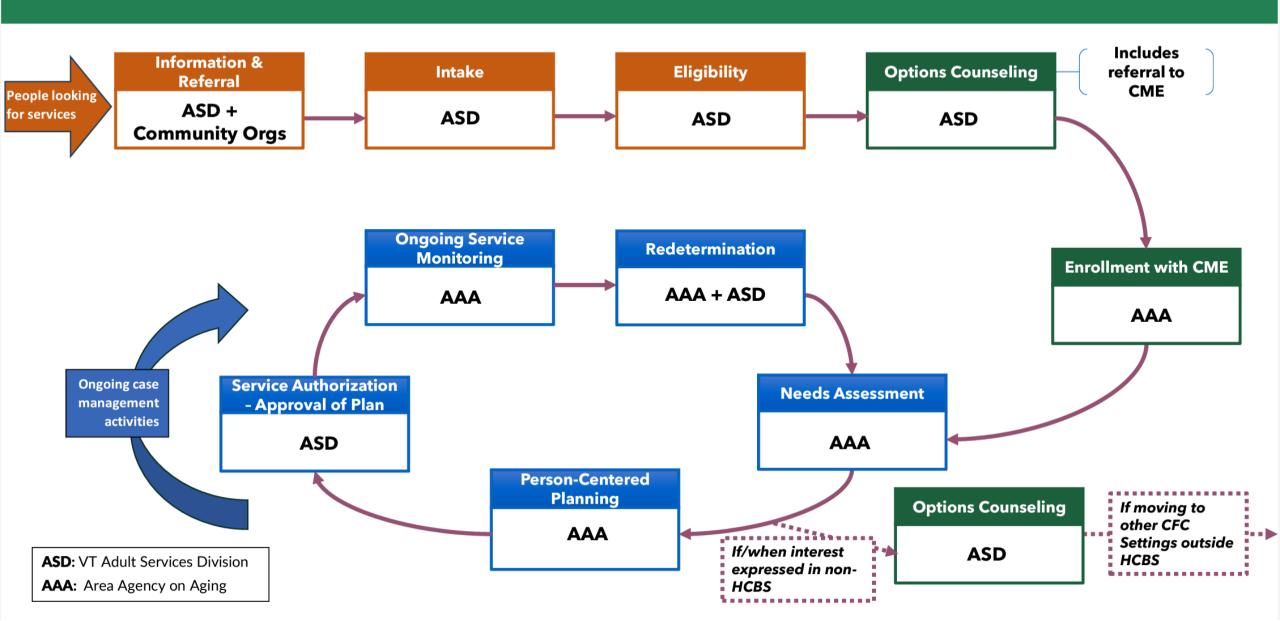
What does this mean?

- Home Health Agencies (HHAs) can continue to deliver direct services like personal care.
- CFC participants who live in Adult Family Care (AFC)
 homes will receive case management from the AAAs.
- Participants in Flexible Choices will also receive case management services from the AAA (outside of their self-direction budget).
- State staff will continue to manage intake, eligibility, and choice counseling for HCBS or other settings (such as Enhanced Residential Care.)



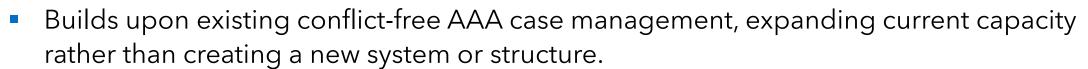
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CFC: Proposed CM Functions/Roles

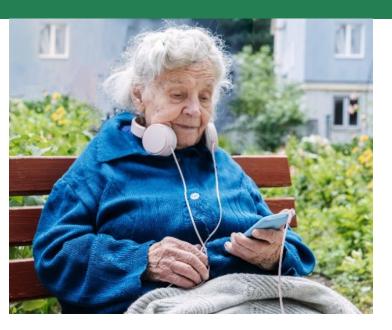


Choices for Care: Why this solution?

- Meets federal requirements and creates clear boundaries to eliminate conflict of interest.
- Aligns with the goals and principles for Vermont's HCBS-COI effort.
- Easy solution for individuals and families to understand and navigate.



Allows the state to oversee quality and performance.



Public Comments: Recommendations

Public Comment was open in December and January

- Participants in Four Public In-Person Forums: 67 individuals
- Participants in Two Public Virtual Sessions: 69 individuals
- Participants in Virtual Self-Advocacy Forums: 21 individuals
- 674 total survey responses received: 6
 - Developmental Services: 331
 - Choices for Care: 330
 - Brain Injury Program: 15
- Survey respondents said they were:
 - individuals with a disability: 61%
 - individuals receiving HCBS: 79%
 - family members of individuals receiving HCBS: 28%
 - providers of HCBS: 12%



Recommendation Feedback Themes

What we heard from commenters:

- Communication about the changes needs to be improved
- People are worried about losing relationships
- Staffing and workforce shortages need to be addressed
- Roles and responsibilities of both case management and service providers must be clear
- Having choice in case management is important
- People receiving services may need emotional support through this change
- Case managers need to be local to the communities they serve
- The State should provide caseload guidance (how many people each case manager can serve)
- Case managers need to be knowledgeable
- Collaboration between case managers and providers must be a focus
- Compliant and problem-solving processes should be clear
- There are concerns about funding and resources

Next Steps

Choices for Care:

- DAIL is currently working with AAAs and HHAs to plan the transition process over the next year and to decide on a final timeline.
- DAIL plans to use Enhanced FMAP funding to support the agencies with transition work.
- Each affected CFC participant will receive information about the process individually.

Developmental Services and Brain Injury Program:

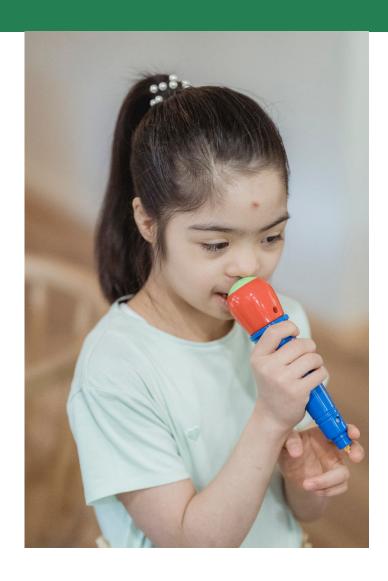
- DAIL is reviewing all of the service definitions to help create detailed information about roles and responsibilities for both case management and HCBS providers.
- DAIL is drafting a Request for Information. This will allow potential vendors and the public to respond to and comment on the plans for Case Management before the State releases a Request for Proposals later this year.

Next Steps

All Programs:

- Review of statutes, regulations, policies and procedures for revisions needed.
- Review of Medicaid rates for future state (anticipated budget impact for SFY26)
- Development of state training options across programs.
- Continued stakeholder engagement through standing committees, newsletter, provider meetings and public forums.

Thank You



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Angela Smith-Dieng, Adult Services Division Director, Department of Disabilities, Aging and Independent Living

More Information at: www.vermonthcbs.org