



In the 2022-2023 school year, Journey to Recovery Community Center in Newport, Vermont was mandated to support 53 youth out of the 700 total High School Student body at North Country High School for substance use related infractions. 49 of those youth were caught Vaping. 12 of those youth were caught with THC dab pens. 3 were caught with alcohol in their bags or under the influence.

After making the initial connections, students disclosed the following:

45 students who were only caught for vaping disclosed they were experimenting alcohol.

23 students only caught for vaping disclosed they had tried or were experimenting with cannabis

4 more students disclosed that along with the above, they also were experimenting with micro dosing on psilocybin.

3 students disclosed trying cocaine

7 students disclosed snorting their adhd prescriptions

4 students disclosed they had family members using opiates and crack cocaine. One of these families, we were able to get mom into treatment.

12 students reported family members with alcohol addiction

Additionally, we had more 48 students self-disclose. All of those students were vaping, drinking and smoking cannabis, in some combination.

9 of those self-disclosed students reported family members in active addiction.

1 reported death of mom from opiate overdose

All of the 101 students reported using vapes and cigarettes as their gateway drug.

One disclosed smoking a cigarette for the first time at the age of 9.

The average age of first experimenting was 13.