

Vermont Action Plan for Aging Well

What Is the Vermont Action Plan for Aging Well?

With the passage of the Older Vermonters Act (Act 156) in 2020, the legislature tasked the Departments of Disabilities, Aging, and Independent Living (DAIL) and Health (VDH) with developing the Vermont Action Plan for Aging Well with the goal of building an age-friendly state.

Why Is This Plan Important?

Vermont's demographics are shifting, and it is critical that all sectors of society, government and business work together to provide the environment and opportunity for all Vermonters to age well. A comprehensive blueprint for building an age-friendly state with strategies across state government and in local communities will help guide our state over the next 10 years.

What Has Been Done So Far to Create the Plan? What Are Next Steps?

DAIL and VDH, in collaboration with Advisory Committee members, have taken the first steps in creating the plan, including:

- Researching other states' plans and the processes they followed to develop them
- Analyzing resources needed for plan development
- Establishing an Advisory Committee that meets bi-monthly
- Conducting a baseline assessment of older Vermonters' resources and needs, including surveys, listening sessions and focus groups
- Participating in a multi-state learning collaborative to leverage expertise and support

Next Steps include:

- Analyzing the baseline assessment
- Beginning to draft the plan
- Engaging the public in this process

How Can I Learn More? How Can I Get Involved?

More information about this work can be found at: <https://dail.vermont.gov/resources/legislative/older-vermonters-act>. Questions, comments, and ideas can be directed to Kerstin Hanson, Vermont Action Plan for Aging Well Project Coordinator, at Kerstin.Hanson@Vermont.gov.