

MEMORANDUM

TO: Representative Lori Houghton, Chair, House Committee on Health Care

FROM: Emily Hawes, Commissioner, Department of Mental Health

DATE: February 3, 2023

RE: Follow up from testimony providing an Overview of Vermont's system of care for children, youth, and families

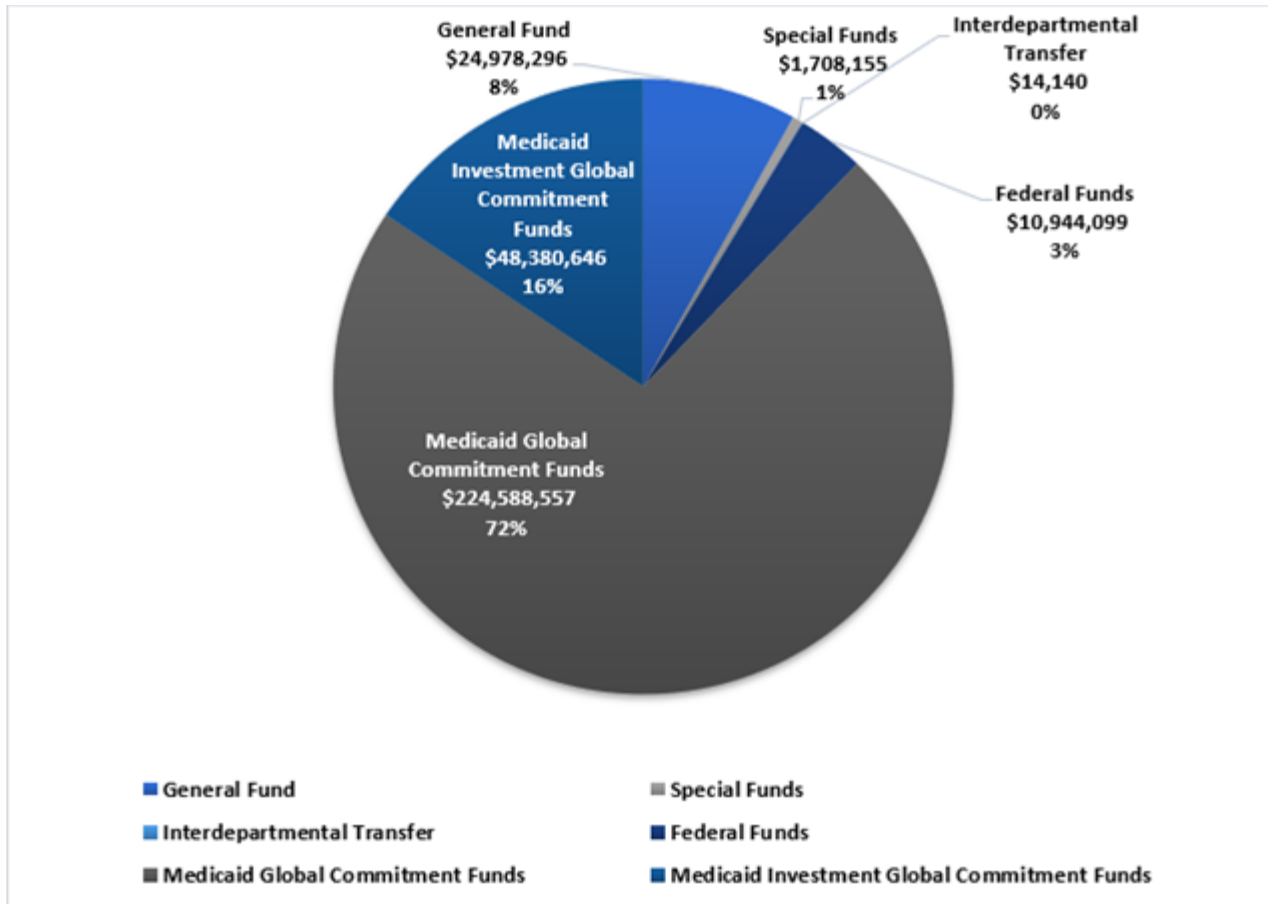
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1. *What percentage of children are being served by DMH?*
 - a. Vermont population of youth under age 18 is 116,976.
 - b. 92.3 children/youth with a primary program assignment of Children's Services per 1,000 youth under age 18 were served by the DA/SSAs in FY21
 - c. The same information for 18-21 year olds would need more time to calculate due to how the census and DMH statistical reports are conducted with ranges for 18-19 y.o. and 20-24 y.o.
 2. *Do we have statistics about how regularly VT children are accessing PCP services? This may be available through maternal child health division.*
 - a. From VCHIP: Of the children/youth in VHCURES who have medical insurance, 73% of children under the age of 18 accessed primary care (this includes well-child visits, sick visits) in 2020; 39% for 18-21 year-olds. We have no reason to believe this would vary significantly for those children who are not included in the VHCURES dataset. It should also be noted that this reporting year was at the peak of the COVID-19 pandemic and primary care experienced significant reductions in in-person office visits in @categories except for essential care.
 3. *Share link to HRSA grant (CPAP) RFP and our response in order to understand initial goals:*
 - a. HRSA page on PMHCA generally: <https://mchb.hrsa.gov/programs-impact/programs/pediatric-mental-health-care-access>
 - b. American Rescue Plan Act - Pediatric Mental Health Care Access – New Area Expansion Notice of Funding Opportunity 5/19/2021 <https://www.hrsa.gov/grants/find-funding/HRSA-21-122>
 - c. We do not have our submitted proposal online. However, the HRSA site has state-specific summaries of each program, the Vermont page is here: https://mchb.hrsa.gov/training/project_info.asp?id=696



4. Do we have numbers of consultations done for both STAMPP and CPAP?

- a. VT Child Psychiatry Access Program: for the period of June – December 2022, VT CPAP provided 217 consultations; 169 patients were the subject of the consultations; 42 providers called multiple times. The service is staffed at 0.95 FTE psychiatry and 1.0 LICSW liaison clinician.
- b. Perinatal psychiatric consultation through STAMPP: From October 2021-September 2022, 46 providers received 1 or more consultations. The service is staffed at .3FTE.

5. Send a snapshot of grants vs state funded programming:



6. A: Clarify insurance coverage and access for youth; B: How frequently are youth accessing primary care services?

- a. Under age 19, 1.9% uninsured (American Community Survey, Census Bureau)
- b. See below for data compiled from the National Survey of Children’s Health. The first chart is for any medical visit in the year. The 2nd is for preventive visits. Please note that COVID a factor in these years.



Current Search Criteria

Survey: 2020-2021 National Survey of Children's Health

Starting Point: Child and Family Health Measures

State/Region: Nationwide ([quick edit](#))

Topic: Health Care Access and Quality

Question: Indicator 4.1a: Preventive care visit [i](#)

Sub Group: Age in 3 groups

Edit Search Criteria

Select a State or Region to Compare

Age in 3 groups

[Change Question, Topic or Survey](#)

Indicator 4.1a: During the past 12 months, how many times did this child visit a doctor, nurse, or other health care professional to receive a preventive check-up? [i](#)

		One or more preventive visits	No preventive care visits	Total %
0-5 years old	%	85.9	14.1	100.0
	C.I.	84.9 - 86.8	13.2 - 15.1	
	Sample Count	28,830	3,900	
	Pop. Est.	19,833,464	3,258,023	
6-11 years old	%	75.2	24.8	100.0
	C.I.	74.0 - 76.5	23.5 - 26.0	
	Sample Count	21,303	5,678	
	Pop. Est.	18,177,679	5,981,386	
12-17 years old	%	69.6	30.4	100.0
	C.I.	68.3 - 70.8	29.2 - 31.7	
	Sample Count	24,757	8,780	
	Pop. Est.	17,375,117	7,596,792	

