



Department of Mental Health (DMH)

Emily Hawes, Commissioner, Department of Mental Health

Analysis of Involuntary and Voluntary Medicaid Youth Admitted to Brattelboro Retreat
FY23 Jul - Dec 2022

Number Admitted by Month of FY23	Jul 22	Aug 22	Sep 22	Oct 22	Nov 22	Dec 22	Total
Involuntary	1	3	3	5	2	5	19
Voluntary Medicaid	11	4	11	9	12	12	59
Total	12	7	14	14	14	17	78

Analysis conducted by the Vermont Department of Mental Health Research & Statistics Unit.
Analysis based on CDE data maintained by the VPCH admissions department from paperwork submitted by crisis, designated agency, and hospital screeners. Data reported are for involuntary youth - those on order for emergency examination or forensic court order, and those voluntary youth with Medicaid.

Recent History

- Referrals made to the Brattleboro retreat within past reporting period:

From 1/22/2023-1/28/2023.

Adults: 15 referrals.

10 accepted. 5 Involuntary, 5 voluntary

Kids: 6 referrals.

3 accepted

2 Involuntary, 1 voluntary

Refusal* of Clinically Appropriate Referral to Level 1 Units												
BR APM Year 2 (January-December 2022)												
Month												
Category	January	February	March	April	May	June	July	August	September	October	November	December
Level 1	4	1	3	5	3	5	2	4	7	2	0	
General (non-Level	3	1	0	0	1	3	0	0	0	0	0	
Youth	6	5	3	0	0	0	0	0	0	0	0	

*Refusal:for a Level 1 bed shall be defined as any referral that DMH care management has referred to Contractor and Contractor has deferred a decision on, or declined to treat the current episode in any bed at the Contractor’s place of business.

Point in Time: Bed Capacity

Current Overall Capacity in the Mental Health System

Type of Bed	Total Beds	Occupied	Closed	Open	Notes
Adult Inpatient	200	149	29	22	This total includes all adult inpatient at UVMHC, BR, VPCH, CVMC, RRMHC, VA, Windham Center
Youth Inpatient	30	17	13	0	All inpatient beds for youth are at the Brattleboro Retreat
Adult Crisis Beds	38	18	5	15	
Youth Crisis Beds	18	9	7	2	

Thank you!

Community Mental Health Programs & Services

Program	Description
Adult Outpatient (AOP)	Serves adults experiencing mental health challenges. The array of services includes Clinical assessment; Service planning and coordination; Community supports, Therapy; Medication evaluation and management; Emergency care and crisis stabilization; and Psychoeducation and Recovery education.
Community Rehabilitation and Treatment (CRT)*	Serves adults with the most serious mental illnesses such as schizophrenia, bipolar disorder, and major depression. If a person is determined to be eligible for CRT, the individual is the highest priority for treatment services. People are assigned a treatment team which may include a therapist, case manager, psychiatrist, nurse, and a supported employment specialist.
Children, Youth & Families (CAFU)	Serves children, youth and families who are experiencing emotional or psychological distress or are having problems adjusting to changing life situations. All supports and services are provided within the framework and principles that is child-centered, family-focused, culturally competent, strength-based, individualized, community-based, and collaborative between and among families, agencies and community.
Emergency Services	Time-limited, intensive supports provided for individuals and families who are currently experiencing, or may be expected to experience, a psychological, behavioral, or emotional crisis. Services may also be provided to the individual's or family's immediate support system. These services are available 24 hours a day, 7 days a week.
Advocacy and Peer Services	Broad array of support services provided by trained peers (a person who has lived experienced with a mental health condition or psychiatric disability) or peer-managed organizations focused on helping individuals with mental health and other co-occurring conditions to support recovery.

MENTAL HEALTH SYSTEM OF CARE

Key to Provider Symbols

- BLUE: ADULTS SYSTEM OF CARE
- GREEN: CHILD, YOUTH & FAMILY SYSTEM OF CARE
- ORANGE: SERVICES IN BOTH YOUTH & ADULTS

- Peer-run Services & Residential Care
- Department of Mental Health
- Designated and Specialized Services Agencies
- Private Providers

Inpatient Hospitalization
229 total beds

<p>Children & Adolescent 1 Facility 30 Beds</p>	<p>General Inpatient (Adult) 7 Facilities 142 Beds</p>	<p>Level One Inpatient (Adult) 3 Facilities 57 Beds</p>
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Secure Residential
16 total beds

MTCR → River Valley
1 Facility | 7 Beds → 16 Beds

Intensive Residential & Treatment Programs
92 total beds

<p>Youth Residential (PNMI) 5 Residences 45 Beds</p>	<p>Intensive Recovery Residential 5 Residences 42 Beds</p>	<p>Peer-run Residential 1 Residence 5 Beds</p>
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Crisis Supports & Response
56 total beds

<p>Children's Crisis Stabilization Program 1 Facility 6 Beds</p>	<p>Youth Hospital Diversion Program 2 Facilities 12 Beds</p>	<p>Psychiatric Urgent Care for Kids (PUCK) 1 Facility 6 Beds</p>	<p>Mobile Response Support Services Rutland Pilot 1 Facility 6 Beds</p>	<p>Adult Crisis Beds 12 Facilities 38 Beds</p>	<p>Crisis Assessment, Support & Referral Continuing Education & Advocacy</p>	<p>988 Crisis Lifeline Centers Call Chat Text</p>
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Community Mental Health
174 total beds/109 vouchers

<p>Micro-residential (HCBS) 3 Homes 9 Beds</p>	<p>Youth Group Homes (PNMI) 4 Homes 13 Beds</p>	<p>Group Residential Homes 19 Homes 152 Beds</p>	<p>Shelter & Care Vouchers DMH Housing Vouchers</p>	<ul style="list-style-type: none"> • Individual, family, and group therapy • Clinical assessment • Medical consultation and medication • Service planning and coordination • Community supports & employment services • Schools/PCP/Early care & learning ctrs (youth only) • Peer programming (adults only) • Prevention work (youth only)
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