

Community Based Supports



Therapeutic Foster Care

Therapeutic Foster Care supports skill building in a therapeutic home setting with a goal toward family reunification

Clinical Assessment

Clinical Assessment focuses on answering clinical questions asked by clients' treatment teams and providing treatment recommendations

Wraparound

Wraparound provides a comprehensive, holistic, youth and family-driven way of responding when children or youth experience serious mental health or behavioral challenges

Therapeutic Groups

Therapeutic Groups help build skills and meet the social and emotional needs of the youth in our care, as well as provide support to their caregivers

Enhanced Adoption Supports

Enhanced Adoption Supports provides adoptees, children in foster care, and their caregivers opportunities to share their unique needs and gain support from the adoption and foster care community

AdoptMent

What is it?

AdoptMent (*adoption-mentoring*) is a specialized mentoring program where adults (age 25+) who were adopted as children mentor NFI-VT youth (age 13-17) that are adopted.

What is the focus?

AdoptMent focuses on encouraging personal development, healthy identity, cultural awareness, and relationship building. Creative and engaging programming helps to manifest meaningful, long-lasting relationships for the mentee/mentor matches and the group overall.

*AdoptMent was created by writer, podcaster, speaker, trainer, coach, consultant, and transracially adopted person:
April Dinwoodie.*



AdoptMent

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 NFI | Vermont

AdoptMent

Adopted Mentors, Adopted Youth



"We know that we're all going to be here for each other no matter what."

Are you Adopted?

*Become a
Mentor*

for Adopted Youth



"You really need someone there to be with you, to listen to you, to give you advice."

Program Overview

The AdoptMent program consists of 4-10 mentor / mentee matches. Participants engage in individual and group sessions.

Group sessions are led by AdoptMent professionals and meet twice per month. Mentors and mentees participate in creative, fun, and dynamic activities to integrate the underlying theme of adoption with topics such as healthy identity, self-esteem, leadership, career development, grief / loss, and more topics as they arise.

"It a piece to my puzzle. It's a sister bond, a best friend, something I'm always going to want."



Mentor Qualifications

- Be adopted and over age 25.
 - Be caring, responsible, flexible, and mature.
 - Be open to discussing adoption and/or difficult experiences with mentees and/or the group.
 - Pass a background check.
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Mentor Responsibilities

- Complete the application and screening processes.
 - Engage in orientation and ongoing training.
 - Consistently participate in the majority of group sessions.
 - Meet with and be available to mentees one-on-one.
 - Commit to at least one year.
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Mentor Benefits

- Build meaningful relationships with mentees and peers.
- Join a community of others touched by adoption.
- Share your stories in a meaningful way.
- Receive support as a mentor.
- Learn about yourself and your mentees through professional training and educational opportunities.
- Participate in creative, fun, and dynamic activities.

How do I become an AdoptMent mentor with NFI-VT?

Email: adoptment@nafi.com

Currently recruiting mentors only.

Currently recruiting in the Burlington, VT area for sessions starting in fall 2024.



"We become a family."



ARC Framework

Competency

Regulation

Attachment

