Department of Mental Health (DMH)

Nicole DiStasio, Director of Policy

State Fiscal Year 2025: Cost Projections

	Beds	Per Person Per Day	General Fund Equivalent
Vermont Psychiatric Care Hospital	25	\$3,607	\$1,520
River Valley Therapeutic Residence	16	\$1,546	\$652



Appendix



Accountability: Emergency Involuntary Procedures

- Updated Rate of Seclusion and Restraint per 1,000 Patient Hours (clearimpact.com) scorecard for VPCH EIPs
 - This measure is a nationally-recognized outcome measure for inpatient psychiatric health care settings (endorsed by CMS/Joint Commission/National Quality Forum)
- DMH conducts regular oversight of the administration of EIPs through Certificates of Need that are provided to the Department, as well as through quarterly data reports that are submitted to the EIP Review Committee
 - See <u>Emergency Involuntary Procedures (EIP) Review Committee | Department of Mental Health (vermont.gov)</u> for more information on this committee
 - See Reports Emergency Involuntary Procedures (EIP) Committee | Department of Mental Health (vermont.gov) for most recent data reports (quarterly and annually)
- Additionally, the Department tracks the following EIP measures for involuntary patients across the inpatient system of care:
 - Number of emergency involuntary procedures for involuntary patients (clearimpact.com)
 - Number of hours of emergency involuntary procedures for involuntary patients (clearimpact.com)
 - Average number of minutes for each emergency involuntary procedures for involuntary patients (clearimpact.com)
- DMH has contracted with Kevin Huckshorn and Associates, the copyrighted holder of <u>Six Core Strategies for Reducing Seclusion and Restraint Use®</u>, to provide technical assistance on reducing seclusion and restraint to Designated Hospitals





MENTAL HEALTH SYSTEM OF CARE



Key to Provider Symbols

- BLUE: ADULTS SYSTEM OF CARE
- GREEN: CHILD, YOUTH &
 FAMILY SYSTEM OF CARE
- ORANGE: SERVICES IN BOTH YOUTH & ADULTS





General Inpatient (Adult)
7 Facilities | 142 Beds

Level One Inpatient (Adult) 3 Facilities | 57 Beds



Peer-run Services & Residential Care



Department of Mental Health



Designated and Specialized Services Agencies



Private Providers

Secure Residential

16 total beds

River Valley 1 Facility | 16 Beds

Intensive Residential & Treatment Programs
92 total beds



Intensive Recovery Residential

5 Residences | 42 Beds



Peer-run Residential 1 Residence | 5 Beds



Crisis Supports &
Response
56 total beds

Children's Crisis Stabilization Program 1 Facility | 6 Beds

Youth Hospital Diversion Program 2 Facilities | 12 Beds



Mental Health Urgent Care for Adults



Adult Crisis Beds 12 Facilities | 38 Beds



Crisis Assessment, Support & Referral Continuing Education & Advocacy

988 Crisis Lifeline Centers & Mobile Crisis Response

Community
Mental Health
174 total beds/109 vouchers

Micro-residential (HCBS) 3 Homes | 9 Beds

Youth Group Homes (PNMI) 4 Homes | 13 Beds Group Residential Homes 19 Homes | 152 Beds Shelter & Care Vouchers DMH Housing Vouchers



- Individual, family, and group therapy
- Clinical assessment
 - Medical consultation and medication
- Service planning and coordination
- Community supports & employment services
- Schools/PCP/Early care & learning ctrs (youth only)
- Peer programming (adults only)
- Prevention work (youth only)

