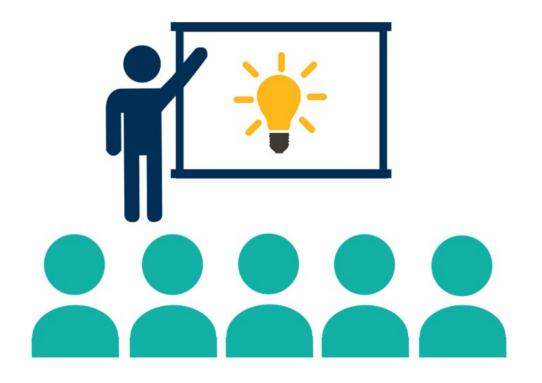


Coordinating Mental Health Response Guidelines

Samantha Sweet, Director of Mental Health Services

Training Landscape in the Mental Health Crisis Continuum

- 988 Services: Training focuses on crisis conversation via chat and text, including Applied Suicide Intervention Skills Training (ASIST) and Crisis Counseling.
- Mobile Crisis Teams: Emphasis on substance use, mental health, deescalation, trauma-informed care, harm reduction, linkage to 988 services, and cultural competency.



Standardization in the Mental Health Crisis Continuum

- For over two years, the Department of Mental Health (DMH) has been spearheading the expansion of a Statewide Mental Health Crisis System of Care, including:
 - 988
 - Enhanced Mobile Crisis
 - Alternative to Emergency Departments (EDs)
- DMH aims to coordinate the efforts of 988, Mobile Crisis Teams, Alternatives to EDs, and First Responders through standardized training, crafted by mental health experts, to equip all responders with the knowledge and skills necessary to address mental health emergencies confidently, effectively, and compassionately.



Unified Yet Tailored Training Approach

Sample of Potential Key Training Areas for First Responders:

- Understanding mental health and substance use interfaces.
- In-depth overview of the mental health crisis system of care, including 988, mobile crisis teams, and ED alternatives.
- Trauma-Informed Care emphasizing patient engagement and personalized care strategies.
- Harm Reduction strategies, including overdose education and substance use disorder referrals.
- "Creating Safe Scenes" training for safer interventions during mental health crises.



In Summary

Benefits of Standardized Guidelines:

- Enhanced coordination across services leading to more effective crisis responses.
- Improved outcomes in the crisis continuum through integrated, knowledgeable, and sensitive care.

Recommendation:

 Recognizing the unique community roles of 988 services, mobile crisis teams, and first responders, DMH is advocating for a cohesive yet rolespecific training approach. Legislative language should strive towards standardization, while also allowing for the flexibility to consider the needs of various types of providers working in the crisis continuum.



Thank you!



Emergency Medical Services (EMS) Protocol Development

- EMS protocol development is a collaborative effort
- Guided by the state EMS physician medical director
- Development and revisions include active engagement with EMS providers, health care systems, public safety, and others
- Based upon national standards and evidencebased medicine
- Revised every two to three years
- The Health Department is solely responsible for developing, maintaining, and updating statewide EMS protocols.
- More than one state entity issuing EMS protocols would create confusion and inefficiencies, leaving EMS professional to question who has clinical oversight authority.

State EMS Chief

EMS District Physician Medical Advisors



State EMS
Physician
Medical Director

Partners

Technical Advisory Group





MENTAL HEALTH SYSTEM OF CARE



Key to Provider Symbols

- BLUE: ADULTS SYSTEM OF CARE
- GREEN: CHILD, YOUTH & FAMILY SYSTEM OF CARE
- ORANGE: SERVICES IN BOTH YOUTH & ADULTS





General Inpatient (Adult) 7 Facilities | 142 Beds Level One Inpatient (Adult) 3 Facilities | 57 Beds



Peer-run Services & Residential Care



Department of Mental Health



Designated and Specialized Services Agencies



Private Providers

Secure Residential

16 total beds

River Valley 1 Facility | 16 Beds

Intensive Residential & Treatment Programs
92 total beds



Intensive Recovery Residential 5 Residences | 42 Beds



Peer-run Residential 1 Residence | 5 Beds



Crisis Supports & Response 56 total beds

Children's Crisis Stabilization Program 1 Facility | 6 Beds

Youth Hospital
Diversion Program
2 Facilities | 12 Beds



Mental Health Urgent Care for Adults



Adult Crisis Beds 12 Facilities | 38 Beds



Crisis Assessment, Support & Referral Continuing Education & Advocacy

988 Crisis Lifeline Centers & Mobile Crisis Response

Community
Mental Health
174 total beds/109 vouchers

Micro-residential (HCBS) 3 Homes | 9 Beds

Youth Group Homes (PNMI) 4 Homes | 13 Beds Group Residential Homes 19 Homes | 152 Beds Shelter & Care Vouchers DMH Housing Vouchers



- Individual, family, and group therapy
- Clinical assessment
 - Medical consultation and medication
 - Service planning and coordination
 - Community supports & employment services
 - Schools/PCP/Early care & learning ctrs (youth only)
 - Peer programming (adults only)
 - Prevention work (youth only)

