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Seclusion & Restraint Practices in Vermont

- **At least 587 Vermont students are restrained and/or secluded annually** (Lives in the Balance, 2021)
- **Seclusion / restraint practices are disproportionately used against children of color and children with disabilities** (Diaz, 2015)
- **Nationally, 80% of public school restraints and 77% of seclusions are against children with disabilities** (U.S. Department of Education, 2020).

Scope of 3/1/2023 testimony

- Clinical experience caring for children who have experienced seclusion and restraint in Vermont public schools
- Brain science of nervous system regulation and trauma
- Strategies for creating trauma-informed spaces where all children can belong

References

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U.S. Department of Education (2020). Civil Rights Data Collection The Use of Restraint and Seclusion on Children with Disabilities in K-12 Schools

<https://www2.ed.gov/about/offices/list/ocr/docs/restraint-and-seclusion.pdf>