



MENTOR
VERMONT



MAXIMIZE

MENTORING



When youth feel like they matter, they thrive.



IMPACT

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Currently, MENTOR Vermont provides support to 35 mentoring agencies across the state, including non-profit organizations and school districts/supervisory unions. These agencies provide youth mentoring opportunities throughout Vermont.

By increasing the quality and quantity of safe and effective youth mentoring relationships in places where young people live, learn, connect, and play, MENTOR Vermont can help every young person feel like they matter.

"It's nice having an adult to meet with every week, someone you can depend on." - Lincoln, mentee

"Being a mentor is one of the most rewarding things I have ever done." - Todd, mentor

"Mentoring is extremely important to me...I can talk to my mentor about nearly anything." - Riley, mentee

"Having strong, trusting relationships is crucial to building resilience- that benefits both mentor and mentee. Mentoring is also a way for me to be involved in and give back to my community." - Laurel, mentor

"I never could have imagined the profound impact that it would have on my life. I am so lucky to get to know such a wonderful kid...I am so invested in their life and wellbeing." - Molly, mentor





BY THE NUMBERS

91%

OF YOUTH MENTEE SURVEY RESPONDENTS SAID, "MY MENTOR MAKES ME FEEL LIKE I MATTER."

89%

OF YOUTH MENTEE SURVEY RESPONDENTS SAID, "HAVING A MENTOR HAS MADE A POSITIVE DIFFERENCE IN MY LIFE."

1 in 3

YOUNG PEOPLE WILL GROW UP WITHOUT A MENTOR.

Mentoring is a preventive tool with proven mental health benefits. Youth with mentors are more likely to attend school, participate in sports and community activities, and are less likely to use harmful substances or make suicide plans.

Please support a \$650,000 increase in State funding for MENTOR Vermont. There is strong support across Vermont for increased mentoring capacity and you heard from your colleagues in House Human Services, in House Education and directly from Rep. Carl Demrow, Rep. Taylor Small, Rep. Kate McCann, and Rep. Monique Priestley that investing in mentoring is a high priority for the House.



“COVID has made me and my mentor, Maribeth, closer. Maribeth helped me open up with what was going on and my concerns,” says Gracie. “She is very accepting and always there for me. She is one of the two people in my life that I feel I can turn to for support.” - Gracie, mentee

