

# SUSTAINING LUND'S RESIDENTIAL TREATMENT PROGRAM

The Residential Program has evolved over the years into a state-of-the-art integrated, family-centered treatment program. It aligns with **our mission to help children and families—often the most at risk in our state—thrive**. Lund's Residential Treatment Program provides a broad range of treatment and family support services to pregnant and parenting persons, their children, and other family members. **The program is Vermont's only option for pregnant and parenting persons to engage in comprehensive mental health and substance use residential treatment while living with their minor child(ren)**. The program assists parents in making gains in their recovery from mental health and substance use disorder. It also improves child and family outcomes by addressing the needs of young children in the program and increasing family self-sufficiency.

## CHALLENGES

- **Hiring and Retention:** The workforce shortage across our sector, in combination with employee burnout and turnover, is resulting in a reduced census in our Residential Treatment Program (the current census is between 14–18 families, the full census would be 26 families).
- **Termination of Extraordinary Relief Funding:** We had anticipated receiving this temporary federal funding for the first two quarters of FY 23, however, we have been informed that we no longer qualify for this funding.
- **High-intensity Client Needs:** The impact of the pandemic has been especially difficult for people experiencing SUD and Mental health challenges and we are finding that families coming into our program have more complex needs than we've seen before. This requires highly skilled staff and adequate staffing capacity to safely serve these at-risk families.

## OPPORTUNITIES

- **Rethink and Recraft our Recruitment Efforts:** Lund has and will continue to update recruitment efforts and focus on hiring.
- **Increase Staff Retention:** Staff well-being is essential to optimal client care. We have increased CTO and compensation for residential jobs to be more competitive and allow for a better work-life balance.
- **Increase Advocacy for Residential Treatment Program:** This program is serving the most vulnerable Vermont families. We have a waitlist for our program and with adequate staffing levels and support, we could increase to the full census.

## COMMUNITY IMPACT

Supporting this one-of-a-kind program strengthens our whole Vermont community.

- In FY22, Lund's Residential Treatment Program **served 44 adults and 47 children**
- **79% of parents** had improved recovery status at discharge
- **78% of parents** reported that the program helped them to become a better parent



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