

Testimony On The State Mushroom

2. *Lydia Dutton: Vermont Needs a State Mushroom.
Bear's Head Tooth is the best Choice*



White Rot Fungus, Can Clean up Toxic Waste

By Zinth Mae Holder
Seventh Grade
Compass School
Westminster



*Scientists are studying how mushrooms
remove carbon from the atmosphere*

Why Mushrooms are important: for the Environment +

1. Mushrooms are amazing creatures in the environment. The Fungi Kingdom does many important things.
1. Mushrooms are amazing and can do many things, they come out during the fall to decompose dead leaves and dead logs or dying trees. Most grow on forest floors & some are on decomposing logs. They make soil healthy and help plants and trees get nutrients.
1. There are so many mushrooms that grow during the Autumn, but they start growing in the later Spring and Summer in Vermont.

Why Mushrooms are good for people.

1. Mushrooms have good uses for people too such as for food and medicine.
1. Mushrooms that are edible like Hen Of The Woods or Chicken Of The Woods can be used for food. These two are Vegan replacements for poultry or chicken. Hedgehogs and Bear's Head Tooth Mushrooms are edible as well and can be found in the wild. (They both have "teeth").
1. Our school did not want a poison mushroom for the state mushroom. Edible Mushrooms are very nutritious.
1. Mushrooms can be used as medicine . Mushrooms such as Bear's Head Tooth can be used to treat cancer, Alzheimer's and depression and to heal wounds.
1. Mushrooms can even be used to fix damaged soil, But only very few like Oyster Mushrooms, these mushrooms are used to remove toxins from the earth's soil, such as oil spills.



The Bear's Head Tooth mushroom would be a good choice because it is edible, medicinal and distinctive. It also represents the icicles and waterfalls we have here, This would be perfect for the state symbol because of all the great things it does and represents.

This is all I have to say Thank you for listening.

