



Establishing Content Standards for Nutrition Education & Role of the Vermont State Board of Education

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Vermont State Board of Education's Role in Regulating Curriculum & Instruction

- ▶ Vermont's State Board of Education has the authority to make legally-binding rules to assist in the interpretation, implementation and enforcement of Vermont's education statutes (16 VSA Sec 2959(a))
- ▶ Two key rules that impact curriculum & instruction:
 1. Rule Series 2000, Education Quality Standards (Public schools; 16 VSA 165)
 2. Rule Series 2200, Independent School Program Approval (Independent schools; 16 VSA Sec 166)

Vermont's Education Quality Standards (EQS)

▶ Purpose:

- ▶ To ensure that all Vermont students are afforded educational opportunities that are substantially equal in quality and enable them to achieve or exceed the standards approved by the State Board of Education.

▶ Application:

- ▶ Applies to public schools and independent schools approved for public tuition that opt in to comply

▶ Status:

- ▶ Currently under revision to comply with Act 1 of 2019
 - ▶ SBE EQS Committee has been working on updates since May 2022
- ▶ Anticipated opening the rule through formal filing with ICAR in June 2023

EQS & Health Education

- ▶ Section 2120.5, Curriculum Content
 - ▶ Each school shall enable students to engage annually in rigorous, relevant, and comprehensive learning opportunities that allow them to demonstrate proficiency in physical education and health education as defined in 16 VSA Section 131, including
 - ▶ “Comprehensive elementary and secondary health and physical education learning experiences, including the effects of tobacco, alcohol, and drugs on the human system for all students in accordance with sections 16 VSA 131 and 906(b)(3)”

SBE & Standards of Performance

- ▶ Section 164(9) provides the SBE with broad authority to continually update standards for student performance in appropriate content areas and at appropriate intervals in the continuum from grades K-12
- ▶ The SBE has adopted the following standards related to health and nutrition:
 1. SHAPE America Physical Education Standards
 2. National Health Education Standards

Minimum Course of Study

- ▶ 16 VSA 906 describes a minimum course of study, which includes:
 - ▶ Physical education and comprehensive, including the effects of tobacco, alcoholic drinks, and drugs on the human system and on society (Sec 906(b)(3))

Statute dictates minimum course of study and there is no formal role for the SBE in rulemaking related to this section of statute.

Options for the Committee's Consideration

	To Whom it Applies	Mechanism	SBE Involvement
Education Quality Standards (EQS; 16 VSA 165)	Public schools and independent schools approved for public tuition who opt in to EQS	Regulation (Rule Series 2000)	Yes
Standards for Student Performance in Content Areas (SBE Powers & Duties; 16 VSA 164)	At SBE discretion, but can include public and independent schools	Content standards	Yes
Minimum Course of Study (16 VSA 906)	Public schools, approved & recognized independent schools, and home study programs	Statute	No