

Hello,

I'm writing to share my opinions about the new psych hospital planned for Middlesex. I am a psychotherapist practicing here in VT and I am against the practices of forced drugging, restraint, and seclusion that are planned for this new hospital. These techniques are not rehabilitative, they are punitive. I have heard many stories from clients who have been harmed by their experiences at psych hospitals. I support instead peer led models that can give clients the dignity they deserve while they get the care they need. I have heard that there is a step down recommendation already afloat by a number of mental health organizations in the state. This is a better method. Thank you,

Claire

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Claire Diamond

Pronouns: She/Her

Somatic Psychotherapist

Offices in Burlington and Hardwick