

# Deeper Dive (advanced/optional trainings)

Advanced trainings provide opportunities for kin, foster, adoptive caregivers; providers; and community members to take a "deeper dive" into topics that are important for children and youth in care. Some of these trainings are offered in person; others are offered virtually or online. Here is a list of the main Deeper Diver categories, with specific trainings in each category.

- 1. Substance Use/Misuse
- 2. Mental Health
- 3. ACEs (Adverse Childhood Experiences)
  - $\rightarrow$  ACEs
  - → Commercial Sexual Exploitation of Children
  - → Fundamentals in Trauma Informed Practice and Adoption Competency

## 4. Vicarious Trauma and Self Care

- → Vicarious Trauma and Self Care
- → Safety Awareness for Kin, Foster and Adoptive Caregiver

### 5. Youth Life Skills

- → LGBTQ+ 101: Caring for LGBTQ+ children and Youth
- → Normalcy and Prudent Parenting for Kin, Foster Parents and Congregate Care Providers
- → Considerations When Caring for Youth

## 6. Respects Differences

- → Kinship Care: Beyond the Basics
- → Court Overview

## Link to in-person/virtual trainings:

Vermont Kin, Foster, and Adoptive Families Training Catalogue May 2021

## Link to online trainings:

Kin, Foster and Adoptive Families ONLINE TRAINING Catalogue