

1
2
3
4
5
6
7
8

9
10
11
12
13
14
15
16
17
18
19

H.168

Introduced by Representatives Burditt of West Rutland and Leffler of
Enosburgh

Referred to Committee on

Date:

Subject: General provisions; time; daylight saving time

Statement of purpose of bill as introduced: This bill proposes to exempt
Vermont from the observance of daylight saving time.

An act relating to daylight saving time

It is hereby enacted by the General Assembly of the State of Vermont:

Sec. 1. FINDINGS

The General Assembly finds:

(1) The annual change from standard time to daylight saving time is a
process to which our bodies may never adjust.

(2) This time change may reduce the duration and efficiency of sleep,
and it may possibly result in increases in the number of heart attacks and in the
suicide risk for vulnerable individuals.

(3) Other negative impacts of this time change may include a rise in
workplace injuries and a reduction in college entrance examination scores.

1 Sec. 2. LEGAL AUTHORITY

2 Pursuant to 15 U.S.C. § 260a(a), any state located in a single time zone may
3 exempt itself from the observance of daylight saving time.

4 Sec. 3. 1 V.S.A. § 431 is amended to read:

5 § 431. STANDARD TIME; DAYLIGHT SAVING TIME

6 (a) The standard time within the State of Vermont shall be based on the
7 mean astronomical time of 75° of longitude west from Greenwich, known and
8 designated as “U.S. Eastern Standard Time;” ~~except as provided in 15 U.S.C.~~
9 ~~§ 260a, when standard time shall be advanced one hour. The period of time so~~
10 ~~advanced may be called “daylight saving time.”~~

11 (b) ~~The Governor is authorized to shorten or lengthen the period specified~~
12 ~~in subsection (a) of this section by proclamation, if necessary to make the time~~
13 ~~accord with the time in effect in any of the states whose boundaries adjoin~~
14 ~~Vermont. This proclamation shall be issued at least 10 days before it takes~~
15 ~~effect.~~

16 Sec. 4. EFFECTIVE DATE

17 This act shall take effect on January 1 of the year following the adoption of
18 year-round “U.S. Eastern Standard Time” in the states of Connecticut, Maine,
19 Massachusetts, New Hampshire, and Rhode Island.