Means restriction
Highly lethal, commonly used suicide method is made less accessible or less lethal

Substitution
Attempter substitutes another method; on average, substituted methods are less lethal

Delay
Attempt is temporarily or permanently delayed

Fewer attempts prove fatal

Suicidal crisis passes for many
- The acute period in which someone will attempt is often short. Delays can save some, but not all, lives
- 89%–95% of attempters do not go on to die by suicide

Suicide rate drops
Drop in overall suicide rate is driven by decline in rate of suicide by the restricted method