The novel coronavirus that causes the disease called COVID-19 is a coronavirus that has not previously been seen in humans. Spread of COVID-19 is being detected in a growing number of countries beyond China.

Person-to-person spread is thought to occur mainly through respiratory droplets when an infected person coughs or sneezes, similar to the way flu and other respiratory viruses spread. Symptoms look a lot like other respiratory viruses, and seasonal flu is still widespread in Vermont.

As of Feb. 27, there have been no cases of people with COVID-19 in Vermont.

For Information

Go to the Health Department's website at healthvermont.gov/covid19

Syndicated content from CDC is automatically pulled in, so the page will reflect the latest information and guidance – including travel guidance – in addition to Vermont-specific updates, guidance and resources. Vermonters can also dial 2-1-1 for this

COVID-19 Response

CDC has been aggressively responding to the global outbreak of COVID-19 – and preparing for the likelihood that the disease will spread to communities in the U.S.

The Vermont Department of Health has been in constant contact with CDC and other states to closely monitor developments, and work to contain the spread of illness – and adjusting our response as the situation changes. The Health Department has been alerting health care providers and providing guidance and updates on the website. Public health nurses and epidemiologists have been monitoring people who have returned to the state from travel in affected countries.

In coordination with CDC, Vermont is also preparing for further person-to-person spread in the U.S. Should that happen, we would continue efforts to monitor and contain spread of illness, adding community mitigation strategies to slow disease transmission.

Everyday actions Vermonters can take to prevent the spread of respiratory illnesses, including COVID-19:

- **Wash hands** often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water aren't available.
- **Cover your cough** or sneeze with your sleeve or a tissue, not your hands.
- **Stay home when you're sick**, especially with a fever, except to get medical care.
- **Avoid close contact with people who are sick.**
- **Avoid touching your eyes, nose and mouth.**
- **Get your flu shot** – flu is still widespread in Vermont.