

Pregnancy Prevention Testimony

My name is Jasmine, and I attend the Parent Child Center. I am nervous but excited to share my story with you.

I remember meeting my Outreach Worker, who helped me get into PCC. When I met her, the original plan was for me to go into PCC so I don't drop out of high school. They helped me get on track, and not want to drop out.

My mom and dad were teenage parents, still in high school, 17 years old. My dad dropped out to take care of me, so my mom could graduate. PCC and its Prevention Program has taught me, and helped me see that remaining pregnancy-free will help me reach my life goals. At least reach them a little easier.

My biggest goals right now are to graduate high school, and go into computer and video game programming: two goals that would feel nearly impossible as a teen mom. With the freedom I have being pregnancy-free, my goal is to create a video game that helps diagnostics, and gives coping strategies for depression, anxiety, and early on-set PTSD in abused children. PCC helped me see that I can be pregnancy-free, and still help kids in unique ways.

The positive relationship that Outreach and other staff members have with us is really important. They help us to understand and learn from them everything we need to know about safe sex, birth control, and remaining pregnancy-free.

Thank you very much for the opportunity to speak to you all today.