

California Master Plan for Aging Goals



Goal 1: Services & Supports

We will live where we choose as we age and have the help we and our families need to do so.

- **Californians will have access to** the help we need to live in the homes and communities we choose as we age.
- **Californians of all ages will be prepared for** the challenges and rewards of caring for an aging loved-one, with access to the resources and support we need.

Goal 2: Livable Communities & Purpose

We will live in and be engaged in communities that are age-friendly, dementia-friendly, and disability-friendly.

- **California’s neighborhoods will have** the built environment to fully and meaningfully include older adults, people with disabilities, and people of all ages.
- **Californians will age with lifelong opportunities** for social and civic engagement, volunteering, learning, and leadership.



Goal 3: Health & Well-Being

We will live in communities and have access to services and care that optimize health and quality of life.

- **Californians will live** in communities with policies and programs that promote well-being throughout our lifespans.
- **Californians will have access** to quality, affordable, and person-centered health care through delivery systems that are age-friendly, dementia-friendly and disability-friendly.

Goal 4: Economic Security & Safety

We will have economic security and be safe from abuse, neglect, exploitation, and natural disasters and emergencies throughout our lives.

- **Californians will be economically secure** throughout our life span with access to housing, food, and income as we age.
- **Californians will be protected** from abuse, neglect, and exploitation as we age.
- **Californians, as communities and as individuals, will plan,** prepare and respond to disasters and emergencies fully including the needs and vulnerabilities of older adults and people with disabilities.

