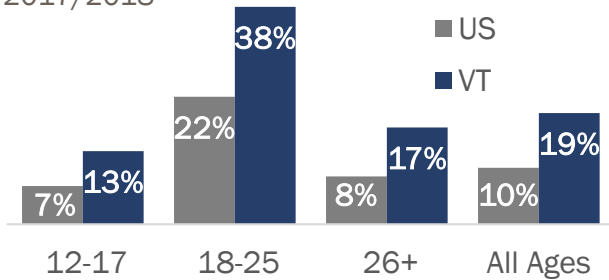


Prevalence of Use

The percent of the Vermont population that used marijuana in the past month was higher than the US average, for all age groups

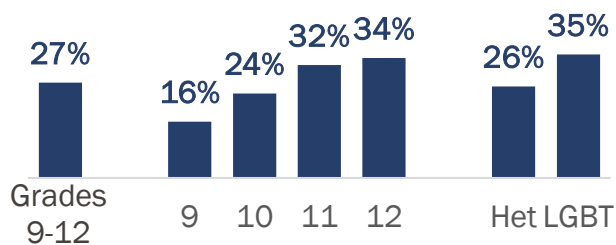
2017/2018¹



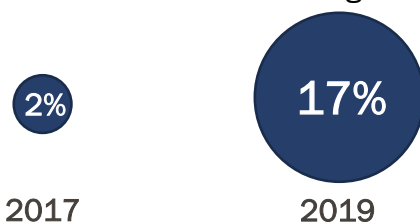
Vermont rates of use in the past month among people aged 12+ were highest in the country—at almost twice the national rate.¹ Adult marijuana use has steadily increased in Vermont since 2013², and use among high school students increased significantly from 2017 to 2019³.

Marijuana use among high school students increases by grade. LGBT students are more likely to use than heterosexual students.

Past 30-day marijuana use, 2019³



Among current high schoolers who use marijuana, **vaping** as the primary method of use increased more than eight times³:



Prevalence During Pregnancy

The 2018 Pregnancy Risk Assessment Monitoring System shows that:

- 10% of people who are pregnant report using marijuana **during** their most recent pregnancy.⁴
- 17% of people who are pregnant report using marijuana in the month before pregnancy.⁴
- Marijuana was the most commonly used substance other than alcohol or tobacco.⁴

Harm and Risky Behavior

In 2019, only 23% of high school students thought people their age greatly risked harming themselves, physically or in other ways, if they smoked marijuana regularly.³

- **23% of high school students report riding with someone using marijuana in the past month.**
- **15% of high school students report driving when using marijuana in the past month.**³

These rates are higher than driving after drinking alcohol or riding in a car with a driver who was drinking alcohol.³

Among the 17% of adults who reported past-month marijuana use in 2018, one in four said they drove in the three hours after use.² In 2019 there were 10 motor vehicle fatalities associated with confirmed active cannabis use.⁵

Treatment

Between July 2017 and June 2018, over 1,100 Vermonters were treated for primary marijuana/hashish disorders by state funded Preferred Providers⁶:

- Of those treated, 59% were under age 25.⁶
- 78% of 12-17 year olds in treatment are there for a marijuana/hashish disorder.⁶

Vermont Marijuana Use Highlights

References:

1. Data from the 2017/2018 National Survey on Drug Use and Health: [samhsa.gov/data/report/2017-2018-nsduh-state-estimates-substance-use-and-mental-disorders](https://www.samhsa.gov/data/report/2017-2018-nsduh-state-estimates-substance-use-and-mental-disorders)
2. Data from the 2018 Behavioral Risk Factor Surveillance System: healthvermont.gov/BRFSS2018
3. Data from the 2019 Youth Risk Behavior Survey for Vermont: healthvermont.gov/YRBS2019-HS
4. Data from the 2018 Pregnancy Risk Assessment Monitoring System: healthvermont.gov/PRAMS2018
5. Data from Motor Vehicle Crash Facts 12/30/19: <https://ghsp.vermont.gov/sites/ghsp/files/documents/Fatal%20Crashes%20%20December%2018%20%202019%20%E2%80%93%20December%2030%20%202019.pdf>
“Active Cannabis - Delta-9 THC Confirmed – includes both operators that had drugs only, and those with a combination of alcohol & drugs.”
6. Department of Health 2018 Treatment Data - not yet published but will be available here: healthvermont.gov/ADAP-Reports

Note: The word “marijuana” is used in this document as it is the term used to refer to cannabis use in the data sources.

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