

Department of Mental Health

PRESENTATION TO HOUSE COMMITTEE ON HEALTHCARE

SARAH SQUIRRELL, MS, COMMISSIONER

JANUARY 08, 2020

Overview

- Department Overview
- System of Care
 - Children, Youth & Families Mental Health
 - Adult Mental Health
- Vision 2030: 10-Year Plan
- Legislative Reports

Central Office Organization

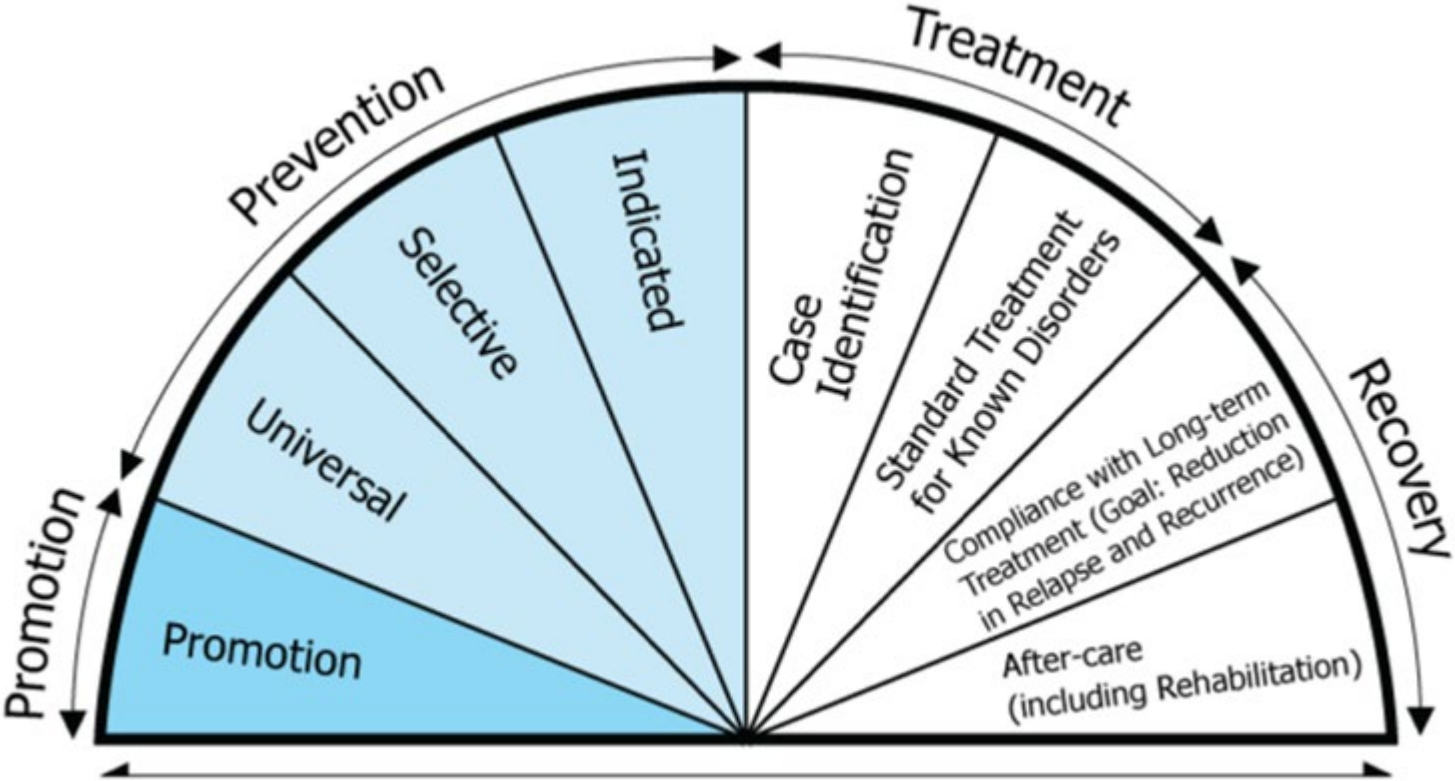
Overall Operations supported by ~65 positions

- Administrative Support Unit
- Financial Services Unit
- Legal Services Unit
- Research & Statistics Unit
- Clinical Care Management Unit
- Operations, Policy, & Planning Unit
- Quality Management Unit
- Children, Adolescent and Family Unit (CAFU)
- Adult Mental Health Services Unit

Overview of Department & Responsibilities

- ❑ Budget \$266 M
- ❑ Oversight, Designation and Collaboration with:
 - 10 Designated Agencies
 - 2 Specialized Service Agencies
 - 7 Designated Hospitals
- ❑ Operations of Vermont Psychiatric Care Hospital (25 beds)
- ❑ Operations of Middlesex Therapeutic Care Residence (7 beds)
- ❑ 320 staff, 255 at the facilities, 62 at Central Office
 - ❑ Central Office Units: Administrative Support, Financial Services, Legal Service, Research & Statistics, Clinical Care Management, Operations, Policy & Planning, Quality Management, Child, Adolescent & Family, Adult Mental Health Services
- ❑ 25,000 people served through the DA/SSA system with even more served through Community Outreach, Emergency Services, and Crisis Teams

Public Health- Mental Health Intervention Spectrum



Designated Providers

Designated Agencies

- Clara Martin Center
- Counseling Services of Addison County
- Health Care and Rehabilitation Services of Southeastern Vermont
- Howard Center
- Lamoille County Mental Health Services
- Northwest Counseling and Support Services
- Northeast Kingdom Human Services
- Rutland Mental Health Services
- United Counseling Service
- Washington County Mental Health Services

Specialized Services Agencies

- Pathways Vermont
- Northeastern Family Institute

Designated Hospitals

- Brattleboro Retreat
- Central Vermont Medical Center
- Rutland Regional Medical Center
- University of Vermont Medical Center
- Windham Center
- Vermont Psychiatric Care Hospital (State-run)
- White River Junction VA Medical Center

State Secure Residential

- Middlesex Therapeutic Community Residence

Provider Capacity

Designated Agencies

- Adult Crisis Beds: 38 beds
- Youth Crisis Beds: 12 beds
- Adult Intensive Residential: 42 beds

Peer Service Agencies

- Adult Crisis Beds: 2 beds
- Adult Intensive Residential: 5 beds

Physically Secure Residential

- Middlesex Therapeutic Community Residence: 7 beds

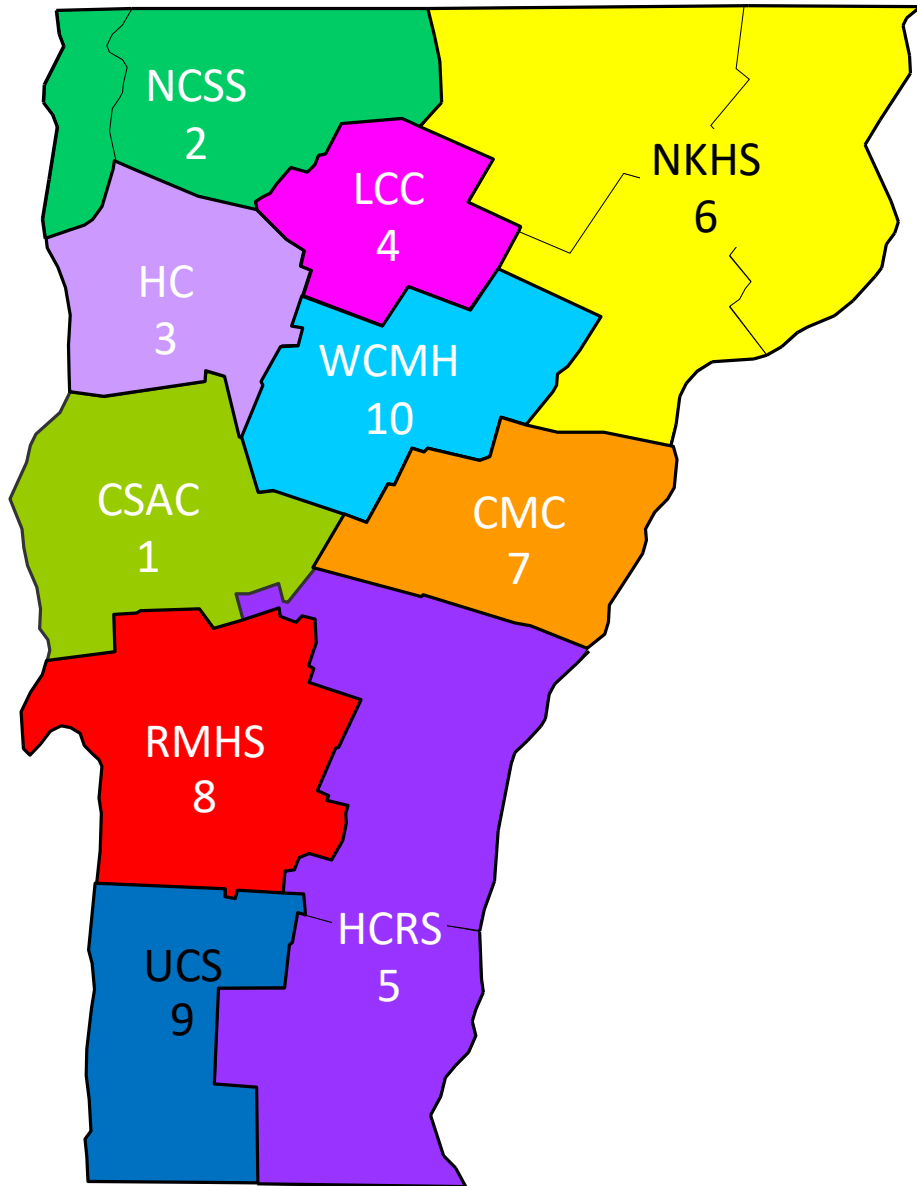
Designated Hospitals

- Adult – Level 1 involuntary: 45 beds
 - VPCH 25
 - Brattleboro Retreat 14
 - RRMC 6
- Adult – Non-Level 1 (involuntary and voluntary): 156 beds
 - CVMC 14
 - RRMC 17
 - UVMC 28
 - Windham Center 10
 - VA Medical Center 12
 - Brattleboro Retreat 75
- Children and Youth: 30 beds
 - Adolescent 18
 - Children 12

Community Programs

Program	Description
Adult Outpatient (AOP)	Provides services for adults who do not have prolonged serious disabilities but who are experiencing emotional, behavioral, or adjustment problems severe enough to warrant professional attention
Community Rehabilitation and Treatment (CRT)*	Provides services for adults with severe and persistent mental illness
Children and Families (C&F)*	Provide services to children and families who are undergoing emotional or psychological distress or are having problems adjusting to changing life situations.
Emergency Services	Serves individuals who are experiencing an acute mental health crisis. These services are provided on a 24-hour a day, 7-day-per-week basis with both telephone and face-to-face services available as needed.
Advocacy and Peer Services	Broad array of support services provided by trained peers (a person who has experienced a mental health condition or psychiatric disability) or peer-managed organizations focused on helping individuals with mental health and other co-occurring conditions to support recovery

**mandated service population*



Designated & Specialized Services Agency Network

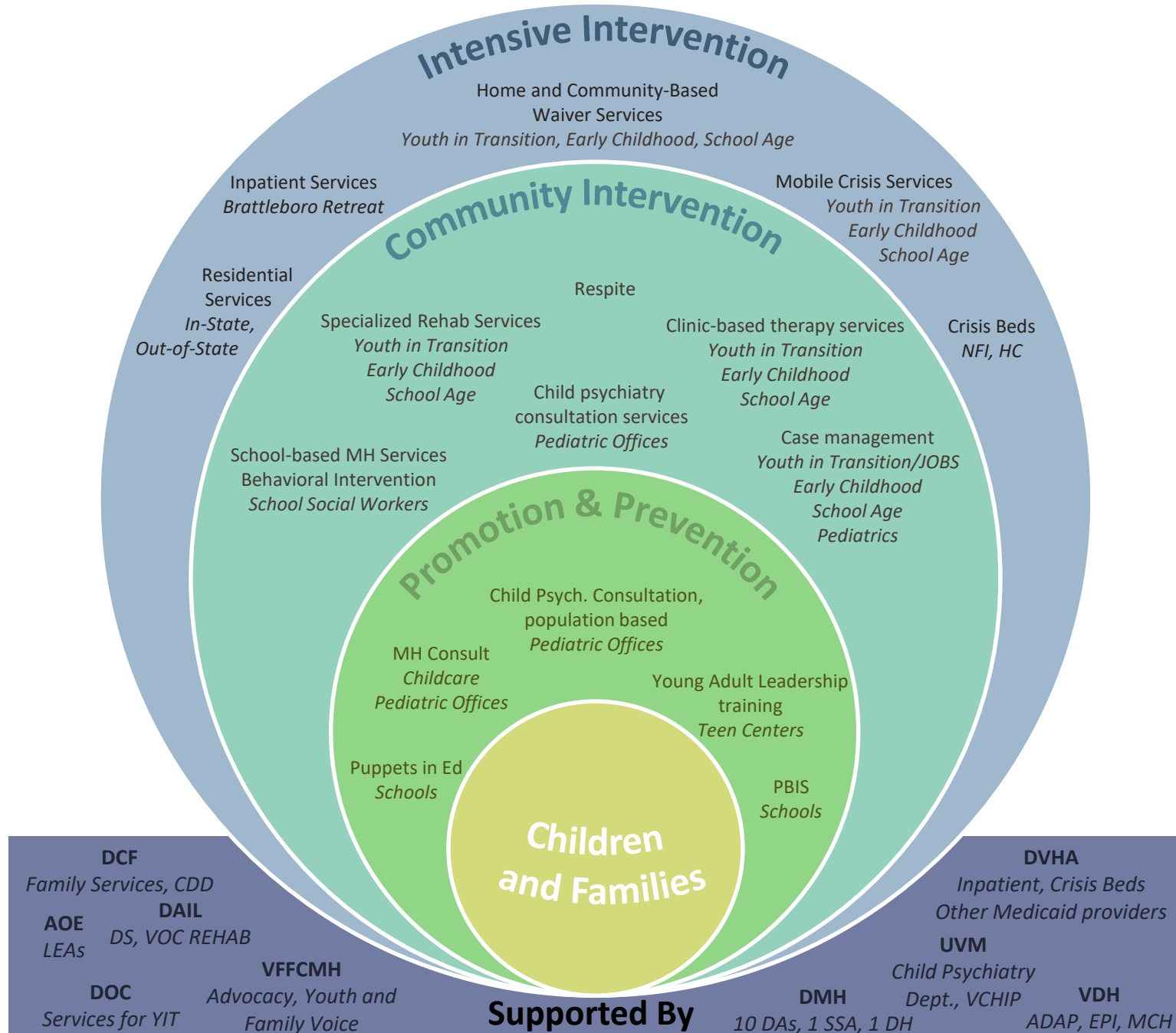
CMC	Clara Martin Center
CSAC	Counseling Services of Addison County
HCRS	Health Care and Rehabilitation Services of Southeastern VT
HC	Howard Center
LCMH	Lamoille County Mental Health Services
NCSS	Northwest Counseling and Support Services
NKHS	Northeast Kingdom Human Services
RMHS	Rutland Mental Health Services
UCS	United Counseling Service
WCMH	Washington County Mental Health Services
NFI	Northeastern Family Services (SSA)
PV	Pathways Vermont (SSA)

Children, Youth & Families

OVERVIEW, PRIORITIES

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Children's Mental Health System of Care



Acronyms

Providers

- DA** – Designated Agency
- DH** – Designated Hospital
- HC** – HowardCenter
- NFI** – Northeastern Family Institute
- SSA** – Specialized Service Agency

State Government

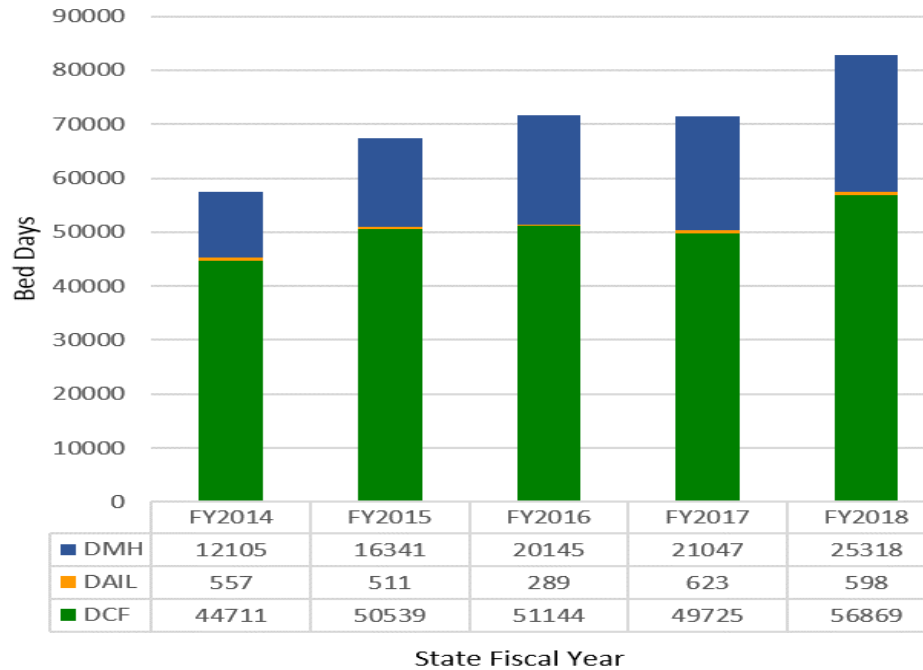
- AOE** – Agency of Education
- DAIL** – Dept. of Disabilities, Aging, and Independent Living
- DCF** – Dept. for Children and Families
- DMH** – Dept. of Mental Health
- DOC** – Dept. of Corrections
- VDH** – Dept. of Health
- ADAP** – Alcohol Drug Abuse Programs at VDH
- EPI** – Epidemiology at DMH/VDH
- MCH** – Maternal Child Health at VDH

Partners and Programs

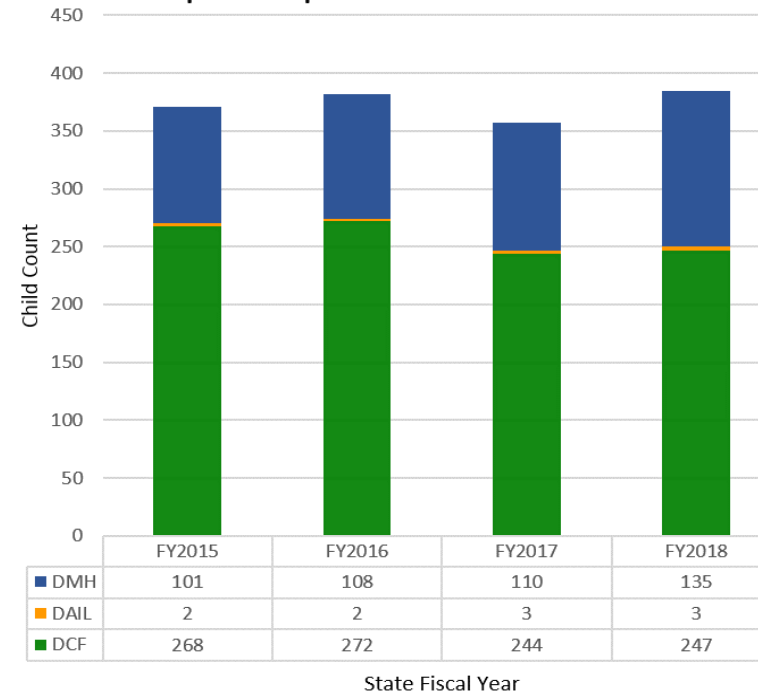
- PBIS** – Positive Behavioral Intervention and Supports
- UVM** – University of Vermont
- VCHIP** – Vermont Child Improvement Project
- VFFCMH** – Vermont Federation of Families for Children's Mental Health

Residential treatment

Total Residential Bed Days by Department per Fiscal Year



Total Child Count in Residential by Department per Fiscal Year

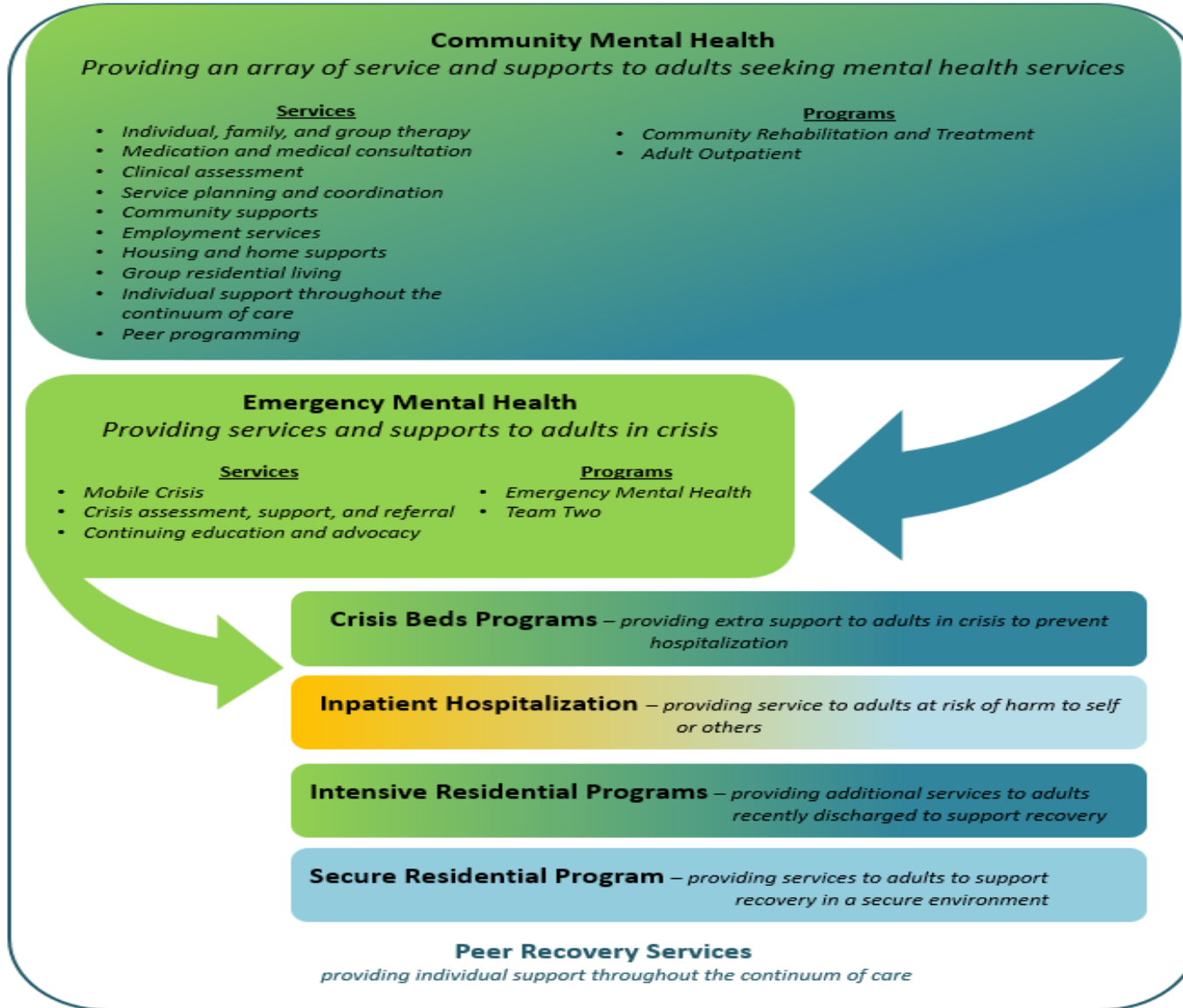


Adult Mental Health

OVERVIEW, PRIORITIES, DATA AND INITIATIVES

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Department of Mental Health Adult Mental Health System of Care



Color Legend

Department of
Mental Health (DMH)

Designated Agencies

private, non-profit service providers that are responsible for ensuring needed services are available through program delivery, local planning, service coordination, and monitoring outcomes within their geographic region.

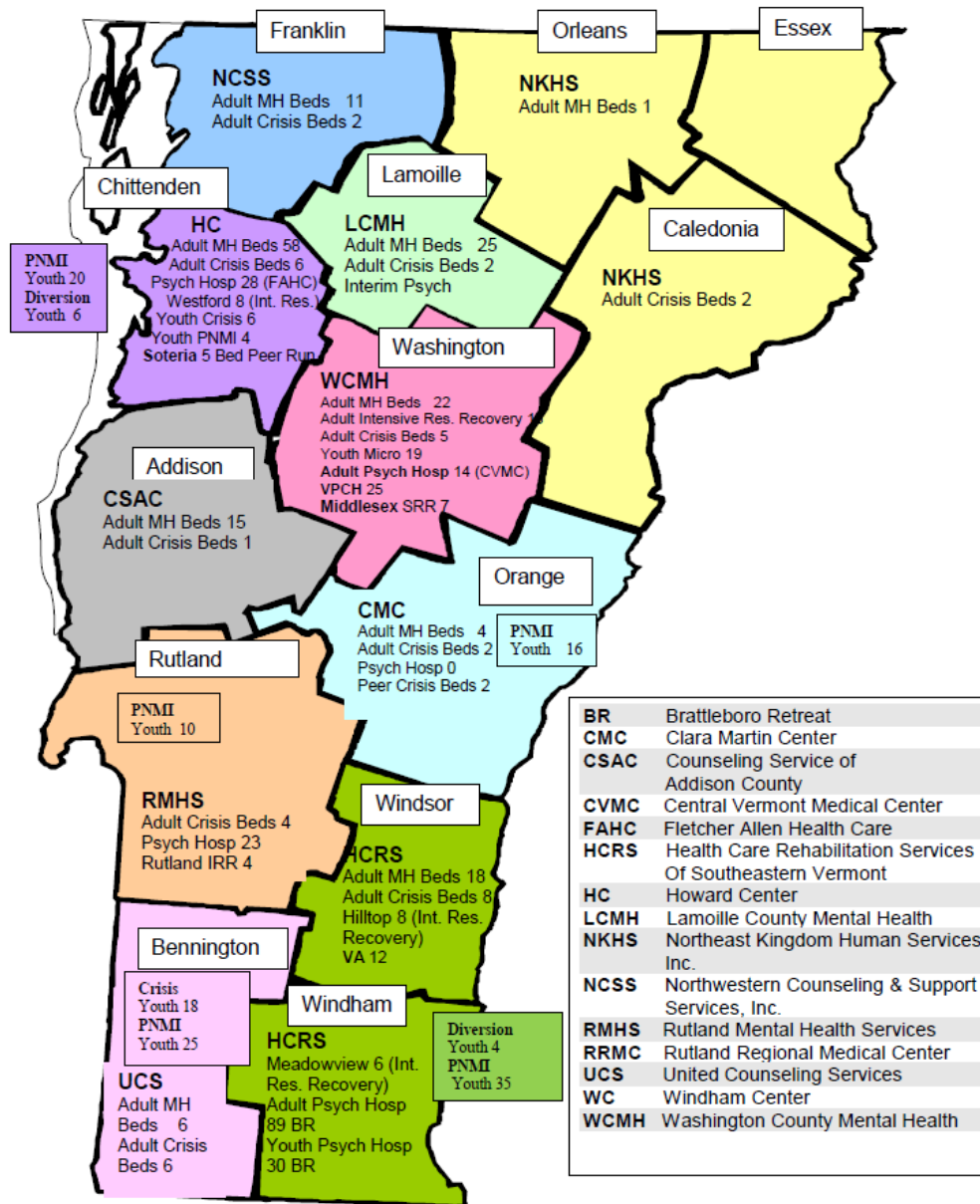
Specialized Services Agencies

private, non-profit service providers that provide a distinctive approach to service delivery and coordination or provide services that meet distinctive individual needs.

Private Providers

Psychiatrists, Psychologist, Nurse Practitioners, Social Workers, Physician Assistants, Licensed Mental Health Clinicians, Community Hospitals

DMH RESIDENTIAL AND DESIGNATED HOSPITAL BEDS BY COUNTY FY19



BR	Brattleboro Retreat
CMC	Clara Martin Center
CSAC	Counseling Service of Addison County
CVMC	Central Vermont Medical Center
FAHC	Fletcher Allen Health Care
HCRS	Health Care Rehabilitation Services Of Southeastern Vermont
HC	Howard Center
LCMH	Lamoille County Mental Health
NKHS	Northeast Kingdom Human Services, Inc.
NCSS	Northwestern Counseling & Support Services, Inc.
RMHS	Rutland Mental Health Services
RRMC	Rutland Regional Medical Center
UCS	United Counseling Services
WC	Windham Center
WCMH	Washington County Mental Health



Vision 2030: 10- Year Plan

Mental Health Related Legislative Reports

<p>Act 79 (18 VSA 174 § 7256) requires the Department to submit an annual report regarding the extent to which individuals with a mental health condition or psychiatric disability receive care in the most integrated and least restrictive setting available.</p>	<p>Annually, on or before January 15</p>
<p>Act 114 addresses three areas of mental-health law; the administration of nonemergency involuntary psychiatric medication in inpatient settings for people on orders of hospitalization, the administration of nonemergency involuntary psychiatric medication for adults on orders of non-hospitalization (community commitments), and continuation of ninety-day orders of non-hospitalization.</p>	<p>Annually, on or before January 15 (2020 extension to January 31st)</p>
<p>Act 26, Sec. 2; Analysis of Residential Mental Health Needs requires Department of Mental Health shall evaluate and determine the mental health bed needs for residential programs across the State by - geographic area and provider type, including long-term residences (group homes), intensive residential recovery facilities, and secure residential recovery facilities.</p>	<p>January 15, 2020</p>
<p>Act 72, Section E.314.1- Success Beyond Six; Review, requires the Agency of Human Services, the Agency of Education, and Department of Mental Health shall assess and determine how to evaluate Success Beyond Six program spending against other competing priorities in the Medicaid program.</p>	<p>January 15, 2020</p>
<p>Act 113 (2016) Section 12, Act 82, Section 7 – Delivery System Reform Report</p>	<p>January 15, 2019, January 15, 2020, January 15, 2021</p>

Mental Health Related Legislative Reports

Act 200 (S.203) - An Act relating to system improvements of the Mental Health System	
Section 7 – Requires the Commissioner to collect information from hospitals in the State that have either an inpatient psychiatric unit or emergency department receiving patients with psychiatric health needs.	January 31 st , annually for three years (2019-2021)
Section 10 - Institutions for Mental Disease	On or before January 15 of each year from 2019 to 2025