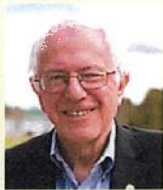


Growing Recognition & Media Attention



By integrating housing, health care and social services, SASH program coordinators seek to help older adults age healthily and independently while reducing their medical costs and delaying or preventing institutional care. (MASKOT/GETTY IMAGES)



"As a member of the Democratic leadership, I am proud of the initiatives I fought for in this bill on behalf of Vermonters. The bill contains a number of victories for Vermont including: support for Vermont's farmers and agricultural producers; recognition of the innovative Support and Services at Home (SASH) program that helps seniors stay healthy and live at home; investments in our infrastructure; funding to help clean up Lake Champlain; and protection for rural post offices." – Sen. Bernie Sanders, August 2018

The logo for the Center for Consumer Engagement in Health Innovation, featuring a stylized 'C' made of blue and red segments. The text reads "CENTER FOR CONSUMER ENGAGEMENT in health innovation" and "A better way to better health. For everyone." Below the logo is the title "Care That Works: SASH" and the date "August 06, 2018".

Care That Works: SASH

August 06, 2018

The logo for Cityscape, featuring a circular emblem with a stylized city skyline and the text "U.S. DEPARTMENT OF HOUSING AND URBAN DEVELOPMENT" around the perimeter. Below the emblem is the word "Cityscape" in a large, blue, sans-serif font.

Cityscape

The Impact of the Vermont Support and Services at Home Program on Healthcare Expenditures



REUTERS

Mark Miller

Vermont can show Washington the way on senior housing policy

5 MIN READ

CHICAGO (Reuters) - Hey, Ben Carson - how about a field trip to Vermont? It is lovely up there this time of year, and the trip would afford the chance to rethink the slush-and-burn vision of affordable housing offered last month in your role as secretary of the U.S. Department of Housing and Urban Development.

In particular, I recommend stopping in Burlington to meet Molly Dugan, who directs one of the nation's most innovative health programs for low-income seniors. Called Support and Services at Home (SASH), the program demonstrates how stable housing for low-income seniors can be a platform for improving health outcomes while saving Medicare money. It is operated by Cathedral Square Corp, a Vermont non-profit low-income housing provider.

Secretary Carson, as a physician you will find SASH very interesting. It should give you reason to reconsider the dramatic overhaul of federal housing subsidies you proposed last month, which would triple rent for the poorest households and ease the way for housing authorities to impose work requirements on residents.

The proposals, which require approval by the U.S. Congress, could affect all residents of federally-subsidized affordable housing.

SASH, by contrast, uses housing as a platform for preventive measures that make a difference. Each housing facility has a wellness nurse working with care coordinators.