



WCMHS

School Based Services

An overview of the services and programs provided to address the trends observed and the increase in need for mental health supports in Washington County schools.

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WCMH BI Services: early years

- Mental Health dx
- 1 on 1 services and contracts
- Dispersed contracts throughout county
- Active family involvement- by choice

WCMHS Governance Board

- Established in 1997
- Monthly meeting of school administrators and Mental Health administrators regarding school contracted services.
- History of Governance Board has been to allow education and mental to brain storm and advise how to creatively problem solve needs in our communities, share resources, create programs, understand limitations, and plan for the future
- Open, honest discussions regarding: what's going well, what challenges we are facing, and how we can best work together to problem solve.

Observations of Changes and Trends

- Significant and complex trauma Generational Trauma
- Increase in substance use and abuse as a family factor (truancy)
- Increase in MH needs in caregiving system
- Increase in poverty and economic stress
- Increase in dcf involvement with youth/families
- Increase in early childhood mental health needs
- Increase in residential placements
- Increase in homelessness
- Increase in Kinship placements
- Increase in Depression and Anxiety dx across dev span
- Increase in sexual activity in younger youth
- Increase in Transient families
- Increase in Workman's comp claims
- Contracts highest for prek-4th. Highest level of need
- Teachers doing more beh planning than academic planning and instruction
- Increase in alternative school placements

Comparison of Social/Emotional supports provided by Mental Health Agencies vs. LEA's

Mental Health Services

Local Education Agency

- Development of individual treatment plan tailored to the unique needs of each client.
- Out patient therapy
- MH screeners/emergency services
- Psychiatry Services
- Board Certified Behavior Analysts
- Case Managers
- Clinical supervision and support from highly qualified professionals.
- Access to respite and community support services
- Family support services available
- Treatment Plan of Care
- Ongoing assessment and monitoring of mental health needs.
- Data driven and clinically indicated treatment provided by a team of mental health professionals
- Home services and supports provided to families within the context of the family environment.
- Tiered system of mental health supports
- Trainings of educational staff regarding mental health and social emotional needs and family systems.

- School Provided Supports
- Outside referrals required to access complimentary mental health services.
- Limited Staff training by educators rather than mental health professionals regarding mental health needs.
- Educational focused



WCMHS School Based Mental Health Programs

SBBIS 1995

PBC 2009

Beckley Day Program 2010

Positive Behavior Intervention Support Clinicians 2013

STARS School- 2015

Pod Model- 2018

School Based Service 2019

9 SU/School Pods

7 Individual contracts

Clients being served- 84

BI's- 53

Case Managers-8

(2 vacancies)

Consultants- 10

(1 upcoming vacancy)

Beckley Day Program

10 youth

10 BI's

1 Program manager

1 Program Consultant

STARS SCHOOL

5 youth

6 BI's

1 program Manager

PBIS Clinicians/HSC

14 contracts

140 identified youth served

112 "unidentified" youth
served (ave. 8)



Pod Contract Model 2018

What is a “POD”

- Pods are mental health and behavioral support services provided by Designated Agencies through a contractual agreement with LEAs.
- Shifts contracts from individual contracts to “professional cost” (pod) contracts.
- Menu of Services

Pod Contract Model

- As Success Beyond Six services are asked to “do more with less” the pod model is a movement in that direction.
- Schools have an opportunity to contract for an individual student or to contract for a set of professional resources.
- Pods are the teams and resources that schools or districts contract for.

Professional Cost (pod) Contracts

Pod Cost Benefits

- Flexibility to address a wider variety of needs across a larger number of students thereby “stretching” a schools cost.
- Fully staffed pods have the potential to serve up to 14 students. This potential allows for more services to be offered to more students at the same cost as serving 8 with individual contracts.
- Flexibility in movement of youth served and the level of service provided.

Model Comparison Clients Served 2017-2018 and 2018-2019

Pod Model 2018-2019

- YTD we have served **98 students with 62 Bis**
- Currently serving **72 students with 60 Bis.**
- Current contracts include: 8 Pod contracts and 8 “traditional” individual contracts. **16 total contracts**
- YTD we have served an additional **13 “unidentified”** clients with consultation support absorbed within the pod cost.

Traditional Model 2017-2018

- 2017-2018 SBS served **66** youth with **66 Bis.**
- **66 “traditional”** Individual service contracts
- Consultation services were provided to **9** youth through **9 “consult only”** contracts.