

Ladies and Gentleman,

Thank all of you for allowing my client; of three years and many happy hours, and me to come before all of you to speak about Age Well's Senior Companion Program and how very necessary it is.

In the last three years I have formed relationships like no others in my life as I have with my Senior Companion clients. My clients have given me the opportunity to expand my family, interest in other cultures and their beliefs, life styles and upbringing of others, to share life experiences and how to deal with my own aging life, which no one is ever prepared for. My clients have filled the void in my life and hopefully I have given them something in return.

This program started in 1974 and since that time the mission has been to provide the support and guidance that inspires our community to embrace aging with confidence. Over the last 40 years Age Well has provided support in their belief that Health Happens at Home.

Age Well covers Addison, Chittenden, Franklin, and Grand Isle County. Over 10,000 individuals have been served, 15,000 calls to the helpline, 20,000 hours of care, and 250,000 Meals on Wheels delivered. Without Senior Companion program or Meals on Wheels, many of these folks would be in nursing homes or left alone in their homes.

If this program does not continue to get more supported, it will leave many people, who are in desperate need of companionship, friendship, help in getting around to Dr. appointments, errands, grocery shopping or just to do a little fishing without any hope of continuing to lives on their own .

So I am asking you to please continue to support this agency with more funds and to help us to reach many, many more folks that need our help, support, and services.

Thank you

Becky Fox

Age Well

Senior Companion

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